

OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY

Credits: 3

Prerequisites: Successful completion of:
OCC1 545 Therapeutic Strategies in OT1
POTH 563 Foundations of Professional Practice and
OCC1 550 Enabling Human Occupation

Course Coordinators:

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Course Instructors:

Heather Lambert (contact information above)

Susanne Mak
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Communication plan: Please consult MyCourses on the first week of class for each instructor's availability and preferences for setting up meetings.

Course Structure: Two 2-hour classes per week.

Calendar Course Description: This course covers the theory, assessment processes, treatment design, clinical reasoning, and therapeutic use of activities associated with the OT intervention of individuals experiencing chronic health conditions.

Learning Outcomes: Upon completion of this course, the student is expected to be able to:

Expert in Enabling Occupation

1. Analyze the impact of chronic health conditions on the general health and well-being of the individual.

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2. Analyze the concepts of chronic disease, health promotion, prevention, wellness and determinants of health across the OT process and with all conditions covered.
3. Analyze the impact of these conditions on occupational performance and communicate this impact effectively in writing. (Communicator)
4. Create an occupational therapy assessment plan for various chronic health conditions.
5. Develop a comprehensive and evidence-based treatment program based on the assessment results and chosen theoretical framework. (Scholarly Practitioner)
6. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with these client populations. (Scholarly Practitioner)
7. Critique the importance of collaboration with stakeholders both within and outside of the system to enable self-management of chronic conditions. (Collaborator)

Change Agent

8. Develop strategies to enable the empowerment of individuals with chronic conditions to take on the management of their condition. (Enabling Occupation)
9. Develop strategies to advocate on behalf of individuals with chronic conditions to improve programs and services, and society's acceptance of these conditions. (Enabling Occupation)

Scholarly Practitioner

10. Prepare written documentation reflective of growing competence in both professional and scientific communications.

Course content: The focus of the course will be on the occupational therapy process as applied to the functional limitations imposed by chronic illness, using specific conditions as models. The students will be exposed to the occupational therapy process involved in the management of clients with these conditions. All conditions will be examined from the perspectives of health promotion, disease prevention and interprofessional practice.

Message from Instructors regarding Remote Delivery: The 548 instructors and guest lecturers recognize the challenges that students may be experiencing due to the pandemic. As a group, we are committed to fostering a supportive and inclusive learning environment, and we have refined the course content and delivery methods with the possibility of returning to online learning or a hybrid format in mind. If you encounter

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difficulties with any aspect of this course, please do not hesitate to contact us so we can work together to address the situation. We also encourage you to take advantage of the many teaching and learning resources available at McGill, including but not limited to [Student-specific Guidelines for Remote Teaching and Learning](#) and [Remote Learning Resources](#).

Course Guidelines on Participation, Format and Activities

Instructional Methods: All course materials will be posted on MyCourses no later than 72 hours before each class. In the Winter 2022 term, lectures will be given in pre-recorded format and in-class time will comprise activities to consolidate this material such as small group activities, discussion of clinical cases, seminars, and client visits. Synchronous class times, whether in person or online, will begin at the time designated on the course schedule, regardless of the expected duration of the session, and will be no longer than 2 hours twice weekly. Two exceptions to this schedule will occur due to special events (longhouse visit, combined session with M1 students), and these will be clearly indicated on the schedule posted on MyCourses.

All other course work (assignments, required readings/videos exclusive of lecture pre-recordings, studying) is estimated to require 78 hours/term (approx. 2 hours/week per credit) as per University guidelines. However, the actual time required may vary according to each individual's work efficiency.

Please note that the instructors will not be explicitly lecturing on the pathophysiology of the various conditions, and may or may not review the topics briefly. It is the student's responsibility to acquire content on pathophysiology through the readings prior to class. Students are also expected to find literature in a self-directed manner to complement their understanding of the various chronic health conditions presented in this course.

Expectations for Student Participation: It is expected that students participate, to the best of their ability, in large- and small-group class activities. For online sessions, this can be done through either audio or chat functions in Zoom if bandwidth is insufficient to allow video functions. It is also expected that you will contribute to the MyCourses Discussion Board, or any other feature being used by the instructors to address your questions and comments. Your participation will greatly enhance the value of the live sessions and your overall learning.

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Technology in Class: Your respectful attention is expected, therefore it is understood that you will not be using your laptop or cell phone, or the Zoom chat function, for purposes other than those needed for the course during live sessions. If possible given your local bandwidth, your video on Zoom should also be on.

Use of Polling: Polling will be used in this course to enhance engagement and increase interaction among students and instructors. During a class with polling questions, you will respond to questions from the instructor from a personal device (smartphone, tablet, or laptop). Students should come to the class session with their devices charged and [connected to the Internet](#). Polling is available through www.mcgill.ca/polling. You are expected to follow the instructions below:

- To participate in Polling sessions, you **MUST** first register for an account by clicking on **Register Your Account** at www.mcgill.ca/polling and logging in with your McGill username and password. Follow the prompts to agree to the terms of use and create your account. For more information, please visit the **Getting Started for Students** section at www.mcgill.ca/polling.
- For any technical problems with polling, please contact the IT Service Desk: <http://www.mcgill.ca/it/get-started-it/need-help>.
- If you do not have a phone, tablet, or laptop to use to respond to polling questions, please contact the instructor immediately in order for appropriate arrangements to be made.
- To maintain a safe and respectful classroom environment, please ensure that any polling responses you submit are appropriate and relevant to the question asked. Please note that unless the poll is labelled as anonymous, your responses are identifiable to the instructor. Please see the [Code of Student Conduct and Disciplinary Procedures](#).

Session Recordings: Class sessions will be recorded through McGill's Lecture Recording system as available. For live sessions, student voices may or may not be captured and video is limited to the projector. For online sessions, you will be notified through a 'pop-up' box in Zoom if a lecture or portion of a class is being recorded. By remaining in sessions that are recorded, you agree to the recording, and you understand that your image, voice, and name may be disclosed to classmates. You also agree that recordings will be made

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available in myCourses to students registered in the course. If you are not comfortable being in a class that is recorded, you may decide to not take part by logging off Zoom. Lecture recordings of any kind will be available on myCourses on the Lecture Recording tab.

Course Materials

Course Materials: Each class session will have a designated list of prerecorded lectures, readings, and other supplementary material as needed. These will be posted on My Courses a minimum of 3 days prior to the relevant class. It is the responsibility of the student to complete all assigned course activities prior to the lectures.

Copyright of course materials: Instructor generated course materials (e.g., recordings, handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

Assignments and Evaluation

Student Assignment and Evaluation: All assignments must follow the posted assignment guidelines and not surpass the length determined by the instructors. Grades are based on a term paper (pair – 30%), the preparation (group - 15%) and presentation (group - 15%) of a treatment activity for an assigned condition, and a final take home exam (individual – 40%). **A detailed breakdown of assignments and their due dates will be provided on the first day of class.**

Consequences of not completing assignments as requested: Papers must be submitted before the date and time specified on the course schedule. Late submissions will be penalized 1 mark of the total per day or part thereof, including weekends. Requests for an extension must be accompanied by a medical note or other documentation of exigent circumstances. A request for extra time that can be anticipated (e.g. due to a learning difficulty or ongoing illness) must be requested in advance through the Office for Students with Disabilities.

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Plagiarism/Academic Integrity: McGill University and the Faculty of Medicine and Health Sciences value academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the [McGill University Code of Student Conduct and Disciplinary Procedures](#) and the [Faculty of Medicine and Health Sciences Code of Conduct](#)

L'université McGill et Faculte de Medecine et des Sciences de la Sante attachent une haute importance à l'honnêteté académique. Ils incombent par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le [Université de McGill Code de conduite de l'étudiant et des procédures disciplinaires](#) et [Faculté de médecine et des sciences de la santé](#).

Right to submit in English or French written work that is to be graded: In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté.

Special Requirements for Course Completion and Program Continuation: For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. For QY students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations. This course falls under the regulations concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Occupational Therapy Course Guides.

Other Guidelines

Inclusive environment: Instructors of this course endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, please do not hesitate to discuss them with the instructors and the [Office for Students with Disabilities](#) (514-398-6009). Students must contact and register with the Office for

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Students with Disabilities at (514) 398-6009 before receiving accommodations for assignments or examinations.

Online Course Evaluations: Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed to facilitate student learning.

Diversity Statement: The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

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