

Pediatrics – Medical Day Hospital			
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### Site

MUHC: Glen-Montreal Children's Hospital

## **Elective Description**

## What is Pediatric Medical day Hospital (MDH)?

The pediatric Medical Day Hospital is an outpatient care unit with the mandate of providing urgent and semi-urgent day consultations for pediatric patients. Patients may be investigated, evaluated and treated thus avoiding inpatient hospital admission, repeated visits to the emergency room, or prolonged unnecessary admission in the hospital wards. In this context, the MDH can offer short-term continuity of care best adapted to the patients' needs. The MDH may also serve as a coordination site/service for complex outpatients, especially for patients coming from remote areas.

The MDH on service team includes a General Pediatrician attending that covers the MDH on a weekly basis (usually Monday to Sunday), along with a group of trainees (maximum of 3 total). Trainees may include 1 junior Pediatric resident, 1 senior or fellow Pediatric resident, 1 Family Medicine resident.

### Additional service covered by the MDH team: The Pediatric Consultation Service

Within the Montreal Children's Hospital, the Pediatric Consultation Service provides, when requested, general paediatrics expertise for in-patients and out-patients who are under the care of subspecialists. The Pediatric Consultation Service also provides telephone consultation to physicians working in the RUIS McGill (Reseau Universitaire Intégré de Santé McGill) to address questions and concerns regarding their pediatric patients. As needed, these patients may be seen in the MDH or referred to other services. The consultation service thus acts as a bridge between outpatient care in the community and tertiary and quaternary care hospital services.

## What can you expect to improve in your own clinical skill set?

You will have many opportunities to practice your skills in:

History taking
Physical exam
Writing progress notes
Completing consultations
Developing your skills in clinical analysis and planning of care

### **Elective Duration**

2, 3 or 4 weeks

# **Educational Objectives**

At the end of the rotation the trainee will be able to:

MEDICAL EXPERT

For patients seen in the out-patient setting

- Explain the pathology and disease evolution of common pathologies encountered in the
  outpatient setting of the medical day hospital (MDH.) These include but are not limited to:
  resistant AOM, cellulitis, lymphadenitis, retropharyngeal/peritonsillar cellulitis, peri-orbital
  cellulitis, urinary tract infections, community acquired pneumonias, osteomyelitis and approach
  to joint pain/limp, gastroenteritis, failure to thrive.
- Take a complete history and physical examination, and formulate a problem list and differential diagnosis for the common pathologies encountered.

For patient seen in the in-patient consultation setting

- Elicit a complete chart review and history taking pertinent to the reason for consultation and other key issues identified, and formulate a problem lists and differential diagnosis.
- Evaluate the psychosocial impact of illness on patients and families, taking into account the context of out-patient medical care.
- Demonstrate effective clinical decision-making and ongoing care plan that is tailored to the patients/families' need and to the out-patient medical day hospital setting.
- Recognize and respond to patient safety incidents.

### **COMMUNICATOR**

- Establish professional therapeutic relashionships with patients and their families.
- Elicit and synthetize accurate and relevant information, incorporating the perspectives of patients and their families.
- Convey information effectively to patients and families, and engage them in developing a shared plan of care.



- Convey information effectively to colleagues, consulting physicians, patient's primary physicians, and other health professionals.
- Demonstrate effective written/electronic communication of patients' information and care plan to optimize clinical decision-making, and ensure patient safety (e.g. medical day consultations, follow-up notes, imaging request, and if applicable, telephone conversation.)
- Demonstrate effective written communication summarizing patients' admission to the MDH and further plan of care for the patients' primary physician (e.g. Dear Doctor letter.)

### COLLABORATOR

- Participate as a member of an interprofessional healthcare team, and recognize and respect the diversity of roles, responsibilities and competence of other professionals.
- Prevent, negotiate and resolve interprofessional conflicts.
- Prepares written/electronic handover to another health care professional to facilitate continuity of safe patient care.

#### **LEADER**

- Organize and prioritize work in the MDH
- Magage time effectively taking into account the importance of efficient and safe patient flow in the MDH.
- Organize all aspects of discharge and follow-up (including follow-up on pending test result after discharge from the MDH.)
- Utilize health informatics effectivel to improve quality of patient care and optimize patient safety
- Use health care resources appropriately taking into account cost-effectiveness, and recognizing the pros and cons of inpatient versus outpatient care management.

### **HEALTH ADVOCATE**

- Identify opportunities for advocacy, health promotion and health prevention for patients, families and communities.
- Advocate for individual patient's and families' health needs within and beyond the clinical environment.
- Promote a patient & family-centered approach to problems/plans.
- Provide anticipatory guidance pertinent to the needs and situation of the family.
- Document and raises issues pertinent for quality improvement rounds (e.g infection control, safety, etc.)
- Advocate for well-being of team members and patients/families.

#### **SCHOLAR**

- Integrate principles of self-directed and lifelong learning to enhance professional practice, including establishing personal learning plan and seeking feedback on clinical performance.
- Pose questions amenable to scholarly inquiry and select appropriate methods to adress them.
- Critically appraise relevant medical literature, and discuss evidence-based approach in their clinical decision making.

#### PROFESSIONAL

- Demonstrate respect and professional behaviour towards other health care professionals.
- Exhibit honesty, integrity, and commitment in patient care.
- Display compassion, respect and altruism in patient care.
- Display responsible behaviour, punctuality, and self-discipline.
- Integrate bioethical principles in clinical practice.
- Protect patient confidentiality.
- Recognize own limitations and seeks advice when needed.

# **Prerequisites**

Students are required to have completed their core pediatric clerkship rotation.

# **Scope of Work**

There will be both inpatient and outpatient care.

Work hours are variable Monday to Friday depending on the volume of patients; however generally hours are from 8:30 to 5:00. There is no on-call.

# **Recommended Reading/Preparation**

We will provide you with reading materials once elective is approved.

