

2021

# Global Health and Rehabilitation Resource Guide



Global Health  
Rehabilitation Initiative

Initiative de réadaptation  
en santé mondiale



Faculty of  
Medicine and  
Health Sciences

School of  
Physical and  
Occupational Therapy

Prepared by: **Noémie Tito** in consultation  
with the **Global Health Rehabilitative  
Initiative Team**,  
**School of Physical and Occupational  
Therapy, McGill University, Montréal**

### ***PREFACE:***

Hello all and welcome to this resource guide/handbook on Global Health and Rehabilitation and all things connected! This is a document created by students in conjunction with the community to help you explore rehabilitation in Global Health starting from a local framework and expanding provincially, nationally, and internationally. You will notice that this guide is split up between several different topics all related to rehabilitation and Global Health. Student-specific resources include information about global health placements, travel awards and different courses/programs while wider community resources range from articles to blogs, NGOs, associations and more! We hope you have fun exploring it! Don't hesitate to send any questions or feedback to [spotglobalhealth@mcgill.ca](mailto:spotglobalhealth@mcgill.ca)

### ***LAND ACKNOWLEDGEMENT:***

McGill University (Tiohtiá:ke/Montreal) is situated on the traditional territory of the Kanien'kehà:ka, a place which has long served as a site of meeting and exchange amongst many First Nations including the Kanien'kehá:ka of the Haudenosaunee Confederacy, Huron/Wendat, Abenaki, and Anishinaabeg. We recognize and respect the Kanien'kehà:ka as the traditional custodians of the lands and waters on which we meet today. We also recognize that the environment that we operate in as health professional is rooted in and born in legacies of colonization, which among other injustices, has served to silence indigenous voices, practices, and worldviews. The global health we aim to pursue seeks to redress these injustices by expanding and reconfiguring what we think of as 'global health' and what we do as global health scholars and practitioners. We invite you to take a moment to recognize the land you are currently situated on and reflect on your own relationship with it and these histories.



## INDEX TABLE

Global Health .....	4
What exactly is Rehabilitation in Global Health? .....	4
School of Physical and Occupational Therapy (SPOT) at McGill.....	5
Global Health Rehabilitation Initiative (GHRI).....	5
Opportunities to do a global health placement .....	7
Global Health Travel Awards/Scholarships .....	7
Global Health within McGill.....	9
Faculty of Medicine and Health Sciences School of Population and Global Health .....	9
1) Global Health Programs.....	9
2) Institute for Health and Social Policy (ISHP) .....	11
Provincial Level .....	12
Association Québécoise de la Physiothérapie (AQP) .....	12
Ordre Professionnel de la Physiothérapie du Québec (OPPQ) .....	12
CAOT-QC Division.....	12
Ordre des Ergothérapeutes du Québec (OEQ) .....	12
Réseau de recherche en santé des populations du Québec (French) .....	12
National Level.....	13
Global Health within the Canadian Physiotherapy Association (CPA) .....	13
Global Health within the Canadian Occupational Therapist Association (CAOT) .....	14
Canadian Association for Global Health .....	14
Canadian Institute for Health Research – Global Health collaboration .....	15
International Global Health Resources/Groups .....	16
World Physiotherapy .....	16
World Federation of Occupational Therapists (WFOT) .....	16
International Center for Evidence in Disability.....	16
UCL (University College London) International Disability Research Centre .....	17
Global Disability Innovation Hub (partners with UCL) .....	17
International Center for Disability and Rehabilitation .....	18
World Health Organization (WHO).....	18



Other NGOs .....19

Rehabilitation is also! .....21

    Speech Language Pathologists .....21

    Prosthetics and Orthotics .....21

Interesting Reads! .....22

Indigenous Resources .....23

    Decolonization.....24

    Cultural Safety Continuum .....24

Justice, Equity and Diversity Resources.....25

Environmentally-Oriented Physiotherapy .....26

Advocacy .....27

Leadership .....27

Space for the Resources You Find/Notes/Thoughts .....28



# GLOBAL HEALTH

## What exactly is Rehabilitation in Global Health?

[Here is a video from two of our professors discussing the topic](#)

"Rehabilitation in Global health is bringing back to full functioning the physical health of every individual who is in need of rehabilitation all around the world giving the best care available and attainable." – Rose Elekanachi

"Rehabilitation in global health is essentially the infusion of resources from the rehabilitation professions and the contribution of wisdom from the disability movement as part of global health efforts (improving health and achieving equity in health for all people worldwide)." - Shaun Cleaver

I invite you to come up with your own definition after browsing through these resources!

---

---

---

---



## School of Physical and Occupational Therapy (SPOT) at McGill

### Global Health Rehabilitation Initiative (GHRI)

<https://www.mcgill.ca/spot/initiatives/global-health>



Global Health  
Rehabilitation Initiative

Initiative de réadaptation  
en santé mondiale

McGill's SPOT global health group! A group of motivated students and faculty who organize a themed global health symposium every fall and several forums throughout the academic year. (Keep your eye out for them on Instagram, in your email inbox and on campus for information on the when's and where's of those this year!)

Beyond organizing symposiums and forums, GHRI also participate in research spanning difference topics and methodologies as well as capacity building at the intersection of global health, rehabilitation and disability and partners with international organizations such as Amar Seva Sangam Ayikudy (ASSA) and Manipal Academy of Higher Education (MAHE) situated in India.

#### **Student Testimonials:**

In your words, what is Global Health Rehabilitation Initiative?

- "A student-led initiative focused on sharing knowledge on topics related to global health and rehabilitation. Our committee holds regular forums, in which students and faculty members are brought together to discuss and share ideas. Each forum features an invited guest who will discuss experiences of a global health activity, in Canada or internationally. "
- "The GHRI is an amazing joint student-faculty initiative at the McGill School of Physical and Occupational Therapy dedicated to improving equity, accessibility, research and capacity-building in rehabilitation in all global health settings whether local or abroad. "

What has been a memorable/meaningful experience in your time/involvement with GHRI?

- "Taking part in the annual symposium entitled "Rehabilitation in a Time of Climate Crisis", held in September 2020! The symposium featured rehabilitation professionals, from six countries in three continents, to lead presentations and interactive activities on the relationship between physiotherapy and the environment. It was really a memorable experience to be able to learn from various professionals on their involvement and being able to discuss and share ideas with other students."



- "There are so many experiences to choose from :) From creating the GHRI Letter of Involvement Program to organizing the international 'Rehabilitation in a Time of Climate Crisis' symposium to co-authoring an article in the CPA's Physiotherapy Practice Journal to being a coordinator of the McGill IPGHC course to Friday evening movie screenings, the highlight throughout it all would definitely be working with an incredible, dedicated, supportive team that consistently turned our vision/ideas into reality! I'm extremely grateful to have met people with similar interests and passions, and I look forward to what's to come!"
- "There were a few moments during discussions that just made my mind click and suddenly understood the topic in a much deeper aspect. These moments are really worthwhile, even in challenging discussions."

What have you learnt about global health in your time/involvement with GHRI?

- "I joined the GHRI partway through my first year of my undergrad, and am extremely fortunate to have been part of the team ever since. I learned about the importance and value of communication, engagement, outreach and interdisciplinary collaboration when discussing global health through the annual symposia and monthly forums we organized. I also had the opportunity to witness what it meant to break down barriers in global health during the forum featuring Dr. Fernanda Cockell."
- "I've learned that there's always a way to get involved! No idea is too small and a small action can go a long way!"

How would you describe the sense of community of GHRI?

- "I always felt that every member was in a relationship with everyone that allowed for conversation and sharing of ideas. "
- "The GHRI student community has a great energy. They are very welcoming and always open to help or answer questions. They are strong advocates and remarkable at promoting inclusivity, global health, humanizing the health care system and providing great insight on their personal experiences and involvements. These students are engaging which facilitated participating in conversation about global health. "

Describe the global health forums and what is your impression of them?

- "Over the course of my Bachelor I have attended 5 Global Health forums/symposiums. These have been very instructive, engaging, and interesting. To promote participation Kahoots and breakout rooms were used which I found super fun. Especially when on zoom, it can be challenging to speak up but they did a great job and being inclusive to new participants. I



attended both small and larger scale forums (i.e. live from Brasil) and all made me feel welcomed and listened to. The topics discussed (from web-conferencing/robot to increase accessibility in UN conferences for people with disabilities to conversations about physio for women breast feeding around the world) were extremely interesting and eye opening on topics not discussed in the PT program curriculum. I wish these forums were more promoted and participation rates were higher because the conversations had in these forums are extremely educational and can really shape our perspective on physical therapy, how to be a better advocate and to better our human interactions."

Get Involved!

- Sign up to their [email newsletter!](#)
- Learn about the [roles of the student committee!](#)
- Work towards [their Letter of Involvement Program!](#)
- Attend or help organize a [Forum!](#)
- Attend or help organize an [Event!](#)
- Follow them on [Facebook!](#)

## Opportunities to do a global health placement

[International and Elective Placement](#) Resource page from McGill Global Health Programs

**Occupational Therapy global health placements** (all international placements are currently suspended due to COVID)

[Steps and procedure to follow form page 30 to page 39](#)

## Global Health Travel Awards/Scholarships

Here are some global health awards available to SPOT students to fund global health placements:

### **Luger-Mikelberg Travel Award for Global Health**

From the awards about page: " Established in 2017 by Sherry Luger, MD CM 1983 and Michael Mikelberg, to provide travel support for Health Sciences students who are pursuing an elective overseas in under-resourced areas in the world, or among underserved populations in Canada."



### **Mary A. Metcalf International Travel Fund**

From the awards about page: "The Mary A. Metcalf International Travel Fund is designated to support international research of undergraduate students, graduate students, and post-graduate medical residents within the Faculty of Medicine. Elective, research project or community service program must be at least four weeks. Its intent is to promote the training of health care workers and researchers to combat global health disparities, by supporting students to work with underserved populations in resource limited settings."

### **SPOT Global Health Travel Awards (3 awards of 2000\$, application in September)**

From the awards about page: "To recognize students in the professional Physical or Occupational Therapy Programs who demonstrate commitment to global health, and who are pursuing their interests in global health through a clinical practicum in a Low or Middle Income Country, or amongst an underserved population in Canada (e.g. many Aboriginal communities). The Global Health Travel Awards were established in 2015 through funding from the McGill Faculty of Medicine's Global Health Programs and a donation from the School of Physical and Occupational Therapy Alumni Fund. They are awarded to three Physical or Occupational Therapy students to support expenses related to participating in a clinical practicum in a low or middle-income country, or with an underserved population in Canada, as part of their professional Master's degree at SPOT"

### **Graduate Mobility Award**

From the awards about page: "The Graduate Mobility Award encourages graduate students to study and conduct research abroad as part of their McGill degree program by defraying part of the cost of the international experience. The award, funded by the Government of Quebec, is available to all full-time thesis students enrolled in a graduate degree program at McGill who have been approved by their academic unit and Faculty to take part in a mobility opportunity. The mobility award is meant to contribute towards the completion of the student's thesis. A limited number of Awards are available each year on a competitive basis."



## Global Health within McGill



McGill



GLOBAL  
HEALTH  
PROGRAMS

PROGRAMMES DE  
SANTÉ  
MONDIALE

Faculty of Medicine and Health Sciences School of Population and Global Health

<https://www.mcgill.ca/spgh/>

*“The School is the coming together of: Bioethics; Epidemiology, Biostatistics & Occupational Health; Global Health; as well as Health & Social Policy. These areas bring together an already established local and global foundation from which to disseminate reputable research, training and knowledge. Within these areas are an array of disciplines such as epidemiology, health policy, biostatistics, global health, public health and preventive medicine, law, occupational and environmental health, medical anthropology, healthcare architecture, history of medicine, health services research, sociology, economics and ethics.”*

Here are presented two School Units; 1) Global Health programs and 2) Institute for Health and Social Policy which present with interesting educational and research opportunities pertaining to global health.

### 1) Global Health Programs

[www.mcgill.ca/globalhealth](http://www.mcgill.ca/globalhealth)

*Global Health Programs for Students: “Global Health Programs is committed to enriching the education of McGill students interested in global health. Through funding opportunities, events and other student activities, Global Health Programs works to promote the exploration of global health topics among the student population at McGill University.”*

Journals, Blogs, and Newsletters

[\*\*McGill Journal of Global Health\*\*](#)

Currently ten issues available online. Find the [\*\*2021 edition online\*\*](#). You can submit an article for the 2022 edition if you are interested!

[\*\*McGill Global Health Programs Newsletter\*\*](#): You can subscribe to it!

[\*\*McGill’s perspective on Global Health \(blog\)\*\*](#): You can subscribe to it!



## Course and Program Information

### Degree Programs

Explore the different undergraduate and graduate (masters and doctoral) degrees offered by various departments which cover various aspects of global health!

### Credit Courses

Explore the different credit courses (100 to 600+ levels) offered by various departments which cover various aspects of global health!

### Other educational opportunities

#### McGill's Summer Institute In Infectious Diseases and Global Health

#### **Interprofessional Global Health Course (IPGHC)**

This is a free, no credit, 10-week course open to students in the health care domain with lecturers exploring topics such as Policies and Politics in Global Health, Global Dental Health, Advocacy and much more!

Keep your eye out for registration (usually in November) as spaces are limited

Get involved by being this year's SPOT student coordinator! If you have any questions, don't hesitate to email Noémie Tito at [noemie.tito@mail.mcgill.ca](mailto:noemie.tito@mail.mcgill.ca) (IPGHC SPOT student course coordinator for 2021)

## Funding Opportunities for Various Initiatives such as:

### **Global Health Outreach Projects, Global and Local Community Awards, Global Health Travel Awards (see [Global Health Awards for SPOT students](#)) and Student Initiative Funding**

Visit the [funding opportunities page](#)

### Global Health Scholar program

A funding opportunity for undergraduate and graduate students to support students research in Global Health (funding; educational, professional, and networking opportunities and global health workshops and trainings)

Keep your eyes open for the application period beginning in January!

## Get involved with a [student group with an interest in Global Health!](#)

- McGill Reimagine Global Health Group
- The McGill Global Food Security Club
- Canadian Coalition for Global Health Research (CCGHR) McGill
- And many more! (list being updated)



## 2) Institute for Health and Social Policy (IHSP)

<https://www.mcgill.ca/ihsp/studentprograms>

*"The IHSP conducts world-class research on how social conditions impact the health, well-being and resilience of people and communities locally, provincially, nationally and globally. The Institute collaborates across sectors and disciplines, bringing values and evidence together in support of healthy social policy"*

### Research topics:

- Cities and the Mind
- Food security and Adolescent Health
- Harm reduction as Public Policy
- Medical Aid in Dying, Somatic Oppression and Relational Autonomy
- And many more!

### Student programs/training

If you are interested in semester-long internships with funding opportunities in different settings, check out [these learning opportunities](#)

- Experience Policy Program
- Graduate Award Program
- Internship Program
- McBurney Latin America Fellowship

### Events

View past events on [Youtube](#)

Subscribe to their [mailing list for 2021-2022 events](#)



## Provincial Level

### Association Québécoise de la Physiothérapie (AQP)

Global health section to be developed!

### Ordre Professionnel de la Physiothérapie du Québec (OPPQ)

Global health section to be developed!

### CAOT-QC Division

Global health section to be developed!

### Ordre des Ergothérapeutes du Québec (OEQ)

Global health section to be developed!

### Réseau de recherche en santé des populations du Québec (French)

<https://www.santepop.qc.ca/>

*“ La mission du RRSPQ est de soutenir le développement de la capacité de recherche en santé des populations. Les collaborations interdisciplinaires, interinstitutionnelles et intersectorielles, essentielles pour la compréhension des problèmes de santé contemporains, sont privilégiées.”*

Visit their [Global Health axis!](#)



## National Level

### Global Health within the Canadian Physiotherapy Association (CPA)

#### Global Health Division

[www.physiotherapy.ca/divisions/global-health-division](http://www.physiotherapy.ca/divisions/global-health-division)

*"The Global Health Division (GHD) is comprised of a passionate group of physical therapists who have worked in or are interested in working in resource-poor settings globally. We advocate for sustainable collaboration that elevates the profession of physiotherapy worldwide."*



---

**Global Health Division**  
Canadian Physiotherapy Association

#### Global Health Resources

- Global health organizations and opportunities – a list of organizations GHD is in contact with regularly for possible field work (for members only)
- [Global Physio podcast](#)
- [Pre-departure resources](#) (cultural sensitivity, books, courses and seminars, disability inclusion, managements, etc.)
- [Practice resources](#) (Community-based rehabilitation, External health blogs, Social networking, Funding agencies, GHD guidelines, Global Health Ethics, Global health in practice)
- [Indigenous health resources](#)
  - Hot read: [Indigenous Health Sub-Committee Goals for 2020-2022](#)
  - Webinars. Resources, Awards, CPA branch articles, books, core competencies, decolonization, health benefits, health surveys, news articles, organizations, position statements and more.
  - [Indigenous health research](#)
- [Mentorship program](#) – if you would like to become a mentee and benefit from the opportunity to ask your questions about global health/how to get involved to an experienced and knowledgeable mentor to guide you in your journey of global health, email here: [ghdresearch@gmail.com](mailto:ghdresearch@gmail.com)!

#### Become a member!

It's free for students – [become a CPA member](#). Add GHD as one of your divisions (again free for students) and subscribe to their newsletter

**Get involved!** Perhaps as a student subcommittee member!



## Global Health within the Canadian Occupational Therapist Association (CAOT)

### Global Health Practice Network

[www.caot.ca/site/pd/otn/ghpn](http://www.caot.ca/site/pd/otn/ghpn)

*"The Global Health Practice Network allows occupational therapists and students throughout Canada to communicate, collaborate, support each other and share their experiences, expertise and opportunities in global health and social inclusion."*



### Other Networks of Interest

- [Occupational Therapy and Indigenous Health Network](#)
- [Poverty and Occupational Therapy Network](#)
- [Occupational Justice for Newcomer Network](#)

[Become a Student Associate member](#) for free!

## Canadian Association for Global Health

[www.cagh-acsm.org/en](http://www.cagh-acsm.org/en)

*"To connect, engage, strengthen, and mobilize the global health community across Canada and internationally through collaborative research, learning, advocacy, policy and practice."*



CAGH is the outcome of a member-supported amalgamation of the Canadian Society for International Health (CSIH) and the Canadian Coalition for Global Health Research (CCGHR) and builds on our more than 60 years of combined history, leadership, and action.

### Become a member!

[Membership](#) costs \$35 for students. CAGH also offers a newsletter!

### Events

- Canadian Conference on Global Health in Delta, Ottawa and Online November 2021

### CAGH Networks

- [Students and Young Professionals Network](#)
  - Webinar series
  - Annual Global Health Students and Young Professionals Summit
  - Mentorship opportunities
- Women in Global Health



## Canadian Institute for Health Research – Global Health collaboration

<https://cihr-irsc.gc.ca/e/31562.html>

*"The Canadian Institutes of Health Research (CIHR) invests in research that aims to improve the health of people in Canada and around the world. Global health spans the mandates of all CIHR's Institutes."*

### Explore their different recent initiatives

- [Global Alliance for Chronic Diseases](#)
- [Innovating Maternal and Child Health in Africa](#)
- [Healthy Life Trajectory Initiative](#)

Hot read: [Global Health 3.0: CIHR's Framework for Action on Global Health Research 2021-2026](#)



## International Global Health Resources/Groups

### World Physiotherapy

[www.world.physio](http://www.world.physio)

*"World Physiotherapy is committed to furthering the physiotherapy profession and improving global health.*

*An important part of our mission is to further the global physiotherapy profession by supporting our member organisations with information, expertise, and services. We provide a range of support and services for our member organisations"*



World Physiotherapy offers multiple resources about advocacy, current and future projects, provides education, hosts events such as World PT day (September 8<sup>th</sup>) and World Congress (every two years – next edition Tokyo 2023)

### World Federation of Occupational Therapists (WFOT)



[www.wfot.org](http://www.wfot.org)

*"WFOT is the global voice for occupational therapy and sets the standard for its practice. We represent occupational therapists worldwide that are making lives fit for living."*

**Hot read:** [Informing Occupational Therapy Practice – position statement](#)

("Statement that presents WFOT's position on global health and the application of this concept and its relevance to the occupational therapy profession")

**Something else of interest:** [Leadership and advocacy work/program](#) *"Disability and Human Rights are at the core of our work, publications and standards as we advocate for the human right to inclusion and participation in meaningful occupation."*

Next Congress: Paris March 2022

### International Center for Evidence in Disability

[www.lshtm.ac.uk/research/centres/international-centre-evidence-disability](http://www.lshtm.ac.uk/research/centres/international-centre-evidence-disability)

*"Our mission is to provide evidence to improve the health and wellbeing of people with disabilities globally. We develop tools, techniques and evidence on disability, leading to scalable interventions that can improve people's lives across the world."*



A few free MOOCs (massive open online course) are available through the ICED, which is based at the London School of Hygiene and Tropical Medicine:

- On [Global Disability: Research and Evidence](#)
- On [Global Health and Disability](#)
- On [Integrated Healthcare for Children with Developmental Disabilities](#)

In addition, the ICED offers different MSc and PhD programs on global health topics.

### UCL (University College London) International Disability Research Centre

[www.ucl.ac.uk](http://www.ucl.ac.uk)

*"UCL International Disability Research Centre is dedicated to generating a body of knowledge about disability issues that helps to improve the lives of people with disabilities, their families and their communities. It was previously known as the Leonard Cheshire Research Centre. The Centre, established in 1996, focuses on global disability and development issues."*

Events, collaborations, Msc and PhD topics around Global health opportunities

Sign up for their newsletter!

### Global Disability Innovation Hub (partners with UCL)

[www.disabilityinnovation.com](http://www.disabilityinnovation.com)

*"GDI Hub is a research and practice centre driving disability innovation for a fairer world."*

Their themes:

- Assistive and Accessible Technology
- Inclusive Design
- Inclusive Education Technology
- Climate and Crisis Resilience
- Cultural Participation



Involve these themes in research, innovation, teaching, advocacy, and programs around the world

- E.g. [Trialing 3D Printed Bespoke Orthotics to Refugees with Humanity and Inclusion](#) in Uganda



## International Center for Disability and Rehabilitation

[www.icdr.utoronto.ca](http://www.icdr.utoronto.ca)

*"The International Centre for Disability and Rehabilitation is a diverse and creative collection of people who care deeply about inequities faced by people with disabilities in Canada and around the world, and who believe in the potential for rehabilitation research, education and advocacy to help affect change."*

Based out of the University of Toronto, ICDR has several international chapters working on different projects

Hot read: [Is going on an international clinical internship right for you?](#)

## World Health Organization (WHO)

[www.who.int](http://www.who.int)

*"WHO leads global efforts to expand universal health coverage. We direct and coordinate the world's response to health emergencies. And we promote healthier lives – from pregnancy care through old age. Our Triple Billion targets outline an ambitious plan for the world to achieve good health for all, using science-based policies and programmes."*



**Disability focus** (Celebrating International day of persons with disabilities, Strengthening disability inclusion through collaboration, Implementing the UN Disability Inclusion Strategy, and many other interesting topics!)

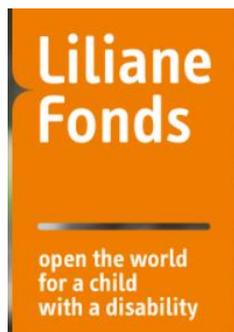
- Hot read: [WHO's Policy on disability \(2021\)](#)
- Hot read: [World Report on disability \(2011\)](#)
- Hot read: [The UN Disability Inclusion Strategy](#)

**Rehabilitation focus** (Strengthening the rehabilitation workforce, Integrating rehabilitation in the health system, Estimating rehabilitation needs, and many other interesting topics!)

- Hot read: [Rehabilitation Fact sheet](#)



## Other NGOs

**Liliane Foundation**

[www.lilianefonds.org](http://www.lilianefonds.org)

Their mission: "To make that dream come true the Liliane Foundation contributes to a world that is open to everyone and in which children with disabilities in poor resource areas can develop and use all their talents. Together with local organizations in Africa, Asia and Latin America, we make children stronger and their environment more accessible."

Hot read! [Share your story](#)

**Christian Blind Mission**

[www.cbm.org](http://www.cbm.org)

Their mission: "CBM works in the most disadvantaged societies, irrespective of race, gender or religion. CBM seeks to:

- Reduce the prevalence of diseases which cause impairments.
- Minimize the conditions which lead to disability.
- Promote equal opportunities for economic empowerment, livelihood security, and full inclusion in all aspects of society for persons with disabilities."

They work with several chapters: Disability Inclusive Development, Inclusive Eye Health, Community Mental Health and Humanitarian Aid

**Handicap International (French)**

[www.handicap-international.fr](http://www.handicap-international.fr)

Their mission: "L'association intervient dans les situations de pauvreté et d'exclusion, de conflits et de catastrophes aux côtés des personnes handicapées et des populations vulnérables afin : d'améliorer leurs conditions de vie et de promouvoir le respect de leur dignité et de leurs droits fondamentaux; d'agir et de témoigner, pour que leurs besoins essentiels soient correctement couverts."



Volunteering opportunities, job opportunities, internships, petitions, and a newsletter to sign up to!

**[Gogo, 94 ans; il n'y a pas d'âge pour aller à l'école](#)** (Movie): story of Gogo, a 94 year old grandmother determined to get her elementary school diploma and learn how to read and write (Kenya)



## Sightsavers

<https://www.sightsavers.org/>

Their mission: "*We work to eliminate avoidable blindness and promote the rights of people with disabilities*"

They work with several chapters: Protecting Sight, Fighting Disease and Disability Rights (fighting against stigma and educational inclusion for those with disabilities). Current disability-oriented campaign: **Equal World Campaign** fighting for global development inclusion of people with disability.



## REHABILITATION IS ALSO!

### Speech Language Pathologists

In [McGill's School of Communication Sciences and Disorders](#)

- [Resources to Inform Communication Health Services for Indigenous Peoples from SAC](#) (Speech-Language and Audiology Canada)
- [Advocacy work from SAC](#)

### Prosthetics and Orthotics

**International Society for Prosthetics and Orthotics**

[www.ispoint.org](http://www.ispoint.org)

*"As a global, multidisciplinary, non-governmental organization aiming to improve the quality of life for persons who may benefit from prosthetic, orthotic, mobility and assistive devices, ISPO provides an effective platform for the exchange and communication on all aspects of the science, practice, and education associated with the provision of prosthetic and orthotic care, rehabilitation engineering, and related areas."*



## INTERESTING READS!

1. **Books:** [List of over 200 books](#) compiled by Dr. Madhukar Pai
2. **Movies :** [Global Health Films](#) *"Film as a catalyst for change"*
  - Choose between a myriad of excellent films
  - Global Health Film festival every year
  - Viewing events
3. **Movie – Available on Netflix:** [Bending the Arc](#) (to watch with a critical eye)
4. **Meeting Report:** [Rehabilitation 2030: A call for action](#) (WHO)
5. **Article:** Nixon, S. A., & Hunt, M. (2015). [Global Health: Where Do Physiotherapy and Rehabilitation Research Fit?](#) *Physiotherapy Canada*. *Physiotherapie Canada*, 67(3), 217–220. <https://doi.org/10.3138/ptc.67.3.GEE>
6. **Article:** Cieza, A. (2019). [Rehabilitation the Health Strategy of the 21st Century, Really?](#) *Archives of Physical Medicine and Rehabilitation*, 100(11), 2212–2214. <https://doi.org/10.1016/j.apmr.2019.05.019>
7. **Short Article:** Herzig van Wees, S., & Holmer, H. (2020). [Global health beyond geographical boundaries: reflections from global health education](#). *BMJ Global Health*, 5(5). <https://doi.org/10.1136/bmjgh-2020-002583>
8. **Article:** Rabin, T. L., Mayanja-Kizza, H., & Barry, M. (2021). [Global Health Education in the Time of COVID-19: An Opportunity to Restructure Relationships and Address Supremacy](#). *Academic Medicine*, 96(6), 795–797. <https://doi.org/10.1097/acm.00000000000003911>
9. **Article:** Martin, N. A., Kalbarczyk, A., Nagourney, E., Reich, A., Hansoti, B., Kambugu, A., Quinn, T. C., Manabe, Y. C., & Castelnuovo, B. (2019). [Bending the Arc towards Equitable Partnerships in Global Health and Applied Training](#). *Annals of Global Health*, 85(1). <https://doi.org/10.5334/aogh.2564>
10. **Article:** Weine, S., Bosland, M., Rao, C., Edison, M., Ansong, D., Chamberlain, S., & Binagwaho, A. (2021). [Global Health Education Amidst COVID-19: Disruptions and Opportunities](#). *Annals of Global Health*, 87(1). <https://doi.org/10.5334/aogh.3088>
11. **Article:** Smith, E., Hunt, M., & Master, Z. (2014). [Authorship ethics in global health research partnerships between researchers from low or middle income countries and high income countries](#). *BMC Medical Ethics*, 15(1). <https://doi.org/10.1186/1472-6939-15-42>
12. **Article:** Reddy, S. K., Mazhar, S., & Lencucha, R. (2018). [The financial sustainability of the World Health Organization and the political economy of global health governance: a review of funding proposals](#). *Globalization and Health*, 14(1). <https://doi.org/10.1186/s12992-018-0436-8>



## INDIGENOUS RESOURCES

1. **Website:** [McGill's Indigenous Initiatives](#)
  - Resources for students, communities and researchers
  - Subsections for learning about Residential Schools, the First People's House (hub for Indigenous student support) and the ISCEI (the Indigenous Studies and Community Engagement Initiative)
2. **Video:** [McGill Indigenous Awareness week presentation](#)
3. **Short Article/Fact sheet:** [Health and Health Care Implications of Systemic Racism on Indigenous Peoples in Canada Fact Sheet](#)
4. **MOOC:** [Indigenous Canada](#)
5. **MOOC:** [Le Québec nordique: enjeux, espaces et culture](#) (French)
6. **Truth and Reconciliation Commission:** <http://www.trc.ca/>
7. Indigenous Ally Toolkit
  - [English](#)
  - [French](#)
8. **Article:** Gasparelli, K., Crowley, H., Fricke, M., McKenzie, B., Oosman, S., & Nixon, S. A. (2016). [Mobilizing Reconciliation: Implications of the Truth and Reconciliation Commission Report for Physiotherapy in Canada](#). *Physiotherapy Canada*, 68(3), 211–212. <https://doi.org/10.3138/ptc.68.3.gee>
9. **CPA's Position Statement:** [The Role of Physiotherapy in Aboriginal Health Care](#)
10. **CPA's Position Statement:** [Access to physiotherapy for Aboriginal People in Canada](#)
11. **CAOT Position Statement:** [Occupational therapy and Indigenous peoples \(2018\)](#)
12. **Article:** Reading, C., & Wien, F. (2009). [Health inequalities and social determinants of Aboriginal Peoples' health](#). National Collaborating Center for Aboriginal Health.
13. **Article:** Beavis, A. S., Hojjati, A., Kassam, A., Choudhury, D., Fraser, M., Masching, R., & Nixon, S. A. (2015). [What all students in healthcare training programs should learn to increase health equity: perspectives on postcolonialism and the health of Aboriginal Peoples in Canada](#). *BMC Medical Education*, 15(1). <https://doi.org/10.1186/s12909-015-0442-y>
14. **Website:** [Native land](#) - To learn about your territory and whether its unceded territory
15. **Webpage:** [United Nations Declaration on the Rights of Indigenous Peoples](#)
16. **Article:** Bartlett, C., Marshall, M., & Marshall, A. (2012). [Two-Eyed Seeing and other lessons learned within a co-learning journey of bringing together indigenous and mainstream knowledges and ways of knowing](#). *Journal of Environmental Studies and Sciences*, 2(4), 331–340. <https://doi.org/10.1007/s13412-012-0086-8>
17. **Report:** [In Plain Sight - Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care](#)



## Decolonization

1. **Podcast:** [Decolonizing Physiotherapy Education](#) (September 2020)
2. **Essay:** Tuck, E., Yang, K. [Decolonization is not a metaphor](#) (2012):
3. **Short Article:** Hommes, F., Monzó, H. B., Ferrand, R. A., Harris, M., Hirsch, L. A., Besson, E. K., Manton, J., Togun, T., & Roy, R. B. (2021). [The words we choose matter: Recognising the importance of language in decolonising global health.](#) *The Lancet Global Health*, 9(7). [https://doi.org/10.1016/s2214-109x\(21\)00197-2](https://doi.org/10.1016/s2214-109x(21)00197-2)
4. **Article:** Grenier, Marie-Lyne. ["Cultural Competency and the Reproduction of White Supremacy in Occupational Therapy Education."](#) *Health Education Journal*, vol. 79, no. 6, 2020, pp. 633–644., doi:10.1177/0017896920902515.
  - a. **Webinar:** [Cultural Competency and the Reproduction of White Supremacy in Occupational Therapy Education](#)- Occupational Therapist and lecturer Marie-Lyne Grenier challenges the oppressive and pervasive narratives in occupational therapy education and discusses their role in supporting culturally unsafe practices:
5. **Short Article:** Abimbola, S., & Pai, M. (2020). [Will global health survive its decolonisation?](#) *The Lancet*, 396(10263), 1627–1628. [https://doi.org/10.1016/s0140-6736\(20\)32417-x](https://doi.org/10.1016/s0140-6736(20)32417-x)
6. **Article:** Büyüm, A. M., Kenney, C., Koris, A., Mkumba, L., & Raveendran, Y. (2020). [Decolonising global health: If not now, when?](#) *BMJ Global Health*, 5(8). <https://doi.org/10.1136/bmjgh-2020-003394>
7. **Blog:** Eidinger, A., & McCracken, K. (2019, April 3). [Imagining a better future: An introduction to teaching and learning ABOUT SETTLER colonialism in Canada. Beyond The Lecture Innovations in Teaching Canadian History.](#)
8. **Article:** Eichbaum, Q. G., Adams, L. V., Evert, J., Ho, M.-J., Semali, I. A., & van Schalkwyk, S. C. (2020). [Decolonizing global health education: rethinking institutional partnerships and approaches.](#) *Academic Medicine*, 96(3), 329–335. <https://doi.org/10.1097/acm.0000000000003473>

## Cultural Safety Continuum

1. **Online Education Tool:** [San'yas Indigenous Cultural Safety Training](#) (From Provincial Health Services Authority in BC)
2. **Webinar Series:** [Indigenous Cultural Safety \(ICS\) Learning Series](#) (From PHSA Indigenous Health)
3. **Online Course (29,99\$):** [Cultural Safety, Indigenous Patients and Physiotherapy](#) – (On Embodia Online Learning platform, by )Amanda Fortin and Katherine Harman\_
4. **Article:** Metzl, J. M., & Hansen, H. (2014). [Structural competency: Theorizing a new medical engagement with stigma and inequality.](#) *Social Science & Medicine*, 103, 126–133. <https://doi.org/10.1016/j.socscimed.2013.06.032>



## JUSTICE, EQUITY AND DIVERSITY RESOURCES

1. Interesting **groups/networks/platforms** worth checking out!
  - [Justice Centered Rehabilitation](#) (here at McGill!):
    - Find them on [Facebook](#) and [Instagram](#)!
    - Their mission: "At Justice-Centered Rehab, we aim to uplift and share progressive messages and events, particularly in the sphere of rehabilitation initiatives. We strive to influence a justice-centered focus in relevant organizations and groups, to encourage justice within their practice and policies, with the goal of increasing harmony and equity in society. As well, we are here to create a space for like-minded professionals and students to come together - to meet, discuss, support, and further our collective and individual understanding & actions of how we can bring justice to the forefront."
  - [Critical Physiotherapy Network](#):
    - About them: " The Critical Physiotherapy Network is an international collaborative network of critically-informed academics, clinicians & researchers who draw on the health sciences, social sciences & the humanities to explore, challenge & develop physiotherapy theory & practice."
  - [Humanizephysio](#): student Instagram account with a focus on equity-driven physiotherapy
  - [Advancing Diversity and Excellence in Physical Therapy](#): student-lead group with a focus on equity for underrepresented communities and their involvement in the physiotherapy profession
2. **CPA's Position Statement:** [Access to physiotherapy](#)
3. **Webinar and Article:** [Coin model of Privilege and Critical Allyship](#) (By Dr, Stephanie Nixon, both French and English versions available for the article)
4. **Focused Symposium:** [Diversity and inclusion – what this means for physiotherapy](#) from the World Confederation for Physical Therapy Congress 2019
5. **Blog:** [In the fight for racial justice, the sidelines are no longer an option](#) (By Dr Tracy Blake, 2020)
6. **Website:** [Race and health](#) - A hub for investigating how racism and discrimination affects health. Provides numerous resources, webinars, academic publications, books, and events with the goal of reducing the adverse effects of discrimination leading to poor health.



7. **Webpage:** [Racial inequality in access to healthcare services](#) (from the Ontario Human Rights Commission, 2004)
8. **Perspective:** [Structural Racism and Supporting Black Lives — The Role of Health Professionals](#) (By Rachel Hardeman, , Eduardo Medina and Katy Koshimannil, 2016)
9. **Article:** Braveman, P., & Gruskin, S. (2003). [Defining equity in health](#). Journal of Epidemiology & Community Health, 57(4), 254–258.  
<https://doi.org/10.1136/jech.57.4.254>
10. **Article:** Stuber, J., Meyer, I., & Link, B. (2008). [Stigma, prejudice, discrimination and health](#). Social Science & Medicine, 67(3), 351–357.  
<https://doi.org/10.1016/j.socscimed.2008.03.023>
- 11. Videos:**
  - [Health Equity Animated: Equity vs. Equality](#)
  - [Hiding in Plain Sight: What's Missing in Health Equity - Keri Norris \(TEDx Talks\)](#)
  - [Tackling Ethnic Health Disparities: Lisa Cooper](#)
  - [Bridging the Gap: Improving Healthcare Access for People with Disabilities](#)
12. **Blog:** [Here's why Equitable Physiotherapy is Important](#) (By Sarah Wojkowski, 2016)
13. **Commentary:** [Equity in Access and Use of Rehabilitation Services in Canada](#) (By Nivetha Chandran, 2021)

## ENVIRONMENTALLY ORIENTED PHYSIOTHERAPY

- **[Environmental Physiotherapy Association](#)**
  - About them: “ The Environmental Physiotherapy Association (EPA) is the first international network of physiotherapy clinicians, educators, researchers, and students interested in exploring and advancing the field of environmental physiotherapy.”
  - You can [join them](#) if this is specific topic of interest to you!
- **[Online Course: An Introduction to Environmental Physiotherapy \(On Physioplus, with the free trial you get 2 free courses\)](#)**
- **Article:** Filip Maric, et al. [“Essentials for sustainable physiotherapy: Introducing environmental reasoning into physiotherapy clinical decision-making”](#)  
Fysioterapeuten, 9 March 2021



## ADVOCACY

- **NGO: [Results Canada](#)** - We believe that no one should suffer or die from preventable diseases or lack opportunities because of where they were born. That's why we work every day to bring an end to extreme poverty, where people live on less than USD \$1.90 a day – interesting resources about how to advocate
- **[Advocacy work and resources from CPA](#)** – “ We're stronger when we work together.”
- **[Convention on the Rights of Persons with Disability \(CRPD\)](#)** from the United Nations Department of Economic and Social Affairs
- **[Legislation, Advocacy and Rights resources](#)** from the Canadian Council on Rehabilitation and Work

## LEADERSHIP

- **[Leadership division from CPA](#)** – “ *The Leadership Division's role is to coordinate, promote, and provide programs and services for the acknowledgement and development of leadership skills and attributes in physiotherapists.*”
  - Workshops
  - Webinar
  - Informative E-blasts
  - Hot read: [A checklist for leadership](#)
- **[RehabLeadership](#)**: online (payed) course about how to develop leadership capacity for rehabilitation professionals
- **[Leadership and governance](#)** – Integration of rehabilitation in health systems (WHO)
- **Academic degree: [Doctorate of Science in Rehabilitation and Health Leadership](#)** (from Queen's University)
- **Article:** Pascal, Maureen Romanow, et al. “[Leadership Development of Rehabilitation Professionals in a Low-Resource Country: A Transformational Leadership, Project-Based Model.](#)” *Frontiers in Public Health*, vol. 5, 2017, doi:10.3389/fpubh.2017.00143.



## SPACE FOR THE RESOURCES YOU FIND/NOTES/THOUGHTS

