



**General Family Medicine (Y Country Camp) ONLY AVAILABLE IN JULY 2024**

**Contact Information**

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**Site(s)**

Y Country Camp - Located in Huberdeau Quebec, near Ste. Jovite. Approximately 2 hours from Montreal

**Elective Description**

This is a summer camp affiliated with the YM-YWHA in Montreal, a residential summer camp servicing primarily the Jewish community of Montreal.

There are approximately 250 campers (age 6-17) and 100 staff (age 18+, coming from Canada, Europe, Mexico, Israel etc) on site at the camp. There are 3 daily clinics, after each meal, and the medical staff is available 24/7 for emergencies. The size of the clinics vary, but there are 5-20 campers/staff to be seen at each clinic. While there can be significant injuries, and unexpected illnesses, the majority of the visits relate to minor injuries and viral illnesses/skin infections etc. There are diabetics at camp, who need supervision, and some children with chronic illnesses that need monitoring.

The days start at 8 am and there are kids who come to the infirmary until curfew (10-11 pm), however the long days are offset by breaks between each clinics for the trainee to enjoy the camp and the surroundings (the camp is located on 700 private acres, with 3 private lakes).

**Elective Duration**

Period 1

**Educational Objectives**



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Medicine and  
Health Sciences

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This serves as exposure to healthy children who have many/multiple non serious medical needs and questions. There are no parents to “triage” the visits, nor to answer questions or concerns, and the infirmary therefore serves this purpose as well.

It is an excellent exposure opportunity for students/family medicine residents who are looking to increase their Pediatric exposure to common illnesses.

### **Prerequisites**

Ideally the students should have done their Pediatric clerkship rotation, or a rotation in family medicine prior to camp.

While food is supplied, the living quarters are very basic and rustic.

There is no transportation provided to and from camp, so the trainee would need a car.

### **Scope of Work**

The scope of the work is described in the section “Elective description”, but basically it is to see campers and staff at clinics that occur after each meal, and to be available for any emergencies or basic illnesses that can not wait until clinic time.

### **Recommended Reading/Preparation**

No specific preparation is required.

There is internet connection in the infirmary for on line support.