

PHTH 622 INTEGRATED PAIN MANAGEMENT

Credits: 2

Prerequisites: Successful completion of all U3/qualifying year courses including Clinical Affiliation requirements

Course Coordinator: Timothy Wideman, BSc PT, PhD
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Course Description: Biopsychosocial approaches to the physical therapy management of pain and disability.

Course Structure: This lecture/seminar course takes place in the winter term, three (3) hours per week once a week for 9 weeks. Students will attend lectures, participate in problem-solving discussion and case study analysis.

Course Material: The required readings will be provided with the lecture material on the course website

Learning Outcomes:

On completion of this course, the student will:

a. Expert

a. Develop and apply a conceptual framework for understanding pain and pain-related disability

b. Expert (and, if possible, Communicator)

a. Understand and apply pain assessment strategies

b. Understand and apply treatment strategies for managing pain and pain-related disability

c. Apply management principles to patients with different pain conditions, such as fibromyalgia and neuropathic pain

c. Collaborator

a. Understand the role of the physical therapist, and other health professionals, in managing the patient in pain

Instructional Methods: The instructional approaches used in this class include lectures, self reflection, literature readings, case studies, cooperative learning, group activities, and group projects.

Assessment

Self-reflection assignments	20%
Quizzes	20%
Final exam	60%

Special Requirements for Course Completion and Program Continuation: In order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to Section 7.4, Student Evaluation and Promotion, pages 136 to 140 of the 2006/2007 McGill University Health Sciences Calendar for information on University regulations regarding final examinations and supplemental.

Dress Code: Appropriate for a professional.

Attendance: Students are required to attend all scheduled classes. Students who miss any required professional workshop without prior approval, will receive 0 for that workshop in the course. This rule applies to all required workshops. Consequences of not completing assignments as requested: An individual who does not complete a required assignment and who does not have a university recognized reason for deferral will receive a 0 in that portion of the course. Assignments submitted late will receive a deduction of 2% per day, including week-ends.

Plagiarism/Academic Integrity: McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see www.mcgill.ca/students/srr/honest/ for more information.)

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter le site www.mcgill.ca/students/srr/honest/).

Right to submit in English or French written work that is to be graded:

In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded, except in courses in which acquiring proficiency in a language is one of the objectives.

Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).

"End-of-course evaluations are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. You will be notified by e-mail when the evaluations are available on Mercury, the online course evaluation system. Please note that a minimum number of responses must be received for results to be available to students."

Disability: If you have a disability you may register with the Office for Students with Disabilities at 514-398-6009. You are also welcome to contact the instructor to arrange a time to discuss your situation.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

"Additional policies governing academic issues which affect students can be found in the McGill Charter of Students' Rights

Course Content (by week based on 9 weeks) in Room TBA

Date	Lecture	Topic
Thurs March 5 8:30-11:30	1	What is pain? How is pain processed?
Thurs March 12 8:30-11:30	2	How does pain relate to disability? How is pain managed? How does the management of pain by
Thurs March 19	3	How do we assess the patient in pain?
Thurs March 26 8:30-11:30	4	How do we assess the patient in pain?
Tues March 31 8:30-11:30	5	How do we manage the patient in pain?
Tues April 2 8:30-11:30	6	How do we manage the patient in pain?
Tues April 9	7	Special cases
Tues April 16 8:30-11:30	8	Special cases
Tues April 23 8:30-11:30	9	Wound management