



Psychiatry – Child and Adolescent Psychiatry

Sites

Douglas Hospital
Montreal Children’s Hospital

Douglas Hospital

Supervisor	Dr. Paulina Bajsarowicz	Telephone	(514) 761-6131, x 2768
		E-mail	paulina.bajsarowicz@mcgill.ca
Coordinator	Annie Paquette-Quintal	Telephone	(514) 761-6131, x 2768
		E-mail	medical.education@douglas.mcgill.ca

Elective Description

Elective Practice: There are currently four specialized out-patient, day hospital, and in-patient programs that offer training opportunities for undergraduate medical students.

The Module Evaluation Liaison - Out Patient Psychiatry Program (N. Deleva, MD, F. Fathalli, MD, E. Cauchois, MD). This program is geared to children and adolescents 0-17 years old who function poorly either at home or in school due to anxiety, depression, attention deficit disorder/hyperactivity, ASD with comorbidities etc. Following an out-patient psychiatric evaluation with the parents and child, a treatment plan is worked out. The therapy includes: individual therapy/play therapy, family therapy/couple therapy, cognitive behavioural therapy, pharmacotherapy, music and/or art therapy, depending on the presenting problem.

Elective Duration: 4 weeks (2-week requests may be considered on a case by case basis)

The Severe and Disruptive Disorder Program (N. Grizenko, MD) – This program is geared to children between the ages of 6 and 12 who exhibit severe behavioural disorders. It includes a day hospital and an ADHD clinic. Research, teaching, and clinical excellence are integrated throughout the program. The day hospital offers milieu therapy, family and individual therapy, pet, music and art therapy, and social skills training. The ADHD clinic provides a detailed assessment of the referred child’s response to medication, offers family psychoeducation around medication and behavioral approaches, and provides social skills training for the child, in order to avoid long-term patterns of poor social skills, difficult peer relations, and low self-esteem, often associated with ADHD. Research conducted in the clinic includes pharmacogenetic studies of ADHD, neuropsychological and clinical predictors of medication response, studies of interaction between perinatal and genetic risk factors in children with ADHD, and neuroimaging studies of ADHD.



Objectives: Student will be involved in clinical activities in one or more of the units described above, depending upon the student's interest. The program of the elective will be discussed and finalized with the student from the beginning to maximize learning opportunities. A research rotation can be organized in each program.

Elective Duration: 2, 3 or 4 weeks

Scope of Work: 7 hours per day with on call possibility but it is not obligatory.

Recommended Reading: Biederman and Faraone. Attention-deficit hyperactivity disorder. *Lancet*, 2005;366:237-248. CADDRA website (2017)

Adolescent Intensive Intervention Program

Hospitalization Unit (N. Masrouha, MD) – This program is meant for Anglophone and Francophone adolescents (aged 13 to 17) with psychiatry disorders such as psychosis, severe mood disorders, anxiety or adjustment disorders, and eating disorders, who need to be hospitalized because of their severe functional difficulties. There is a diagnostic evaluation by a multidisciplinary team and short-term follow-up after discharge. The treatment program includes milieu therapy, individual and family therapy, pharmacotherapy (as needed), and an individualized school program. Consultation-liaison with community resources is maintained.

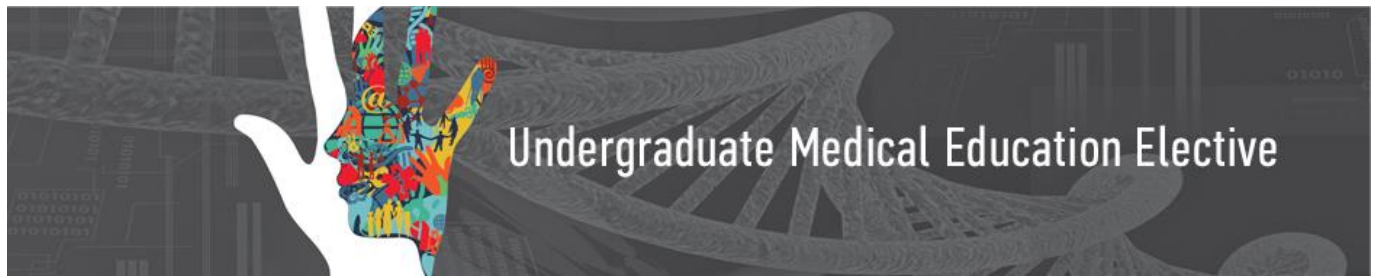
Elective Duration: 3 or 4 weeks

Educational Objectives

Student will be involved in clinical activities in one or more of the units described above, depending upon the student's interest. The program of the elective will be discussed and finalized with the student from the beginning to maximize learning opportunities. A research rotation can be organized in some of the programs.

Prerequisites

Bilingualism is essential for all Child Psychiatry electives at Douglas.



Montreal Children's Hospital

Coordinator	Dr. Michelle Temple	Telephone	514-412-4400 ext 25517
		E-mail	michelle.temple@mcgill.ca

Elective Description

Students rotating in our department will be given the opportunity to participate actively in the clinical service of one or more teams, depending on their interests. Activities will include attending assessments of children and their families, participating in their follow-up, and attending interdisciplinary team meetings. Students will also be able to attend teaching seminars, grand rounds, research seminars, and journal clubs.

EMERGENCY SERVICES

Mental Health Emergency Team

This team provides daytime emergency psychiatry assessment, crisis intervention and disposition planning for children and adolescents. They also have a role in providing education for the Emergency Department staff.

ACUTE CARE SERVICES

Inpatient Hospital

The Child and Adolescent Psychiatry inpatient unit is an 8 bed unit that provides acute crisis evaluation and stabilization for youth and their families through multi-disciplinary team approach. Stabilization is achieved through individual psychotherapy, family intervention, school liaison, milieu therapy and pharmacotherapy.

OUT-PATIENT SERVICES

Attention Deficit/Hyperactivity Disorder Team

This is a multidisciplinary outpatient team that provides evaluation and treatment for children between the ages of 6 and 16 years with ADHD and complex co-morbidities not responding to routine treatment.

Outpatient Pediatric Consultation and Liaison Psychiatry Team

An outpatient team consisting of psychiatry and social work that provides evaluation and treatment for children and adolescents who suffer from mental health and physical health issues for which they are receiving active care by MCH Pediatricians.



Evaluation and Stabilization of Complex Cases

A multidisciplinary outpatient team that assesses and treats children and families. This team provides services for youth with a range of behavioural and emotional difficulties.

Elective Duration

2, 3 or 4 weeks

Educational Objectives

Allow exposure to specialized skills with a focus on clinical contact with patient and families including assessment and intervention that will be useful in other areas of medicine

Offer an opportunity to get to know the faculty better at a program that the student hope to join

Provide opportunities for students to meet with non-physicians (e.g. social workers, psychologists, educators, nurses) to better identify the many roles and collaborative efforts involved in mental health.

Help decide if this is the right career for the student.

Prerequisites

Successful completion of the third year medical student psychiatry clerkship.

English language is essential and bilingualism in French and English is an asset.

Scope of Work

Work hours between 8 AM and 5 PM Monday to Friday.

No weekend.

No evening emergency calls.



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