

## OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY

**Credits:** 3

**Prerequisites:** Successful completion of OCC1 545  
Therapeutic Strategies in OT1  
POTH 563 Foundations of Professional Practice and  
OCC1 550 Enabling Human Occupation

**Course Coordinators:**

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**Course Instructors:** Sara Saunders, Heather Lambert, guest lecturers

**Course Structure:** Two 1.5 hour classes per week.

**Calendar Course Description:** The theory, principles of treatment, clinical reasoning and therapeutic use of activities in the OT intervention of chronic health conditions.

**Expanded Course Description:** The focus of the course will be on the occupational therapy intervention process for various chronic health conditions. The students will be exposed to the observable clinical features and the occupational therapy assessment and treatment process involved in the management of clients with those conditions. All conditions will also be examined from the perspective of health promotion, disease prevention and interprofessional practice. The conditions which will be covered across the lifespan include respiratory problems, oncology, palliative care and end of life issues, adult and paediatric cardiac conditions, obesity, diabetes, and chronic pain.

**Learning Outcomes:** Upon completion of this course, the student will be expected to be able to:

## Expert in Enabling Occupation

1. Describe the clinical features of the most prevalent chronic health conditions seen in rehabilitation and across the lifespan, in order to be able to analyze the impact of chronic health conditions on the general health and well-being of the individual.
2. Describe the concepts of chronic disease, health promotion, prevention, wellness and determinants of health, in order to be able to analyze the application and relevance of these concepts across the OT process and within all conditions covered.
3. Analyze and describe the impact of these conditions on occupational performance and communicate this impact effectively in writing. (Communicator)
4. Develop and define an occupational therapy assessment plan for various chronic health conditions.
5. Develop a comprehensive and evidence-based treatment program based on the assessment results and chosen theoretical framework. (Scholarly Practitioner)
6. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with these client populations. (Scholarly Practitioner)
7. Describe the importance of collaboration with stakeholders both within and outside of the system to enable self-management of chronic conditions. (Collaborator)

## Change Agent

8. Identify strategies to enable the empowerment of people with chronic conditions to take on the management of their condition. (Enabling Occupation)
9. Identify strategies to advocate on behalf of people with chronic conditions to improve programs and services, and society's acceptance of these conditions. (Enabling Occupation)

**Instructional Methods:** This course will include readings, reading guides, lectures, interactive lecturing, clinical cases and vignettes and small group work. The instructors will not be explicitly lecturing on the pathophysiology of the various conditions, but may review the topics briefly and ask for

student input on those aspects of the conditions. It is the responsibility of the student to acquire this content prior to class through the readings. Students are also expected to find literature in a self-directed manner in order to complement their understanding of the condition, if deemed necessary. The majority of the class will be devoted to the occupational therapy assessment and treatment of those conditions.

**Course Materials:** Each class will have a designated list of readings and class notes. The class notes and readings list will be posted on 'My Courses'.

**Required Texts:**

1. Radomski, V. M. & Trombly Latham, C. (2014). *Occupational Therapy for Physical Dysfunction*, (7<sup>th</sup> edition), Wolters Kluwer

**Recommended Texts:**

1. Townsend, E., & Polatajko, H. (2002). [\*Enabling Occupation: An Occupational Therapy Perspective\*](#). Publication of the Canadian Association of Occupational Therapists.
2. Townsend, E., & Polatajko, H. (2007). [\*Enabling Occupation II: Advancing an Occupational Therapy Vision for Health, Well-being & Justice through Occupation\*](#). Publication of the Canadian Association of Occupational Therapists
3. Publication Manual of the American Psychological Association, Sixth Edition

**Copyright of course materials:** Instructor generated course materials (e.g., handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

**Student Assignment and Evaluation:** To be announced and explained during the first lecture of the course.

**Special Requirements for Course Completion and Program Continuation:** For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. For QY students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations. This course falls under the regulations

concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion.

**Plagiarism/Academic Integrity:** [Amended by Senate on April 17, 2013]: McGill University values academic integrity. Therefore all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the [Code of Student Conduct and Disciplinary Procedures](#).

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le [Code de conduite de l'étudiant et des procédures disciplinaires](#).

**Right to submit in English or French written work that is to be graded:** In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).

**Attendance:** Attendance in classes is expected. It is the responsibility of each student to attend classes prepared and to be actively involved. The materials covered in class will be subject to evaluation.

**Consequences of not completing assignments as requested:** Assignments not completed on time will be penalized accordingly. In the event that an assignment cannot be submitted on its due date, students must make arrangements with the instructor before this date.

**Disability:** If you have a disability please contact the instructor to arrange a time to discuss your situation. It would be helpful if you contact the [Office for Students with Disabilities](#) at 514-398-6009 before you do this.

**Dress Code:** Professionalism with respect to dressing is encouraged throughout the course of the semester. The assignments that require a group presentation will be evaluated on presentation and professionalism both with respect to style and dress code. It is each student's responsibility to have appropriate attire during all class assignments and learning activities.

**Diversity Statement:** The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

**Technology in Class:** Your respectful attentive presence is expected, therefore while you are permitted to use your laptop in class, it is understood that you will not be using your laptop or cell-phone for social purposes during class time. Your cell phone should be on silence during class time and phone calls should only take place during the break or after class.

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**