

**Committee on Student Services**  
**Tuesday, October 30, 2018 – 12:30-14:00 PM**  
**Brown 4430**

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**Present:** Jim Fyles (Co-chair), Jack Collis (Co-chair), Tatyana Romeus-Kebe (Secretary), Axel Hundemer, Dusica Maysinger, Kira Smith, Jacob Shapiro, Sophia Esterle, Jonathan Phillip Britt, Vera Romano, Sophie Courtemanche-Martel, Aimee Ryan, Lina Di Genova, Martine Gauthier, Robyn Lee, Réginal Labonte

**Absent or regrets:** Ian Simmie, Jacqueline Leclair, Wajih Jawahar, Fabrice Labeau, Saumeh Saeedi, Andre Lametti, Rosella De Stefano

## **AGENDA**

### **1. Approval of Agenda**

The committee approved the agenda.

### **2. Welcome, Introductions, Committee overview**

The committee members present introduced themselves. Jim Fyles gave a brief introduction to the committee, reiterating what was mentioned in the previous meeting.

### **3. Approval of Minutes**

Notes from the last meeting (attached)

### **4. Business Arising**

#### **a. CSS Student Co-Chair**

J. Fyles introduced Jack Collis, as the student Co-chair for CSS.

#### **b. Rossy Hub Update**

M. Gauthier presented on the Rossy Student Wellness Hub. The Rossy Student Wellness Hub was created to meet the needs of students by increasing access to services. For the Hub, Student Services is using a Collaborative Care Model and also working towards holistic wellness. The approach is one of community. The Hub is also looking to reduce pain points such as student confusion when accessing services, long wait times for some of the services, among other pain points.

Some additional details about the hub:

- i. \$13 million investment over 6 years.
- ii. Shift away from counselling.

1. Data shows counselling is not always the best choice for students.

- iii. Want to change culture at McGill as a whole with respect to mental health.
- iv. Increase touchpoints (e.g. apps, peer help, group sessions etc.)
- v. 6000 students are asking for counselling currently.
  - 1. 4 weeks wait time is still too long.
  - 2. Students should be seeing GP first (it is standard medical practice to do so).
- vi. Complexity in accessing services currently causing distress.
  - 1. Have everyone better educated on how to access services (e.g. prof knows where to send student who is having breakdown).
  - 2. Have online map service so students/staff know where to access services outside of McGill.
- vii. Awareness, prevention, early intervention is key.
- viii. Social workers embedded in faculties to assist students, help to catch students early.
- ix. Pick right moment to give students information when they arrive at McGill i.e. not during frosh.

R. Lee: The article My Brain is Trying to Kill in the McGill daily is relevant to this group. It outlines some of the harmful behaviours of psychiatric staff. Will these people continue to be employed at McGill?

M. Gauthier: The author has met with myself, the manager of Psychiatric Services and will meet with the Clinical Director of Psychiatric Services to discuss the situation.

R. Lee: Regarding the Rossy Hub presentation, how will triaging truly work because although it is stated that the GP will refer students to other services such as Psychiatric Services, will this actually occur? Sometimes General Practitioners turn people away because their symptoms are not believed. Therefore, using the language that talks about general practices when we are discussing mental health is concerning.

M. Gauthier: We are talking about holistic wellness.

J. Fyles: These conversations should be discussed at the next meeting. Can we have a presentation at the next meeting that outlines how the Hub processes will actually work such as a flow chart and get feedback from the committee?

M. Gauthier and V. Romano agreed to J. Fyles request and will present more on the Rossy Hub at the next meeting.

## 5. Advisory Board Reports

- a. CaPS
- b. Counselling Services
- c. Health Services
- d. ISS
- e. Psychiatric Services
- f. SSAO

J. Fyles: We did not have time to discuss the advisory board reports. They are a little cryptic but allow for us to learn more about Student Services and the activities that happen. We will review them at the next meeting.

#### **6. Executive Director's Report**

The committee did not have the time to address this item. It will be discussed at the next meeting.

#### **7. New Business**

The committee did not have the time to address this item. It will be discussed at the next meeting.

#### **NEXT MEETING:**

The next meeting date and time is still being confirmed. The meeting dates and times have had to be moved to accommodate the J. Collis's schedule. T. Romeus-Kebe will update everyone on the meeting dates as soon as possible.

Meeting adjourned at 1:58pm.

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