



## Psychiatry – Addictions Unit IN-PT Detox & M.U.S.I.C

### Contact Information

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### Sites

MUHC: Montreal General Hospital  
M.U.S.I.C : MGH Room A2.160

### Elective Description

#### Addictions Unit IN-PT Detox:

The unit treats alcohol and drug dependent individuals in large numbers. An active program of detoxification and rehabilitation is carried out at the Montreal General Hospital. In-patient and outpatient services are offered. The student will be involved in the inpatient component of the treatment, which is offered to a few patients for whom it is indicated. The student will be exposed to a variety of interventions. It is one of the few opportunities for the student to gain experience in this special area. ***This is a part-time elective combined with M.U.S.I.C.***

#### McGill University Sexual Identity Centre (MUSIC):

This is Canada's first outpatient mental health clinic in psychiatry serving gays, lesbians, and other sexual minorities in a non-pathologising setting. The team is made up of two psychiatrists: Drs. K. Igartua and R. Montoro, as well as a psychiatric nurse. Clinical activities for students include conducting psychiatric evaluations under direct supervision as well as follow-ups. Weekly team meetings are part clinical, part academic. CBT groups on Internalized homophobia run 3-4 times per year based on enrolment and can be part of the elective experience. Skills acquired with our sexual minorities population are easily transferrable to the evaluation of sexual and gender expression in broader populations. This is a **part-time elective** of 4 half days per week. This clinic is available on Mondays and Wednesdays from September to June.

#### GOALS AND RATIONALE OF THIS TERTIARY CARE CLINIC

Sexual minorities are an underserved population both because they are reluctant to seek out a mental health care they are unsure will be welcoming, and because issues unique to sexual minorities are often poorly understood even by well-meaning clinicians. The creation of this centre of excellence has fostered the development of expertise for training clinicians and improved the acceptability of mental health care services to this population. ***This is a part-time elective combined with Addictions Unit IN-PT Detox.***



### Elective Duration

4 weeks

### Scope of Work

**ADDICTIONS ELECTIVE** has a minimum availability of 5 mornings per week for four weeks. This is not a full time elective, and must be combined with M.U.S.I.C.

**MUSIC ELECTIVE TRAINEES** participate in two assessment clinics per week. Clinics are held Mondays and Wednesdays.

All assessments are referred from their treating physician. We have one team meeting per week, plus one individual supervision hour per week. Medical students also participate in follow-ups, both psychopharmacological and psychotherapeutic.

#### **INTERVENTION MODALITIES**

Every patient has an initial assessment. Follow-up modalities include medication management and/or psychotherapy (individual, couple and family, or group).



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