

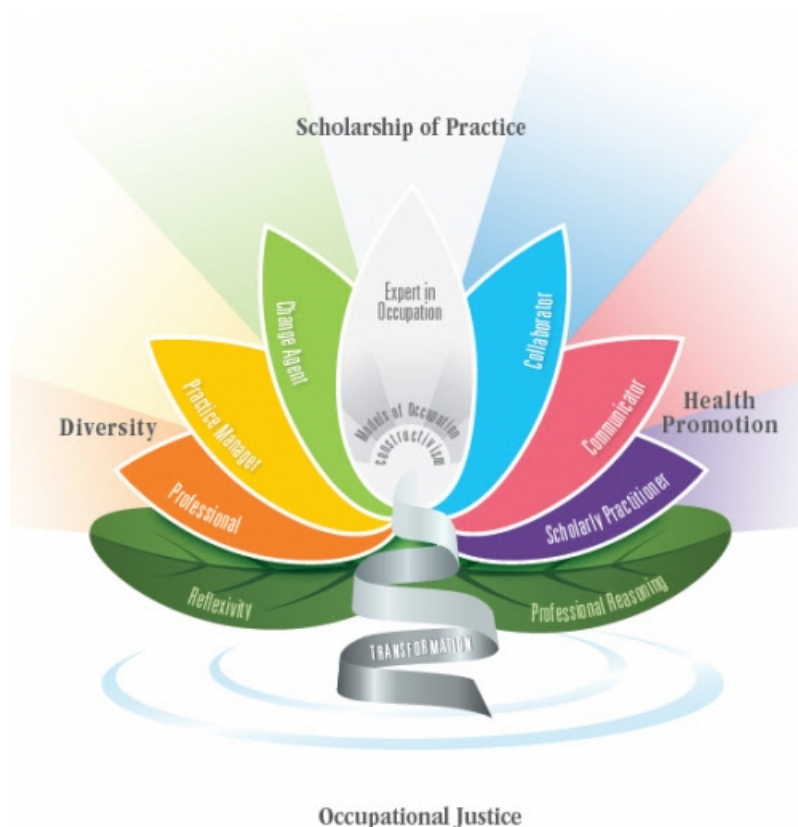
## OCCUPATIONAL THERAPY PROGRAM COMPLEMENTARY COURSE INFORMATION

### INTRODUCTION

### OCCUPATIONAL THERAPY PROGRAM CONCEPTUAL FRAMEWORK

The conceptual model of the Occupational Therapy (OT) Program helps us to articulate the basic educational and professional philosophies which form the basis of the OT program.

The educational and professional conceptual frameworks are presented within the graphic model of the lotus, a symbol of human aspiration.



The concept map of the occupational therapy curriculum utilizes the metaphor of a living lotus – a symbol of human aspiration that grows, adapts to, and illuminates its environment. The lotus



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is steadied and nourished by the leaves of Reflexivity and Professional Reasoning. These processes, core to the development of occupational therapy practice, are replenished by transformational educational strategies.

Through the lens of Social Constructivism, activity and occupation-based conceptual models and frameworks of health and occupation are visualized, interpreted and applied in a reflexive and situation-specific manner. This facilitates the integration of a client-centered philosophy with respect for cultural diversity in understanding a client's participation, choices, responsibilities and collaboration.

The petals of the lotus interpret the seven roles of the Profile of Occupational Therapy, guided by our values of Occupational Justice, Health Promotion, Diversity, and Scholarship of Practice. Beneath the resting lotus, ripples move outwards, affecting wider Canadian and global practices and philosophies of occupational therapy, moving on currents of change.

The philosophy of education of the Occupational Therapy Program is consistent with adult learning and is based on principles of self-directed, case-based, small group learning and draws from the processes which underlie problem-based learning. This approach places value on the process required for the development of a reflective practitioner by teaching the student to apply critical thinking skills to scenario analysis across the life span. It mirrors the learning and professional behaviors necessary for Occupational Therapy practice. Students will be highly involved and responsible for their learning experience, and through small group discussions with their cohort and students from other health care professions, they will learn to be active and positive contributors to the health care team. Emphasis is placed upon the importance of becoming a life-long learner as a health care professional.

To view an animated version of the Lotus Concept Map, please go to our website: <http://www.mcgill.ca/spot/programs/ot/conceptual-framework>

## **B.Sc. (REHABILITATION SCIENCE): OCCUPATIONAL THERAPY COMPLEMENTARY COURSEWORK (18 CREDITS)**

While all courses offered at McGill have academic merit, not all are appropriate for credit towards the B.Sc. Rehabilitation Science Occupational Therapy degree. Students should consult the information on the School website ([www.mcgill.ca/spot](http://www.mcgill.ca/spot)) for regulations governing which courses are open to them.

Note that the regulations regarding complementary coursework may vary from year to year. Restrictions and approvals are applicable to the current academic year and should not be interpreted as either in the past or in the future. Minerva will not necessarily prevent students from registering for courses that they are not entitled to take. After the add/drop period, these courses will be identified in students' records and flagged for no credit. In some cases, this may happen when records are verified prior to graduation which could delay graduation until the appropriate courses are taken.

Students are responsible for the correctness and completeness of their records. Do verify your records to ensure that it is accurate and that all requirements and complementary/elective courses have been correctly recorded.

## COMPLEMENTARY COURSES

Courses that you have some choice as to which to take. You have a group of subject areas from which to make your choice and this can be tailored to your program to acquire specific background knowledge and skills.

- All complementary courses have limited enrolment. Register early for best availability.
- You can either take:
  - 18 credits of complementary classes **OR**
  - 15 credits of complementary classes and 3 credits of elective courses.
- The credits can include transfer credits, and all credits must be recorded on your file
- Make sure you do not register for any complementary or other course that is in conflict with another required or complementary course

**Note: All complementary courses must be taken and completed in U1 and U2, before starting U3**

### a. REQUIRED COMPLEMENTARY COURSES

	Subject	Course Name	Year
✓	PSYC 305	Statistics for Experimental Design	U1
✓	Sociology	Any sociology course	U1 or U2
✓	Psychology	Minimum of 1 psychology course in lifespan development, including PSYC 100 Recommended: PSYC 337, 332, 333	U1 or U2
✓	Professional Writing	Details available at: <a href="http://www.mcgill.ca/mwc/">http://www.mcgill.ca/mwc/</a> CEAP 250: For native English Speakers No pre-placement test required CESL 300, 400, 500: For non-native English Speakers Pre-Placement test required  <b>YOU ARE STRONGLY ADVISED TO TAKE THE PLACEMENT TESTS THAT ARE AVAILABLE TODAY</b>	U1 or U2

### b. OPTIONAL COMPLEMENTARY COURSES (\*As long as the required courses indicated above are complete)

	Subject	Course Name	Year
	Sociology	Any course	U1 or U2
	Psychology	Any course	U1 or U2
	French as a Second Language	Details available at: <a href="http://www.mcgill.ca/flc/">http://www.mcgill.ca/flc/</a>	U1 or U2

**Note:** Check Minerva to find out if a waitlist section is opened.

### c. ELECTIVE COURSES

- Courses must be taken at the 200 level or higher.
- A maximum of 3 credits may be taken as electives.



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- Examples of possible electives include courses in Music, Languages (not including French and English), and Earth and Planetary Sciences.

	200/300/400 Level course		U1 or U2
	NB: A maximum of 1 (one) World of Chemistry course is permitted		U1 or U2

**\*\*\*EXCEPTIONS TO THE 200 LEVEL RULE\*\*\***

- Introduction to Psychology: PSYC 100 which counts as a complementary psychology class  
AND/OR
- One (1) World of Chemistry course which counts as elective class.



### THE FOLLOWING IS A REPRESENTATIVE LISTING OF RECOMMENDED COMPLEMENTARY COURSES AND SHOULD NOT BE CONSIDERED AS A COMPLETE LISTING

- These are suggested courses that fall within the required subject areas that provide foundational knowledge in preparation for the professional master's program.
- This list is not inclusive.
- Other courses in the required subject areas, not on this list, can be taken by a student with the advice of the Associate OT Program Director (Prof. Susanne Mak) and the Undergraduate Student Affairs Coordinator (Marlene Brettler)
- *Please be aware you are required to follow any course restrictions, which can include co- or pre-requisites and space limits. These restrictions can be found by entering the CRN for the course on the registration function.*

<b>Sports Medicine Practicum 1, 2 &amp; 3 (PHTH201, PHTH202, PHTH 303)</b>			
<i>Students are required to take the 3 courses</i>			
• Each course is worth 1 credit. The 3 courses are equivalent to one 3-credit complementary course.			
o Sports Medicine Practicum 1 (fall U2 but starts in May of U1 with the pre-season course)			
o Sports Medicine Practicum 2 (winter U2)			
o Sports Medicine Practicum 3 (fall U3 but starts in May of U2 with the participation in the pre-season course and continues onto winter of U3)			
PSYC 100	Introduction to Psychology	EDKP 261 **	Motor Development
PSYC 212	Perceptions	EDKP 292 **	Nutrition and Wellness.
PSYC 213	Cognition	EDKP 330 **	Physical Activities and Health
PSYC 215	Introduction to Psychology and Social Psychology	EDKP 396 **	Adapted Physical Activities
PSYC 304	Child Development	EDKP 447 **	Motor Development 2
PSYC 311	Human Cognition & the Brain	EDKP 448 **	Exercise and Health Psychology
		EDKP 498 **	Sports Psychology
PSYC 332	Introduction to Personality	EDPE 208	Personality and Social Development
PSYC 333	Personality and Social Psychology	EDPE 377	Adolescence and Education
PSYC 337	Introduction: Abnormal Psychology 1	MGCR 222 *	Introduction to Organizational Behaviour
PSYC 338	Introduction: Abnormal Psychology 2	CHLC 351*	Foundations of Health and Social Services
PSYC 410	Special Topics in Neuropsychology	ORGB 380 *	Cross Cultural Management
PSYC 412	Deviations: Child Development	* Sections offered through School of Continuing Studies	
PSCY 471	Human Motivation	SOC1 225	Medicine & Health in Modern Society
PSYC 474	Interpersonal Relationships	SOC1 230	Sociology of Ethnic Relations
ANTH 202	Comparative Cultures	SOC1 309	Health & Illness
ANTH 206	Environment and Culture	SOC1 310	Sociology of Mental Disease
ANTH 227	Medical Anthropology	SOC1 390	Gender & Health
			OR ANY SOCIOLOGY COURSE

#### **\*\* Kinesiology (EDKP COURSES)**

Spaces are EXTREMELY limited; there are no specific spots reserved for OT students.

If you are able to register, go ahead. Otherwise you need to wait to determine if the Kinesiology department will open a Minerva waitlist section for the course. If so, this will be confirmed on Minerva and **not** by contacting the Kinesiology Department.

<http://www.mcgill.ca/students/courses/add/waitlisting/>