

# THE PSYCHEDELIC RESURGENCE IN PSYCHIATRY

## Ethics, Epistemology, and Enthusiasm

SPEAKERS  
 Erika Dyck  
 Mark Haden  
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DATE  
 March 19<sup>th</sup> 2020

TIME  
 1:00 - 4:30 PM

LOCATION  
 Allan Memorial Hospital,  
 South Seminar Room



SOURCE: JOHN BLAND CANADIAN ARCHITECTURE COLLECTION (FACSIMILE)

Biomedical Ethics Unit,  
 Department of Social Studies  
 of Medicine,  
 Culture, Mind and  
 Brain Program,  
 Division of Social and  
 Transcultural Psychiatry,  
 and  
 Institute for Health and  
 Social Policy

FOR MORE INFO AND TO RSVP  
[www.mcgill.ca/biomedicalethicsunit/psychedelicresurgence](http://www.mcgill.ca/biomedicalethicsunit/psychedelicresurgence)

Section III Classified Ads **The Montreal Star** General News Pages 31-46

89th Year, No. 107 MONTREAL, TUESDAY, MAY 7, 1957 PRICE FIVE CENTS

### Activity Is Emphasized In Modern Mental Hospital.

**1.** Patient and wife arrive at door of Allan Memorial Institute, the psychiatric department of Royal Victoria Hospital. Over door is Latin motto: "Spero" "I hope." Average stay in Allan Memorial is six weeks.

**2.** He is worried as he answers routine questions in admitting office. Significant recent development in mental treatment is development of departments in general hospitals, with Allan leading the way.

**3.** In his own room, nurse takes his hat and coat, reassures him. May 15 Mental Health Month in Quebec. Provincial division of Canadian Mental Health Association is out to raise \$100,000 from May 13 to 27.

**4.** Doctor gives each patient entering the Allan a physical check. In Star photo series no real relatives or patients are shown. Institute staff members played roles of outsiders as well as those of doctor, nurse, etc.

**5.** Arranging blocks is part of test given by psychologist. Old style mental hospital gave little treatment. Patients had to spend much of day sitting idle. Today the patients are active from morning to night.

**6.** Fine electrode wires are attached to patient's head to prepare for EEG — routine painless brain wave measurement which helps the doctors decide what kind of treatment would be the best remedy for patient.

**7.** In the pleasant day ward, patient interrupts reading a magazine to take medicine brought in to him by a nurse. Day may begin with breakfast at 8 a.m., end with social evening. Lights are turned out after 10 p.m.

**8.** When indicated, physical treatment — like electroshock — is given in this therapy unit which serves day patients as well as those living in hospital. Day hospital system was invented at the Allan Memorial Institute.

**9.** Throughout patient's stay at Allan, social worker sees his wife often. During these meetings social worker helps her deal with her feelings about his treatment and problems when he comes back to home, neighbors and work.

**10.** Lunch with other patients is served by nurse. Canada's mental health problem is headlined by fact half of all hospital beds in country are occupied by mentally ill, too many still not getting accurate treatment.

**11.** Allan Memorial is housed in great former private residence, has spacious lawns, trees and flower beds. It is unopen, voluntary treatment centre. Patients cannot be kept in the institute against their will.

**12.** Main treatment emphasis at Allan is on psychotherapy, in which patient talks to psychiatrists, as here, at regular appointments. Group psychotherapy is also given which helps to speed patient's social adjustment.

**13.** Treatment team has valuable member in occupational therapist. Here she admires patient's finger-painting. Mornings tend to be for treatment, afternoons for other activity, but schedules vary, according to individual needs.

**14.** Men as well as women are welcome to use occupational therapy kitchen — or laundry with washing machine and irons. Nurses relished a peach cake made by a male disciple of Escott at the Allan last week.

**15.** Playing volleyball with nurses against other patients is part of the therapy. Treatment team includes doctors, nurses, psychologists, occupational therapists, social workers, and all take part in social activity.

**16.** Relatives meet regularly with social worker to discuss their problems, help one another to solve them under her supervision. Here patient's wife, centre, raises a point during one of these most important meetings.

**17.** Patient plays ping pong. One measure of patient's improvement can be his eagerness to do things with other people. Hence the Allan Memorial emphasis, like that of other modern centres, is on social activity.

**18.** A keen pianist, patient plays for other patients and nurse in singing typical of social activities encouraged by nurses, social workers and other hospital staff. Patient at night is not yet ready to join in.

**19.** Receptionist shares in joy as patient, ready for discharge, meets his wife in lobby. Up to 70 per cent of our patients leave modern mental hospitals either well or considerably improved after active treatment.

**20.** Back at front door after six weeks, patient gets a view of city from upper Pine Avenue as he waits for taxi to take him home — "Allan man" other disease mental illness can be successfully treated at modern hospitals.

**Report Shows Road to Recovery Almost Complete, Then After More Therapy He Heads Home**