PHTH 571 Physical Therapy Clinical Practicum 1 (Summer 2023)

Credits 6

Prerequisites:

Successful completion of

- PT Ortho Management (PHTH-550)
- Integrated Ortho Management (PHTH-560)
- PT Neuro Rehab (PHTH-551)
- Integrated Neuro Rehab (PHTH-561)
- Cardiorespiratory Rehab (PHTH-552/554)
- Foundations of Professional Practice (POTH-563)

Prerequisites that must be uploaded to MyCourses (e-Clinical/Assignments) by March 1, 2023:

- Confirmation letter from the Wellness Hub nurse as proof of complete immunization status.
 - Students must submit proof of vaccinations to the Wellness Hub student portal by September 30, 2022 https://www.mcgill.ca/wellness-hub/hub-clinical-services/medical-notes-and-immunization-reviews.
- Valid First Aid and CPR course certificate, Level HCP (Health Care Provider) or equivalent.
- Signed confirmation of having read the <u>Faculty of Medicine and Health Sciences Code of Conduct</u>.

Additional prerequisites:

- Solemn Affirmation with the Commissioner of Oaths (completed as part of the winter clinical seminars, upload to e-Clinical, Assignments).
- The equivalent of a compulsory 2-day workshop on Principles for Moving Patients Safely (PDSB) completed in PHTH 563.
- Basic conversational French language proficiency is necessary to complete clinical practica in a timely manner. All sites have French patients. Some sites require documentation to be completed in French.
- If required, mask fitting will be carried out by the clinical site.
- Some sites may require a criminal record check.

Failure to complete any of the above prerequisites may result the delay or cancellation of the clinical practicum.

Instructors:

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Site Clinical Coordinators and Clinical Educators from McGill affiliated clinical institutions provide clinical education support and supervision of students.

Course Description

The first clinical practicum takes place as a full-time presence in the clinic, usually 35 hours per week for 7 weeks, in the summer term of M1. This practicum is the first in a series of four (4) clinical practica, where the student has the opportunity to assess, re-evaluate and treat patients with musculoskeletal, cardiovascular, neurological disorders and complex health conditions across the lifespan (except pediatrics) and in various practice settings. The National Physiotherapy Entry-to-Practice Curriculum Guidelines 2019 (Clinical Education Experiences) is used to guide the selection of clinical practica in order to ensure that students fulfill the national requirements for entry to practice.

Student Learning Objectives

The Student Learning Objectives are based on the <u>Competency Profile for Physiotherapist in Canada 2017</u> which defines each of the seven Domains of practice, their essential competencies and entry to practice milestones. The Minimum Skills, outlined in Part B of <u>The National Physiotherapy Entry-to-Practice Curriculum Guidelines 2019</u>, further define the essential competencies and entry-to-practice milestones. These skills represent the minimum level of performance expected at entry-to-practice. During the clinical practicum, the student will achieve the following entry to practice essential competencies:

Domain 1: Physiotherapy Expertise

Learning objective	Milestone
Employ a client-centered approach	1.1.1-1.1.6
Ensure physical and emotional safety of client	1.2.1-1.2.5
Conduct a client assessment	1.3.1-1.3.7
Establish a diagnosis and prognosis	1.4.1-1.4.6
Develop, implement, monitor and evaluate an intervention plan	1.5.1-1.5.7
Complete or transition care	1.6.1-1.6.4
Plan, deliver and evaluate programs	1.7.1-1.7.4

Domain 2: Communication

Learning objective	Milestone
Use oral and non-verbal communication effectively	2.1.1-2.1.4
Use written communication effectively	2.2.1-2.2.3
Adapt communication approach to context	2.3.1-2.3.5
Use communication tools and technology effectively	2.4.1-2.4.3

Domain 3: Collaboration

Learning objective	Milestone
Promote an integrated approach to client services	3.1.1-3.1.2
Facilitate collaborative relationships	3.2.1-3.2.5
Contribute to effective teamwork	3.3.1-3.3.5
Contribute to conflict resolution	3.4.1-3.4.2

Domain 4: Management

Learning objective	Milestone
Support organizational excellence	4.1.1-4.1.4
Utilize resources efficiently and effectively	4.2.1-4.2.4
Ensure a safe practice environment	4.3.1-4.3.6
Engage in quality improvement activities	4.4.1-4.4.3
Supervise others	4.5.1-4.5.4
Manage practice information safely and effectively	4.6.1-4.6.4

Domain 5: Leadership

Learning objective	Milestone
Champion the health needs of clients	5.1.1-5.1.3
Promote innovation in healthcare	5.2.1-5.2.3
Contribute to leadership in the profession	5.3.1-5.3.3

Domain 6: Scholarship

Learning objective	Milestone
Use an evidence-informed approach in practice	6.1.1-6.1.5
Engage in scholarly inquiry	6.2.1-6.2.6
Integrate self-reflection and external feedback to improve personal practice	6.3.1-6.3.4

Maintain currency with developments relevant to area of practice	6.4.1-6.4.2
Contribute to the learning of others	6.5.1-6.5.4

Domain 7: Professionalism

Learning objective	Milestone
Comply with legal and regulatory requirements	7.1.1-7.1.3
Behave ethically	7.2.1-7.2.3
Embrace social responsibility as a health professional	7.3.1-7.3.2
Act with professional integrity	7.4.1-7.4.7
Maintain personal wellness consistent with the needs of practice	7.5.1-7.5.2

The level of performance expected in acquiring essential competencies and entry-to-practice milestones progresses with each clinical practicum. During the first clinical practicum, a student shall demonstrate a progression in acquiring the essential competencies that reflects a performance progressing from a **beginner level** at the start of the practicum, to that of **advanced beginner or higher** in the last 2 weeks of the practicum. These performance levels are defined by the Canadian Physiotherapy Assessment of Clinical Performance (ACP 2.0) assessment tool. An exceptional student will demonstrate performance at the **intermediate level** or higher. Although a student can be rated at any point on the rating scale, for the first clinical practicum the following are the three most relevant levels of performance:

Beginner Performance

- The student requires close supervision 90-100% of the time managing patients with constant monitoring even with patients with simple conditions.
- The student requires frequent cueing and feedback.
- Performance is inconsistent and clinical reasoning is performed at a very basic level.
- The student is not required to carry a physical therapist's caseload.

Advanced Beginner Performance

- The student requires clinical supervision 75% to 90% of the time managing patients with simple conditions and 100% of the time managing patients with complex conditions.
- The student demonstrates consistency in developing proficiency with simple tasks (e.g. chart review, goniometry, muscle testing and simple interventions).
- The student initiates, but is inconsistent with comprehensive assessments, interventions, and clinical reasoning.
- The student will begin to share a physical therapist's caseload with the clinical educator.

Intermediate Performance

- The student requires clinical supervision less than 50% of the time managing patients with simple conditions and 75% of the time managing patients with complex conditions.
- The student is proficient with simple tasks and is developing the ability to consistently perform comprehensive assessments, interventions, and clinical reasoning.

 The student is capable of maintaining 50% of a full-time physical therapist's caseload.

Instructional Method

Clinical supervision is provided by a Clinical Educator who is a licensed Physical Therapist. Clinical Educators are encouraged to use various models of supervision, including the 2:1 model of supervision (2 students to 1 physical therapist) to enhance clinical reasoning through reciprocal peer coaching.

MyCourses (e-Clinical)

All clinical practica and clinical seminars materials will be housed on the e-Clinical, MyCourses online platform. This platform will also be used for student document submissions and important communications related to clinical practica.

Online Modules

Students must complete seven on-line clinical education learning modules (1 to 7). Upon completing a module, students must download their certificates attesting to their completion and submit to the assignments folders in e-Clinical on MyCourses prior to **March 1st**. The modules are available on-line at: https://www.preceptor.ca/

- o module 1: Preparation and orientation
- o module 2: Anti-oppressive practices
- o module 3: Developing learning objectives
- o module 4: Developing clinical reasoning
- o module 5: Reflective practice
- o module 6: Feedback and evaluation
- o module 7: Successfully navigating conflicts
- o module 8: The virtual practicum (optional)

Clinical Seminars

In preparation for the first clinical practicum, students must attend four mandatory clinical seminars of 2 - 2.5 hours each. These seminars occur in the Fall and Winter terms of U3/QY. Students are also expected to attend a post-practica debriefing seminar in the Fall term of M1. Some clinical seminars may be delivered on the Zoom web-based platform.

Term	Date	Content
U3/QY, Fall Seminar 1 Mandatory	November 2022 (2 hours)	 Understand clinical education program and requirements. Outline essential preparation required prior to clinical practica. Appreciate the clinical site assignment process.
U3/QY, Winter Seminar 2: Mandatory	February 2023 (2.5 hours)	 Completing the clinical practica preferences survey. Key resources for clinical education. Roles/responsibilities.
U3/QY, Winter Seminar 3: Mandatory	March 2023 (2.5 hours)	 Clinical Experience Manual: completing the clinical experience modules. Clinical evaluation: Assessment of Clinical Performance (ACP 2.0).
U3/QY, Winter Seminar 4: Mandatory	March 2023 (2.5 hours)	 Review practicum documents and requirements Giving and receiving feedback & conflict management M1 Student Panel, tips, discussion.
M1, Fall Seminar 5: Mandatory	September 2023 (2.5 hours)	• PHTH 571 & PHTH 572 debrief.

Clinical Practica Dates:

Course Number	Dates	Duration	Credits
Clinical Practicum 1 (PHTH 571)	April 24 th to June 9 th , 2023	7 weeks (35 hrs/week)	6
Clinical Practicum 2 (PHTH 572)	June 12 th to August 25 th , 2023 *flexible start dates	7 weeks (35 hrs/week)	6
Clinical Practicum 3 (PHTH 573)	January 8 th to March 1 st , 2024	8 weeks (35 hrs/week)	7
Clinical Practicum 4 (PHTH 620)	September $3^{\rm rd}$ to October $25^{\rm th}$, 2024	8 weeks (35 hrs/week)	7

The Clinical Practice Sites

The clinical practicum takes place at the McGill University Health Centre (MUHC), other McGill affiliated facilities, such as hospitals, rehabilitation centres, private clinics, and community centres such as Centre Local de Services Communautaires (CLSC), Centre Hospitalier de Soins de Longue Durée (CHSLD), schools, and industry.

Although opportunities for students to complete out of province or international practica exist, the first clinical practicum must be completed within the province of Quebec and preferably within the McGill catchment area.

Course Materials

- 1. MyCourses (e-Clinical): main communication and reference tool for documents required during a clinical practicum.
- 2. Canadian Physiotherapy Assessment of Clinical Performance (ACP 2.0) evaluation tool
- 3. ACP grading resource
- 4. Student Clinical Experience Manual (Module 1)
- 5. McGill Student Name Tag

Required Text

- 1. Principles for Moving Patients Safely. ASSTSAS 2009. This text is required for workshop participation and a reference for all future clinical practica. Available during POTH 563 Foundations of Professional Practice.
- 2. Code of Ethics of physical therapists and physiotherapy technologists, Québec Official Gazette, 2022. Introduced during POTH 563 Foundations of Professional Practice.

Assessments

The Canadian Physiotherapy Assessment of Clinical Performance (ACP 2.0), a competency-based assessment tool is used to determine if a student has attained the expectations for each clinical practicum and ultimately is ready to practice. All learning objectives (and therefore all entry-to-practice milestones) are assessed by the ACP 2.0.

The clinical educator will assess the student's performance at midterm and end of placement using the ACP 2.0. The midterm assessment is a formative assessment and provides the student with insight on their strengths and areas to improve during the second half of the practicum. The clinical educator will assess the student's performance at the end of the practicum, considered is a summative evaluation. The student must also complete a mid-term and final ACP 2.0 self- evaluation which they will share with their clinical educator and will use to inform discussions regarding their progress in the clinical practicum.

Student presentation

Students are expected to present a 45-minute evidence-informed presentation to the clinical staff and students present in the clinical site. The presentation may be case-based or on a specific topic of interest approved by the clinical educator.

Assessment	Timing	% of final grade
ACP 2.0 Clinical Educator Midterm Evaluation	occurs halfway through the practicum	Formative
Student presentation (~45 minutes)	usually occurs in the last 2 weeks of practicum	Assessed as part of the Final Evaluation (competency Scholarly Practitioner)
ACP 2.0 Clinical Educator Final Evaluation	occurs in the last few days of practicum	*100%

Letter grades

The ACCE/AACCEs are responsible for assigning a letter grade to each clinical practicum. The final grade will be calculated according to the ratings assigned by the clinical educator on each item of the ACP final evaluation (see table below), as well as considering the clinical educator's comments regarding student performance for each of the essential competencies, their credit recommendation, and global rating of the student's performance. The ACCE/AACCEs may contact the clinical educator if additional information or clarifications are required.

Calculated grade using the ACP 2.0 rating scale for PHTH 571

Student profile	Criteria defining each student profile based on the rating scale of the ACP 2.0
Credit with exceptional performance - student's overall performance is exceptional and exceeds expectations for a student at that experience level (A).	All 18 items on the ACP are scored at the intermediate level or higher.
Credit with above-average performance - student's overall performance meets the expectations for an average performance. In addition, several competencies indicate performance exceeds the average expectations for the practicum level (A-).	9 or more items are scored at the intermediate level or higher and no item is scored below advanced beginner level.
Credit – student's performance meets expectations for a student at that experience level (B+).	All 18 items are scored at least at the advanced beginner level.
Credit with reservation – student's performance is borderline, demonstrating areas of weakness that may require remediation (B-).	9 or more items are scored at the advanced beginner level or higher. Remaining 9 items are scored below the advanced beginner level.
No Credit – student consistently performs below the expected level and/or demonstrates significant deficits in professionalism, communication, safety or clinical reasoning. Performance does not meet minimal expectations (F).	Greater than 9 items are scored below the advanced beginner level.

In order for a final grade to be entered on Minerva students are required to submit the following documents

- a. The student's ACP 2.0 self-evaluation upload to the clinical education portal.
- b. The student's completed evaluation of fieldwork experience questionnaire found on the clinical education portal.
- c. The student clinical experience module: PHTH 571 Module 1 must be co-signed by the clinical instructor and submitted to MyCourses: e-Clinical, Assignments.

If the student does not submit all above documents, their grade may be withheld until all documents are submitted.

Students receiving a grade of B- will be contacted by the ACCE/AACCEs to discuss performance and to develop a plan to encourage acquisition of essential competencies in subsequent practica.

A failed clinical practicum is investigated by the ACCE/AACCEs with recommendations for remedial work to enhance chances of success in the subsequent, repeated clinical practicum. Please refer to the appropriate sections in the graduate calendars on University regulations regarding final and supplemental examinations. Also, please refer to the SPOT website for the Rules and Regulations for Student Evaluation and Promotion. https://www.mcgill.ca/study/2022-2023/faculties/spot/graduate/gps_spot_evaluation_promotion. Two failed clinical practica may require a student be asked to withdraw from the program.

The ACCE or their delegate has the authority to terminate the clinical course after the midterm evaluation, <u>IF</u> the overall situation or specific student behaviours are judged to be unprofessional, detrimental or unsafe to the clients, student, or staff at a clinical site. Course termination for these reasons will constitute a course failure ('F' grade).

Attendance

Attendance to all clinical seminars is mandatory. During a clinical practicum, **all absences must be made up with additional clinical hours/days**. Absences of more than one day need to be justified with a university-sanctioned reason and supporting documentation. Once a clinical practicum has started it cannot be terminated unless there is a university sanctioned reason (health, religious, high-level sport) and approval from the program director.

Dress Code and Deportment

Students are expected to demonstrate professional behavior, adequate grooming, personal hygiene, and wear appropriate attire at all times.

Professional Code of Conduct is applied during all clinical placements. Specific mention is made of the issue of maintaining client confidentiality.

Additional information and McGill policies

Accessibility

Students who anticipate needing accommodations for clinical placements must communicate with the Academic Coordinator of Clinical Education (ACCE - Crystal Garnett, crystal.garnett@mcgill.ca) at least 4 months prior to the start date for the placement (i.e., no later than the start of the Winter U3/QY term for the first placement in Summer M1). The ACCE will meet with the student to determine the information required by the clinical site. Once the student has provided written consent for this information to be shared, a meeting will be arranged between the student, ACCE, a Student Accessibility and Achievement advisor, and a representative from the clinical site to determine what accommodations can be provided. Students who are registered with Student Accessibility and Achievement but do not anticipate needing accommodations during clinical placements are strongly encouraged to meet with the ACCE to ensure that this decision is based on all relevant information.

No accommodations will be provided without the involvement of Student Accessibility and Achievement.

https://www.mcgill.ca/spot/files/spot/accommodation_information_- pt_2022.pdf

Policy statement: Language of submission

"In accord with McGill University's <u>Charter of Student Rights</u>, students in this course have the right to submit in English or in French written work that is to be graded. This does not apply to courses in which acquiring proficiency in a language is one of the objectives." (Approved by Senate on 21 January 2009)

"Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté, sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue." (Énoncé approuvé par le Sénat le 21 janvier 2009)

Policy statement: Academic integrity

"McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures." (Approved by Senate on 29 January 2003) (See McGill's guide to academic honesty for more information.)

"L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon <u>le Code de conduite de l'étudiant et procédures disciplinaires</u>." (Énoncé approuvé par le Sénat le 29 janvier 2003) (pour de plus amples renseignements, veuillez consulter le guide pour l'honnêteté académique de McGill.)

Copyright of course materials

Instructor generated course materials (e.g., handouts, notes, summaries, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

WELL Office

Students have access to the WELL Office that provides both <u>Academic Support</u> and <u>Wellness Support</u> to learners from the SPOT, ISoN and SCSD. These services include <u>Counselling Appointments</u>, our <u>Wellness Curriculum</u> and a variety of resources designed specifically for McGill Health Professional Learners. See website under: https://www.mcgill.ca/thewelloffice/isonspotscsd

Technology in class/while on clinical integration courses

Respectful attentive presence is expected; therefore, it is understood that laptops or cell phones are not to be used for social purposes during course times. Cell phones are to be on silent and phone calls should only take place during breaks or after course times. During clinical placements, supervisors may permit students to use the cell phones to communicate with them. If cell phones are used to take pictures or videos for intervention purposes, the patient's written consent is required.

Course evaluations

End-of-course evaluations are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. An email notification will be sent when the evaluations are available. Please note that a minimum number of responses must be received for results to be available to students.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

Additional policies governing academic issues which affect students can be found in the Academic Rights and Responsibilities.