



Psychiatry – Prevention and Early Intervention Program for Psychosis

Contact Information

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Site

Burland and Wilson Pavilions, Douglas Mental Health University Institute

Elective Description

The PEPP clinic screens and follows young people between the ages of 14 and 35 with an untreated first episode of psychosis. Upon detection of a psychotic disorder, rapid pharmacologic and psychosocial treatment tailored to the specific phase of the disorder are initiated. The clinic, serving a large catchment area, has as its goal, prompt detection of affective and non-affective psychotic disorders and early intervention to vastly improve treatment outcomes. Clients and their families are cared for by a multidisciplinary clinical team of psychiatrists, psychologists, case managers, nurses, occupational therapists, and other mental healthcare professionals. A patient and family-centered, evidence-based, holistic, and trauma-informed philosophy of care is practiced.

*****Elective booking:** This elective has limited availability. Please contact Dr. Shah first before applying through the UGME Portal.***

Elective Duration

4 weeks

Educational Objectives

- To demonstrate knowledge of the etiology, pathophysiology, clinical presentation, diagnosis, and management of common psychiatric illnesses, with a focus on psychotic disorders.
- To perform accurate and comprehensive history taking and mental status examinations.
- To formulate appropriate diagnoses and treatment plans.
- To demonstrate an understanding of psychotropic drugs, their clinical indications, mechanism of action, pharmacological effects, contra-indications, major side-effects, and common interactions with other drugs.
- To work collaboratively and effectively within a multidisciplinary team, including collaboration with clients and family members.



Undergraduate Medical Education Elective

Prerequisites

Completion of a core clerkship rotation in psychiatry.

Scope of Work

Full-time clinical elective (involving clinical evaluation of patients, written case reports with developed impression and treatment plan, oral case presentations, participation in multidisciplinary team rounds).

Recommended Reading/Preparation

- Stahl's Essential Psychopharmacology
- Relevant sections of the Toronto Notes
- DSM-V Reference Guide
- Kaplan & Saddock's Concise Textbook of Clinical Psychiatry



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