

OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY

Credits: 3

Prerequisites: Successful completion of:
OCC1 545 Therapeutic Strategies in OT1
POTH 563 Foundations of Professional Practice and
OCC1 550 Enabling Human Occupation

Course Coordinators:

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Course Instructors:

Heather Lambert (contact information above)

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Course Structure: Two 1.5 hour classes per week.

Calendar Course Description: This course covers the theory, assessment processes, treatment design, clinical reasoning, and therapeutic use of activities associated with OT intervention of individuals experiencing chronic health conditions.

Learning Outcomes: Upon completion of this course, the student will be expected to be able to:

Expert in Enabling Occupation

1. Analyze the impact of chronic health conditions on the general health and well-being of the individual.

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2. Analyze the concepts of chronic disease, health promotion, prevention, wellness and determinants of health across the OT process and with all conditions covered.
3. Analyze the impact of these conditions on occupational performance and communicate this impact effectively in writing. (Communicator)
4. Create an occupational therapy assessment plan for various chronic health conditions.
5. Develop a comprehensive and evidence-based treatment program based on the assessment results and chosen theoretical framework. (Scholarly Practitioner)
6. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with these client populations. (Scholarly Practitioner)
7. Critique the importance of collaboration with stakeholders both within and outside of the system to enable self-management of chronic conditions. (Collaborator)

Change Agent

8. Develop strategies to enable the empowerment of individuals with chronic conditions to take on the management of their condition. (Enabling Occupation)
9. Develop strategies to advocate on behalf of individuals with chronic conditions to improve programs and services, and society's acceptance of these conditions. (Enabling Occupation)

Scholarly Practitioner

10. Prepare written documentation reflective of growing competence in both professional and scientific communications.

Course content: The focus of the course will be on the occupational therapy process as applied to individuals experiencing various chronic health conditions. The students will be exposed to the observable clinical features and the occupational therapy assessment and treatment process involved in the management of clients with these various chronic health conditions. All conditions will be examined from the perspectives of health promotion, disease prevention and interprofessional practice. The conditions which will be covered across the lifespan include: respiratory problems, oncology, palliative care and end of life issues, cardiac conditions, diabetes, obesity, chronic pain, lupus, and fibromyalgia.

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Message from Instructors regarding Remote Delivery: The 548 instructors and guest lecturers recognize the challenges that students may be experiencing due to the pandemic and the remote learning context. As a group, we are committed to fostering a supportive and inclusive learning environment, and we have refined the course content and delivery methods with that goal in mind. If you encounter difficulties with any aspect of this course, please do not hesitate to contact us so we can work together to address the situation. We also encourage you to take advantage of the many teaching and learning resources available at McGill, including but not limited to [Student-specific Guidelines for Remote Teaching and Learning](#) and [Remote Learning Resources](#).

Course Guidelines on Participation, Format and Activities

Instructional Methods: This course will be delivered remotely for the Winter 2021 term. Preparatory activities for in-class activities are on a flexible (i.e. student-determined) schedule and will include readings and pre-recorded lectures. In class activities at the fixed class times will include: small group activities, discussion of clinical cases, seminars, and client visits.

The instructors will not be explicitly lecturing on the pathophysiology of the various conditions and may or may not review the topics briefly. It is the student's responsibility to acquire content on pathophysiology through the readings prior to class. Students are also expected to find literature in a self-directed manner to complement their understanding of the various chronic health conditions presented in this course.

Expectations for Student Participation: It is expected that students participate, to the best of their ability, in large- and small-group class activities. This can be done through either audio or chat functions in Zoom. It is also expected that you contribute to the MyCourses Discussion Board, or any other feature being used by the instructors to address your questions and comments. Your participation will greatly enhance the value of the review sessions and your overall learning.

Technology in Class: Your respectful attention is expected during class sessions, therefore it is understood that you will not be using your laptop or cell phone for social purposes during this time (e.g. email, msn, sms, social media). If possible given your local bandwidth, your video on Zoom should also be on. Your cell phone should be on silent during class time and phone calls should only take place during the break or after class.

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Use of Polling: Polling will be used in this course to enhance engagement and increase interaction among students and instructors. During a class with polling questions, you will respond to questions from the instructor from a personal device (smartphone, tablet, or laptop). Students should come to the class session with their devices charged and [connected to the Internet](#). Polling is available through www.mcgill.ca/polling. You are expected to follow the instructions below:

- To participate in Polling sessions, you **MUST** first register for an account by clicking on **Register Your Account** at www.mcgill.ca/polling and logging in with your McGill username and password. Follow the prompts to agree to the terms of use and create your account. For more information, please visit the **Getting Started for Students** section at www.mcgill.ca/polling.
- For any technical problems with polling, please contact the IT Service Desk: <http://www.mcgill.ca/it/get-started-it/need-help>.
- If you do not have a phone, tablet, or laptop to use to respond to polling questions, please contact the instructor immediately in order for appropriate arrangements to be made.
- To maintain a safe and respectful classroom environment, please ensure that any polling responses you submit are appropriate and relevant to the question asked. Please note that unless the poll is labelled as anonymous, your responses are identifiable to the instructor. Please see the [Code of Student Conduct and Disciplinary Procedures](#).

Session Recordings: Please read the [Guidelines on Remote Teaching and Learning](#). You will be notified through a 'pop-up' box in Zoom if a lecture or portion of a class is being recorded. By remaining in sessions that are recorded, you agree to the recording, and you understand that your image, voice, and name may be disclosed to classmates. You also agree that recordings will be made available in myCourses to students registered in the course. If you are not comfortable being in a class that is recorded, you may decide to not take part by logging off Zoom. Instructors will make class video recordings available in myCourses so that students who log off will be able to later watch the recording.

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Course Materials

Course Materials: Each class session will have a designated list of readings, prerecorded lectures, and other supplementary material as needed. This will be posted on My Courses a minimum of 3 days prior to the relevant class. It is the responsibility of the student to complete all assigned course activities prior to the lectures.

Recommended Texts:

1. Radomski, V. M. & Trombly Latham, C. (2014). *Occupational Therapy for Physical Dysfunction*, (7th edition), Wolters Kluwer
2. Publication Manual of the American Psychological Association, 6th Edition (see summary at [Owl Purdue Online Writing Lab](#))
3. Townsend, E., & Polatajko, H. (2007). *Enabling Occupation II: Advancing an Occupational Therapy Vision for Health, Well-being & Justice through Occupation*. Publication of the Canadian Association of Occupational Therapists

Copyright of course materials: Instructor generated course materials (e.g., recordings, handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

Assignments and Evaluation

Student Assignment and Evaluation: All assignments must follow APA guidelines and not surpass the length determined by the instructors. Grades are based on preparatory activities (individual – 10%), a term paper (individual – 30%), preparation (group - 15%) and presentation (group - 15%) of a treatment activity for an assigned condition, and a final exam (individual – 30%). **A detailed breakdown of assignments and their due dates will be provided on the first day of class.**

Consequences of not completing assignments as requested: Papers must be submitted before the date and time specified on the course schedule. Late submissions will be penalized 1 mark of the total per day or part thereof, including weekends. Requests for an extension must be accompanied by a medical note or other documentation of exigent circumstances. A request for extra time that can be anticipated (e.g. due to a learning difficulty or ongoing illness) must be requested in advance through the Office for Students with Disabilities.

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Plagiarism/Academic Integrity: McGill University and the Faculty of Medicine value academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the McGill University Code of Student Conduct and Disciplinary Procedures and the Faculty of Medicine Code of Conduct.

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires.

Right to submit in English or French written work that is to be graded: In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).

Special Requirements for Course Completion and Program Continuation: For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. For QY students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations. This course falls under the regulations concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Occupational Therapy Course Guides.

Other Guidelines

Disability: Instructors of this course endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, please do not hesitate to discuss them with us and the Office for Students with Disabilities (514-398-6009). Students must contact and register with the Office for Students with Disabilities at (514) 398-6009 before receiving accommodations for assignments or examinations.

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Online Course Evaluations: Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed to facilitate student learning.

Diversity Statement: The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

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