

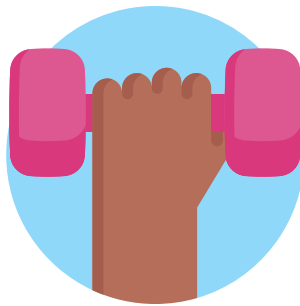
# YOUR GUIDE TO ONLINE LEARNING

## MAKE A SCHEDULE FOR YOUR WEEK

6-8 hours/class



Exercise



Hobbies



Meals

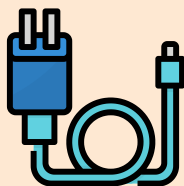


7-8 hours



## YOUR STUDY SPACE

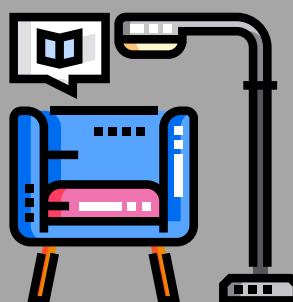
Keep materials organized and together



Designated space ONLY for school

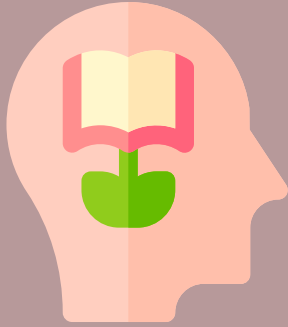


Think of your 5 senses (comfort? light?)



# STAYING ORGANIZED

Understand the platform your class is using



Stay aware of deadlines and assignments



Use calendars and apps to stay organized



## FAMILY AND FRIENDS



Discuss Expectations



Set Boundaries



Plan Schedules

## ONLINE COMMUNICATION IS CHALLENGING



Beware of sarcasm and tone

Be polite and use proper formatting



Be active on discussion boards

Ask questions!

