**What’s covered?**

- Health
- Dental
- Vision
- Travel

For complete details on coverage, fees, the Basic Care Plan (an option offering lower coverage at a lower cost), eligibility, and group numbers, visit [www.studentcare.ca/pgss](http://www.studentcare.ca/pgss).

**Change-of-Coverage & Opt-Out Period**

Dec. 11, 2023 – Jan. 31, 2024*

If you’re eligible, the fees for the Plan, Virtual Health Care (HI), and the Legal Care Program (The Essentials) are automatically included in your tuition and other fees.

During this period, you can opt out of these services, change your Plan coverage, or enrol your family in the Plan. Find instructions at [www.studentcare.ca/pgss](http://www.studentcare.ca/pgss). Note that there are 3 separate opt-out links for the Health & Dental Plan, HI, and The Essentials.

*Early Bird: If you complete your opt outs before Jan. 2, you can have the fees reversed from your student account before the tuition fee payment deadline.

**Save more money!**

By consulting a Studentcare Network professional, you can get additional coverage.

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**LGBTQIA2S+ Support**

**Gender Affirmation Care**

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

**Virtual Health Care**

**HI**

Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

**Legal Care Program**

**The Essentials**

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

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**STUDENTCARE**

Questions?
[www.studentcare.ca/pgss](http://www.studentcare.ca/pgss)

Scan the QR code for more details on your Plan.