

**POTH 638: PROMOTING WELLNESS OF SENIORS****Credits:** 3**Prerequisites:** All the courses from the first term of M1**Instructor:** Patrícia Belchior, PhD**Access to instructor:** Office: H203 (Office hours by appointment)  
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**Course Description:** This course addresses occupational-based approaches, assessments and interventions for older adults. Students will examine the structure and organization of health care delivery for the older adult's clientele and the unique role of Occupational Therapists in this context. Innovative occupation therapy interventions to promote living well in the community will be discussed. The Canadian Model of Client Center Enablement will guide discussions on the acquisition and application of enablement skills with the older adult population.

**Course Structure:** This class will be delivered in person. Classes take place between three and six hours/ week.

**Learning outcomes:**<sup>1</sup> At the completion of the course, the student will be able to:

Expert in enabling occupation

1. Identify the changes that accompany the aging process and describe the contextual factors that interact with the older adult's occupational performance.
2. Analyze the various risk factors that might affect an older adult's occupational performance and their impact in daily life.
3. Identify and explain the existing and developing methods of evaluation and intervention approaches used with the older adult clientele in keeping with evidence-based practice (scholarly practitioner).
4. Apply a client-centered approach in the evaluation and treatment of the older adult clientele to different clinical scenarios (scholarly practitioner).
5. Examine how discrimination and prejudice against older adults may affect interventions.

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<sup>1</sup> Based on the Profile of Occupational Therapy practice in Canada (<https://www.caot.ca/pdfs/2012otprofile.pdf>)

Collaborator

5. Describe the role of the major agents of health care delivery for the older adult clientele and the associated referral processes to the multidisciplinary team.

Change Agent

6. Describe the unique role of O.T. within the various areas of practice with the older adult clientele

Professional.

7. Analyze ethical considerations in the intervention approach to the older adult clientele.

**Course Materials:** Each class will have a designated list of readings and class notes. The class notes and reading list will be posted on *My Courses*.

**Instructional Methods:** This course will include readings, lectures, guest lectures, clinical cases and vignettes, small group discussions and site visits. Students are expected to find literature in a self-directed manner in order to complement their understanding of the various issues covered in class if deemed necessary. The learning outcome in this advanced elective is highly dependent upon student participation and contribution.

### **Student assignments and evaluation:**

The following assignments will be used to evaluate learning.

- In class participation
- Reflective journal
- In class assignments
- Site visit
- Final project

A detailed description of these assignments will be provided on *My Courses* and further explained during the first class.

In order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. This course includes both individual and group evaluation component, a passing grade of B- (65%) is required for each component. In class participation will be evaluated by the instructor and involves active participation and quality contribution to the class and to the development of the course. Remember that participation is not based on quantity but rather on quality of contribution.

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All group work will be monitored carefully, and any evidence of inequitable contribution of team members to the assignments will be evaluated accordingly. All assignments must be produced with a word processor, follow APA guidelines and not surpass the length determined by the instructors.

\*\*\* You may complete assignments in either of the two official languages, however, alternating between French and English within an assignment is not acceptable.

\*\*\* Lateness in submitting assignments will result in a 5% deduction of the total mark per day.

\*\*\* In the event that an assignment cannot be submitted in its due date, students are encouraged to inform the instructor as soon as possible with appropriate justification.

\*\*\* Passing the course is contingent upon submission of all assignments.

**Online Course Evaluations:** Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed in order to facilitate student learning

**Copyright of course material:** “Instructor generated course materials (e.g. handouts, notes, summaries, exam questions) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures”.

**Plagiarism/Academic Integrity:** McGill University and the Faculty of Medicine value academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offenses under the [McGill University Code of Student Conduct and Disciplinary Procedures](#) and the [Faculty of Medicine Code of Conduct](#).

*L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le [Code de conduite de l'étudiant et des procédures disciplinaires](#).*

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**Attendance:** Attendance to classes is mandatory. It is the responsibility of each student to attend classes prepared and be actively involved. Although attendance will not be taken, the materials covered in class will be subject to evaluation. It is common professional courtesy to attend classes scheduled in health care institutions.

**Assessment:** The [Policy on Assessment of Student Learning](#) exists to ensure fair and equitable academic assessment for all students and to protect students from excessive workloads. All students and instructors are encouraged to review this Policy, which addresses multiple aspects and methods of student assessment, e.g. the timing of evaluation due dates and weighting of final examinations.

**Right to submit in English or French written work that is to be graded:** In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

*Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).*

**Accessible Learning Environment:** If you experience barriers to learning in this course, please contact the instructor to arrange a time to discuss your situation. It would be helpful if you contact the [Student Accessibility and Achievement](#) at (514) 398-6009 before you do this.

**Professional Conduct:** Professionalism and accountability are expected throughout the course of the semester. This includes the ongoing respectful nature of teacher student as well as student-student interactions.

**Technology in Class:** Your respectful attentive presence is expected, therefore while you are permitted to use your laptop in class, **it is understood that you will not be using your laptop or cell phone for social purposes during class time (e.g. email, MSN, SMS)**. Your cell phone should be on silence during class time and phone calls should only take place during the break or after class.

**Dress Code:** Professionalism with respect to dressing is encouraged throughout the course of the semester especially while on site visits.

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**

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