



## OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY

**Credits:** 3

**Prerequisites:** Successful completion of:  
OCC1 545 Therapeutic Strategies in OT1  
POTH 563 Foundations of Professional Practice and  
OCC1 550 Enabling Human Occupation

**Course Coordinators:**

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**Course Instructors:**

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Communication plan: Please consult MyCourses on the first week of class for each instructor's availability and preferences for setting up meetings.

**Course Structure:** Two 1.5 - 2-hour classes per week. Lectures are 1.5 hrs and Professional Reasoning Seminars (PRS) are 2 hrs long.

**Calendar Course Description:** This course covers the theory, assessment processes, treatment design, clinical reasoning, and therapeutic use of activities associated with the OT intervention of individuals experiencing chronic health conditions.

**Learning Outcomes:** Upon completion of this course, the student is expected to be able to:

1. Analyze the impact of chronic health conditions on the general health and well-being of the individual. (OT competency A2.1, A2.2, A2.4)

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2. Analyze the concepts of chronic disease, health promotion, prevention, wellness and determinants of health across the OT process and with all conditions covered. (OT competency A2.1, A2.2, A2.3, A2.4)
3. Analyze a person's occupational participation taking into account the impact of their condition, context, perspectives and opportunities. (OT competency A2.2., A2.3, A4.3, A4.4).
4. Create an occupational therapy assessment plan for various chronic health conditions. (OT competency A4.2 – A4.5, A5.1)
5. Co-create with the person, a comprehensive and evidence-based treatment program based on their perspectives, opportunities and context, as well as the assessment results and chosen theoretical framework. (OT competency A2.1, A2.2, A5, B1.1, C3.1, C3.2, D3.4)
6. Communicate OT assessment findings, analysis, and intervention plans clearly in report-style writing. (OT competency A4.6, B1.1, B2.1)
7. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with persons of diverse health conditions. (OT competency A6.3, D3.3)
8. Identify the best ways to collaborate with interested parties within and outside of different system(s), to contribute to a person's self-management of their chronic condition(s). (OT competency B3.3-B3.5)
9. Interpret the influence of the historical context of understandings and practices of culture and healing (one's own and others) on a person's experiences of health care and engagement in OT. (OT competency C1.2, C2.1)
10. Develop an understanding of Indigenous traditional knowledge and healing in health care. (OT competency C2.4)
11. Engage in self-awareness of one's own biases and perception in order to develop collaborative relationships with clients. (OT competency C2.2)
12. Prepare written documentation reflective of growing competence in both professional and scientific communications. (OT competency B1.1)

**Course content:** The focus of the course will be on the occupational therapy process as applied to the functional challenges imposed by chronic illness, using specific conditions as models. The students will be exposed to the occupational therapy process involved in the

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collaborative management of clients with these conditions. All conditions will be examined from the perspectives of enhancing self-management, health promotion, disease prevention and interprofessional practice.

### Course Guidelines on Participation, Format and Activities

**Instructional Methods and Expectations:** Preparatory activities for in-class activities are on a flexible (i.e. student-determined) schedule and will include readings, videos, podcasts, and pre-recorded lectures. Material necessary for the preparatory activities will be uploaded to MyCourses no later than 72 hours before a class.

In-class activities at the fixed class times will include small group activities, discussion of clinical cases, seminars, and guest lecturer presentations.

Some weeks may have exceptions to the published schedule on Minerva due to special events (i.e., longhouse visit). Please consult the class schedule for the week-by-week breakdown of class times.

All other course work (e.g. preparatory activities other than pre-recordings, assignments, studying) is estimated to require 78 hours/term (approx. 2 hours/week per credit) as per University guidelines. However, the actual time required may vary according to each individual's work efficiency.

The instructors will not be explicitly lecturing on the pathophysiology of the various conditions, and may or may not review the topics briefly. It is the student's responsibility to acquire content on pathophysiology through the readings prior to class. Students are also expected to find literature in a self-directed manner to complement their understanding of the various chronic health conditions presented in this course.

**Expectations for Student Participation:** It is expected that students participate, to the best of their ability, in large- and small-group class activities. It is also expected that you contribute to the MyCourses Discussion Board, or any other feature being used by the instructors to address your questions and comments. Your participation will greatly enhance the value of the live sessions and your overall learning.

**Technology in Class:** Your respectful attention is expected, therefore it is understood that you will not be using your laptop, tablet or cell phone for social purposes. Use of

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technological devices is encouraged insofar as their use is related to classroom content and does not disrupt the teaching and learning process.

**Recording privacy:** We will notify you if part of a class is being recorded. By remaining in classes that are recorded, you agree to the recording, and you understand that your image, voice, and name may be disclosed to classmates. You also understand that recordings will be made available in myCourses to students registered in the course. Please consult us if you have concerns about privacy and we can discuss possible measures that can be taken.

### Course Materials

**Course Materials:** Each class session may have a designated list of pre-recorded lectures, videos, podcasts, readings, and other supplementary material as needed. These will be posted on My Courses a minimum of 3 days prior to the relevant class. It is the responsibility of the student to complete all assigned course activities prior to the lectures.

**Copyright of course materials:** © Instructor generated course materials (e.g., recordings, handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

### Assignments and Evaluation

**Student Assignment and Evaluation:** All assignments must follow the posted assignment guidelines and not surpass the length determined by the instructors. Grades are based on:

- 1) a term paper (pair – 30%)
- 2) the preparation (group - 10%) and presentation (group - 15%) of a treatment activity for an assigned condition
- 3) self and peer review evaluations (2.5%)
- 4) a SOAP note (individual – 35%)
- 5) Quiz (2.5%)

*Note that the proportions for the student assignments and evaluations may change slightly. A revised and detailed breakdown of assignments with their due dates will be provided on the first day of class.*

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**Consequences of not completing assignments as requested:** Papers must be submitted before the date and time specified on the course schedule. Late submissions will be penalized 1 mark of the total per day or part thereof, including weekends. Requests for an extension must be accompanied by a medical note or other documentation of exigent circumstances. A request for extra time that can be anticipated (e.g. due to a learning difficulty or ongoing illness) must be requested in advance through the Student Accessibility and Achievement office.

**Assessment:** The [Policy on Assessment of Student Learning](#) exists to ensure fair and equitable academic assessment for all students and to protect students from excessive workloads. All students and instructors are encouraged to review this Policy, which addresses multiple aspects and methods of student assessment, e.g. the timing of evaluation due dates and weighting of final examinations.

**Plagiarism/Academic Integrity:** McGill University and the Faculty of Medicine and Health Sciences value academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the [McGill University Code of Student Conduct and Disciplinary Procedures](#) and the [Faculty of Medicine and Health Sciences Code of Conduct](#)

*L'université McGill et Faculté de Médecine et des Sciences de la Santé attachent une haute importance à l'honnêteté académique. Ils incombent par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le [Université de McGill Code de conduite de l'étudiant et des procédures disciplinaires](#) et [Faculté de médecine et des sciences de la santé](#).*

**Language of submission:** “In accord with McGill University’s [Charter of Students’ Rights](#), students in this course have the right to submit in English or in French written work that is to be graded. This does not apply to courses in which acquiring proficiency in a language is one of the objectives.” (Approved by Senate on 21 January 2009)

« Conformément à la [Charte des droits de l'étudiant](#) de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté, sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue. » (Énoncé approuvé par le Sénat le 21 janvier 2009)

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**Special Requirements for Course Completion and Program Continuation:** For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. For QY students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations. This course falls under the regulations concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Occupational Therapy Course Guides.

#### Other Guidelines

**Inclusive environment:** Instructors of this course endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, please do not hesitate to discuss them with the instructors and the [Student Accessibility and Achievement office](#) (514-398-6009). Students must contact and register with the Student Accessibility and Achievement office at (514) 398-6009 before receiving accommodations for assignments or examinations.

**Mercury course evaluations:** [Mercury course evaluations](#) are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. You will be notified by e-mail when the evaluations are available. Please note that a minimum number of responses must be received for results to be available to students.

**Diversity Statement:** The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**

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