

McGill University
School of Physical and Occupational Therapy
POTH 638

Winter 2013

General Information:

- **Course name and number:** POTH -638 Promoting wellness of seniors
- **Credits:** 3
- **Instructors:** Patrícia Belchior, PhD
- **Date and time of lectures:** Classes take place between 3 and 6 hours/ week
- **Prerequisites:** All the courses from the first term of M1
- **Access to instructor:**

Patricia Belchior

- ❖ Tel: 398-4400 x 00675
- ❖ Office: H203
- ❖ E-mail: patricia.belchior@mcgill.ca
- ❖ Office hours : by appointment
- ❖ E-mail and telephone messages are given priority and efforts are made to return student calls promptly

Calendar course description

The complexity of rehabilitation interventions with the geriatric client, the various causes of occupational performance dysfunction, and the structure and organization of geriatric health care delivery are addressed.

Online Course Evaluations

Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly

valued and helpful in ensuring that instructors make appropriate changes to courses as needed in order to facilitate student learning

Learning outcomes

1. Identify the changes that accompany the normal aging process and describe the environmental factors that interact with the elderly person's occupational performance
2. Explain the major agents of geriatric health care delivery and the associated referral processes to the multidisciplinary team.
3. Explain the unique role of O.T. within the various areas of geriatric practice
4. Analyze the various risk factors that act upon an older adult's occupational performance and the causes and consequences of the resulting dysfunction.
5. Identify and explain the existing and developing methods of evaluation and treatment approaches used with a geriatric clientele in keeping with evidence-based practice
6. Apply a client-centered approach in the evaluation and treatment of a geriatric clientele within different clinical scenarios
7. Analyze ethical considerations in the intervention approach to the geriatric client

Course content:

This is a professional elective course for Master's year one Occupational Therapy students. It is designed to address the complexity of the Occupational Therapy interventions with the older client, examine the various causes of Occupational Performance dysfunction, examine the structure and organization of geriatric health care delivery and the unique role of Occupational Therapists in this context. Students in this course will utilize a client-centered and evidence-based approach to the evaluation and treatment of the older adult in different clinical scenarios. The course will be in a lecture/seminar. The instructors will use lectures, readings, discussions, presentations, critiques, fieldtrips.

Instructional Methods

This course will include readings, reading guides, lectures, clinical cases and vignettes, small group discussions and site visits. Students are expected to find literature in a self-directed manner in order to complement their understanding of the various issues covered in class if deemed necessary. The learning outcome in this advanced elective is highly dependent upon student participation and contribution

Course Materials

- Required: Course pack for POTH 638
 - ❖ All readings included in this course syllabus are mandatory unless otherwise indicated and it is the student's responsibility to ensure that he/she has read all the materials prior to class.
 - ❖ Additional readings may be assigned as necessary
- Recommended textbook: Functional performance in older adults (3rd Ed.). Bette R. Bonder & VAnina Dal Bello-Haas. Publishers: F.A. Davis, 2009. (Available as an e-book at the library).

Student assignments and evaluation

The following assignments will be used to evaluate learning. A detailed description of these will be provided on WebCT and further explained in class.

- In class participation: 5%
- In class assignments: 30%
- Site visit: 20%
- Project: 45% (5% for outline, 40% for paper)

Participation will be evaluated by the instructor and involves active participation and quality contribution to the class and to the development of the course. Remember that participation is not based on quantity but rather on quality of contribution. All group work will be monitored carefully and any evidence of inequitable contribution of team members to the assignments will be evaluated accordingly. All assignments must be produced with word processor, follow APA guidelines and not surpass the length determined by the instructors.

***Any requests for extensions or delays in submitting assignments must be accompanied by a medical certificate.

*** You may complete assignments in either of the 2 official languages however alternating between French and English within an assignment is not acceptable.

***Lateness in submitting assignments will result in a 1-mark deduction per day

*** Passing the course is contingent upon submission of all assignments.

Special Requirements for Course Completion and Program Continuation

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change

Attendance:

Attendance to classes is mandatory. It is the responsibility of each student to attend classes prepared and be actively involved. Although attendance will not be taken, the materials covered in class will be subject to evaluation. It is common professional courtesy to attend classes scheduled in health care institutions.

Right to write in (English or in) French:

“Every Student has a right to write essays, examinations and theses in English or in French except in courses where knowledge of a language is one of the objects of the course.”

Consequences of not completing assignments as requested

Assignments not completed on time will be penalized accordingly. In the event that an assignment cannot be submitted on its due date, students are encouraged to inform the instructor as soon as possible

Disability

If you have a disability please contact the instructor to arrange a time to discuss your situation. It would be helpful if you contact the Office for Students with Disabilities at 398-6009 before you do this.

Professional Conduct

Professionalism and accountability are expected throughout the course of the semester. This includes the on-going respectful nature of teacher-student as well as student-student interactions.

Technology in Class

Your respectful attentive presence is expected, therefore while you are permitted to use your laptop in class, it is understood that you will not be using your laptop or cell-phone for social purposes during class time (e.g. email, msn, sms). Your cell phone should be on silence during class time and phone calls should only take place during the break or after class.

Dress Code:

Professionalism with respect to dressing is encouraged throughout the course of the semester especially while on site visits.