

VIRTUAL REALITY IN DENTISTRY

Indications and Contraindications

Indications

- Child 5 years old or older
- Patient and parents (legal guardian) consent
- Acute pain episodes
- Needle-related procedures such as local anesthesia and pulp therapy
- Mindfulness / Relaxation
- Suture removal
- Tedious procedures that last maximum 30 minutes



Contraindications

- Child aged below 5 years old
- History or risk of seizures or epilepsy
- Decreased or altered state of consciousness
- Wound, abrasion or infection to the head, scalp, face
- Recent head concussion
- Headaches, vertigo or dizziness