



## Family Medicine - Breastfeeding

### Contact Information

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### Site(s)

Jewish General Hospital  
Herzl

### Elective Description

During this rotation students will have an opportunity to develop skills to support and promote breastfeeding and the understanding that breastfeeding is the physiological normal feeding behaviour for a child.

Students will become competent in assessing latch and management of latch related issues. In addition, students will develop skills to recognize and management common breastfeeding issues such as nipple pain, milk production issues, blocked ducts and breast/nipple infections. Students may be exposed to more complex breastfeeding issues such as ankyloglossia (tongue tie), multiple gestation, prematurity, failure to thrive and infants with anomalies.

### Educational Objectives

1. Consolidate an approach to common breastfeeding issues in newborns and women by applying knowledge of etiology, patient history and physical findings to arrive at diagnoses and develop investigation and management plans (MDCM 1.1.2, 1.2.2, 1.3.1, 1.4.1)
2. Demonstrate patient-centered medicine (including exploring the illness experience and social context, and shared decision-making to reach common ground). (MDCM 1.2.5)
3. Demonstrate a compassionate interest, respect, and understanding of the patient as an individual, while maintaining a professional relationship. (MDCM 2.1.1)
4. Demonstrate the attributes of the professional and the healer in the context of patient care. (MDCM 3.1)
5. Identify determinants of health and risk factors for illness relevant to the individual including demography, culture, socioeconomic status, race, ethnicity, gender, sexual orientation, and circumstances of living. (MDCM 6.2.2)



**Prerequisites**

Must have completed core Family Medicine Clerkship.

**Scope of Work**

Clinical exposure will occur in the Goldfarb Breastfeeding Clinic (JGH), Breastfeeding clinic (Lasalle Hospital) and NICU (JGH) settings. Community placements will include La Leche League/Nourrisource and enfance famille nursing visits. Weekday outpatient clinics.



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