Exam Care Programming

Check out the Student Wellness Hub's events & workshops this month!

Register on myInvolvement

December 1
- Art Hive Mini
- Student Caregiver Support Group

AND MUCH MORE!

December 4-8
- 04/12 Let's Get Started for Students in Arts + Science
- 04/12 Grad Breakfast Club
- 04/12 Animal Therapy
- 05/12 Distress Tolerance
- 05/12 PhD Support Group
- 05/12 Skills for Assertiveness
- 07/12 VR Experience
- 08/12 Holiday Hideout

December 11-15
- 11/12 Let's Get Started for Students in Arts + Science
- 11/12 Grad Breakfast Club
- 11/12 Animal Therapy
- 12/12 Art Hive
- 13/12 Animal Therapy @ Mac
- 14/12 Mastering your Master’s

December 18-22
- 18/12 Grad Breakfast Club
- 19/12 Art Hive

Wellness Toolkit
- Daily support in the Healthy Living Annex
- keep.meSAFE
- Wellness Together Canada

@healthiermcgill mcgill.ca/wellness-hub