

# Living Alone vs. With Roommates



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# Living Alone 101

- ★ Personal Space
- ★ Don't have to worry about anyone else's preferences/ disturbing them
- ★ Can invite other people over whenever you want
- ★ Create your own schedule
- ★ Can get an apartment that suits YOUR needs; don't have to compromise (eg: location, rent, size)
- ★ More expensive :(
- ★ Chores can get tedious



# Living with Roommates- The Pros

- ★ Cheaper
- ★ Social fulfillment
- ★ Someone to problem solve with
- ★ Someone to run errands (this is great when you're sick!)
- ★ Someone to share household chores with



# Living with Roommates- The Cons

- ★ You have to share your space
  - It isn't fully your own!
- ★ More roommates = more mess
- ★ More intimate
- ★ Different sleep schedules, levels of cleanliness, etc. can cause conflict
- ★ If you want to confront someone about something, you have to say it directly to them



# Living with Roommates- Choosing your Roommates

- ★ Choosing the right roommates is KEY to preventing future conflict
- ★ Consider levels of cleanliness, sleep schedules, personality types, study habits, etc.
- ★ Your best roommate ISN'T ALWAYS your best friend



# Boundaries

- ★ Establish roommate agreements early on
  - Bedroom situation
  - Similar sleeping and noise habits?
  - Levels of cleanliness
  - Understanding how much you want to hang out (if you're friends)
    - You don't HAVE to spend every minute with your roommate
- ★ Talk about showers: When are you showering
- ★ Guest spending the night
- ★ Inviting people over
- ★ Understand that what is okay for you is not necessarily okay for everyone
- ★ **COMMUNICATION IS KEY**





**QUESTIONS?**



Student Housing and  
Hospitality Services

Service de logement  
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## Resources

[https://www.mcgill.ca/students/housing/files/students.housing/good\\_neighbor\\_guide.pdf](https://www.mcgill.ca/students/housing/files/students.housing/good_neighbor_guide.pdf)

<https://www.tal.gouv.qc.ca/en/signing-a-lease/joint-tenancy>

<https://educaloi.qc.ca/en/capsules/sharing-rental-housing-co-tenants/>

