

## OCC1 548 HOLISTIC APPROACHES IN OCCUPATIONAL THERAPY

**Credits:** 3

**Prerequisites:** Successful completion of:  
OCC1 545 Therapeutic Strategies in OT1  
POTH 563 Foundations of Professional Practice and  
OCC1 550 Enabling Human Occupation

**Course Coordinators:**

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**Course Instructors:**

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**Course Structure:** Two 1.5 hour classes per week.

**Calendar Course Description:** This course covers the theory, assessment processes, treatment design, clinical reasoning, and therapeutic use of activities associated with OT intervention of individuals experiencing chronic health conditions.

**Learning Outcomes:** Upon completion of this course, the student will be expected to be able to:

Expert in Enabling Occupation

1. Analyze the impact of chronic health conditions on the general health and well-being of the individual.
2. Analyze the concepts of chronic disease, health promotion, prevention, wellness and determinants of health across the OT process and with all conditions covered.

3. Analyze the impact of these conditions on occupational performance and communicate this impact effectively in writing. (Communicator)
4. Create an occupational therapy assessment plan for various chronic health conditions.
5. Develop a comprehensive and evidence-based treatment program based on the assessment results and chosen theoretical framework. (Scholarly Practitioner)
6. Evaluate the effectiveness of assessment and treatment approaches generally used in OT with these client populations. (Scholarly Practitioner)
7. Critique the importance of collaboration with stakeholders both within and outside of the system to enable self-management of chronic conditions. (Collaborator)

#### Change Agent

8. Develop strategies to enable the empowerment of individuals with chronic conditions to take on the management of their condition. (Enabling Occupation)
9. Develop strategies to advocate on behalf of individuals with chronic conditions to improve programs and services, and society's acceptance of these conditions. (Enabling Occupation)

#### Scholarly Practitioner

10. Prepare written documentation reflective of growing competence in both professional and scientific communications.

**Course content:** The focus of the course will be on the occupational therapy process as applied to individuals experiencing various chronic health conditions. The students will be exposed to the observable clinical features and the occupational therapy assessment and treatment process involved in the management of clients with these various chronic health conditions. All conditions will be examined from the perspectives of health promotion, disease prevention and interprofessional practice. The conditions which will be covered across the lifespan include: respiratory problems, oncology, palliative care and end of life issues, cardiac conditions, diabetes, obesity, chronic pain, lupus, and fibromyalgia.

**Instructional Methods:** This course will include readings, lectures, clinical cases, seminars and client visits. The instructors will not be explicitly lecturing on the pathophysiology of the various conditions, and may or may

not review the topics briefly. It is the student's responsibility to acquire this content on pathophysiology through the readings prior to class, and to complete any corresponding online assignments. Students are also expected to find literature in a self-directed manner to complement their understanding of the various chronic health conditions presented in this course. The seminar portion of each class will be devoted to the occupational therapy assessment and treatment of those conditions.

**Course Materials:** Each class will have a designated list of readings and class notes. The class notes and readings list will be posted on My Courses. It is the responsibility of the student to read all assigned course materials prior to the lectures and to complete all of the preparatory online quizzes.

**Required Texts:**

1. Radomski, V. M. & Trombly Latham, C. (2014). *Occupational Therapy for Physical Dysfunction*, (7<sup>th</sup> edition), Wolters Kluwer

**Recommended Texts:**

1. Publication Manual of the American Psychological Association, 6th Edition (see summary at [Owl Purdue Online Writing Lab](#))
2. Townsend, E., & Polatajko, H. (2007). *Enabling Occupation II: Advancing an Occupational Therapy Vision for Health, Well-being & Justice through Occupation*. Publication of the Canadian Association of Occupational Therapists

**Copyright of course materials:** Instructor generated course materials (e.g., handouts, notes, summaries, exam questions, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructor. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

**Student Assignment and Evaluation:** All assignments must follow APA guidelines and not surpass the length determined by the instructors. Grades are based on preparatory activities (individual – 10%), a term paper (individual – 30%), preparation (group - 15%) and presentation (group - 15%) of a treatment activity, and a final exam (individual – 30%). **A detailed breakdown of assignments and their due dates will be provided on the first day of class.**

**Consequences of not completing assignments as requested:** Papers must be submitted **before 11:59 p.m. on the due date**. Late submissions will be penalized 1 mark of the total per day or part thereof, including weekends. Requests for an extension must be accompanied by a medical note. A request for extra time that can be anticipated (e.g. due to a learning difficulty or ongoing illness) must be requested in advance through the Office for Students with Disabilities.

**Special Requirements for Course Completion and Program Continuation:** For U3 students, in order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. For QY students, in order to pass the course, a grade of at least B- (65%) must be obtained as a total course mark. Please refer to the appropriate sections in both undergraduate and graduate calendars on University regulations regarding final and supplemental examinations. This course falls under the regulations concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Occupational Therapy Course Guides.

**Plagiarism/Academic Integrity:** McGill University and the Faculty of Medicine value academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the [McGill University Code of Student Conduct and Disciplinary Procedures](#) and the [Faculty of Medicine Code of Conduct](#).

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le [Code de conduite de l'étudiant et des procédures disciplinaires](#).

**Right to submit in English or French written work that is to be graded:** In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).

**Attendance:** Students are expected to attend classes. It is the responsibility of each student to attend classes prepared and be actively involved. Although attendance will not be taken at lectures, the materials covered in class will be subject to evaluation. Attendance at seminars is mandatory and attendance will be taken. It is common professional courtesy to attend classes given by guest health care professionals and clients.

**Disability:** Instructors of this course endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, please do not hesitate to discuss them with us and the [Office for Students with Disabilities](#) (514-398-6009). Students must contact the Office for Students with Disabilities at (514) 398-6009, and register with the office, before receiving accommodations for assignments or examinations.

**Online Course Evaluations:** Students are strongly encouraged to complete the online course evaluations at the end of the term. Data obtained from these evaluations are used to provide instructors with feedback as well as for identifying situations where a course or instructor needs assistance. The feedback and suggestions contained in the responses are highly valued and helpful in ensuring that instructors make appropriate changes to courses as needed to facilitate student learning.

**Diversity Statement:** The Occupational Therapy Program recognizes our responsibility to foster a learning environment where students and instructors can engage in dialogue and exchange ideas without being made to feel unwelcome or disrespected in view of their identity or beliefs. The Program intends that the instructional design of all courses minimize any barriers to participation, particularly barriers based on age, biological sex, disability, gender identity or expression, indigenous ancestry, linguistic and cultural background, race/ethnicity, religion, sexual orientation, political views/opinions/ideologies, and any other aspect integral to one's personhood. We therefore recognize our responsibility, both individual and collective, to strive to establish and maintain a respectful environment that is free from discrimination.

**Technology in Class:** Your respectful attentive presence is expected, therefore while you are permitted to use your laptop in class, it is understood that you will not be using your laptop or mobile device for social purposes during class time. Your mobile device should be on silence during class time and phone calls should only take place during the break or after class.

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous people whose footsteps have marked this territory on which peoples of the world now gather.

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**