

## POTH 250 INTRODUCTION TO PROFESSIONAL PRACTICE II

Credits: 3

### Course coordinators/Instructors:

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**Course overview:** This interdisciplinary course introduces physical and occupational therapy students to the fundamental principles of professionalism within a healthcare context. Students will learn the basic skills necessary for professional communication and interactions within professional healthcare settings. Students will have the opportunity to practice these skills through several hands-on community and on-campus practical activities. The use of reflection as a tool for self-appraisal and critical thinking will be emphasized in this course. Additional concepts covered in this course will include; using evidence to support professional reasoning, promoting cultural safety within a healthcare environment, ethics and ethical considerations in professional practice, professional interactions within an interdisciplinary healthcare team, managing conflict and challenging situations within a professional setting, professional advocacy, and the use of professional touch and massage in rehabilitation.

**Learning outcomes:** With attendance, active participation in classes and labs, and self-directed learning activities, students will develop the following core competencies as they relate to the roles for physiotherapists<sup>1</sup> and occupational therapists<sup>2</sup>:

#### 1. Occupational Therapy Expert /Physiotherapy Expertise

- a) Conduct an effective interview with an individual to obtain information about health, functional abilities, participation, and personal and environmental factors.

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<sup>1</sup> Competency Profile for Physiotherapists in Canada, 2017.

<sup>2</sup> Profile of Occupational Therapy Practice in Canada, 2012.

- b) Select appropriate client-centered leisure activities for individuals and conduct activities with the individual's informed consent.
- c) Apply basic therapeutic touch principles and massage techniques in accordance with the individual's informed consent.

### 2. Communicator/ Communication

- a) Employ effective and professional verbal and nonverbal communication with individuals, peers and educators.
- b) Listen effectively, demonstrate an awareness of self-behaviors, evaluate the responses of others, and adapt communication appropriately.
- c) Provide and receive constructive feedback.
- d) Conduct a professional interview.

### 3. Collaborator/ Collaboration

- a) Establish and maintain collaborative relationships with peers, educators and individuals from the community.
- b) Demonstrate an understanding of and a respect for the differing perspectives of others during collaborative activities.

### 4. Change agent/ Leadership

- a) Identify the basic health needs and concerns of individuals.
- b) Develop appropriate health promotion recommendations for an individual.

### 5. Scholarly practitioner/ Scholarship

- a) Use principles of reflection and reflective practice to further develop professional competencies and professional/personal identity.
- b) Apply literature search principles to identify evidence which supports sound decision making.

### 6. Professional/ Professionalism

- a) Identify and explain the roles that occupational and physical therapists play in primary health care.
- b) Define and apply the concepts of professionalism in various settings.
- c) Define the major principles of cultural sensitivity and how they apply to various scenarios.
- d) Recognize ethical issues, evaluate them by identifying their implications on all involved stakeholders, and make informed ethical decisions.

**Instructional method:** This course builds on concepts learned in PPTH/OCC1-245 Introduction to Professional Practice I given in the fall term. In this course, instructors will utilize mixed teaching methods including lectures, seminars, group-assignments, and practical activities and assessments. This course is offered in the winter term of the U1 year.

As the instructors of this course we endeavor to provide an inclusive learning environment. However, if you experience barriers to learning in this course, do not hesitate to discuss them with us and/or the Office for Students with Disabilities, 514-398-6009.

**Required course materials:** No textbook is required for this course. A list of required and suggested readings, handouts, and lecture notes will be posted on *MyCourses*.

**Course content:**

Topics
<ul style="list-style-type: none"><li>• Reflective practice</li><li>• Communication &amp; interviewing skills/history taking</li><li>• Therapeutic touch</li><li>• Principle of Massage in Rehabilitation and Practical Massage Labs</li><li>• Introduction to ethics</li><li>• Diversity, privilege and power</li><li>• Conflict Resolution</li><li>• Communi-Action Project</li><li>• Shadowing visit with M1 student</li><li>• Reflective seminar on M1 shadowing and “Communi-Action” Project</li></ul>

**Travel requirements:** Students will be required to travel for 1-2 shadowing visit(s) with an M1 student which will be randomly assigned to them. Students will also be required to travel three (3) times to a community site for their Communi-Action projects. The sites for these visits are located in Montreal, Laval and Brossard.

**Copyright of course materials:** Instructor generated course materials (e.g., handouts, notes, PowerPoint presentations, student assignments, etc.) are protected by law and may not be copied or distributed in any form or in any medium without explicit permission of the instructors. Note that infringements of copyright can be subject to follow up by the University under the Code of Student Conduct and Disciplinary Procedures.

**Evaluation:**

- All assessments will be graded by the course instructors, librarian, and/or teaching assistant(s).
- Grading rubrics will be used for all student assessments and evaluations.

- Students have a right to an impartial and competent re-read of any written assessment and, where warranted, a revision of the grade received, by a third party, if requested within a reasonable time after the notification of a mark. ***Please note that this revision may result in an increase or decrease of the grade.***
- The following is a link to McGill's student assessment policy:  
[https://www.mcgill.ca/secretariat/files/secretariat/2016-04\\_student\\_assessment\\_policy.pdf](https://www.mcgill.ca/secretariat/files/secretariat/2016-04_student_assessment_policy.pdf)

Assessments	Description	%
Assessment 1 Group	Communi-Action Plan	5%
Assessment 2 Individual	Shadowing visit reflection	15%
Assessment 3 Group	Case-based assessment on ethics	20%
Assessment 4 Individual	Practical interview and massage assessment	20%
Assessment 5 Individual	In-class video reflection	15%
Assessment 6 Individual	Reflections on Communi-Action project	25%

**Special requirements for course completion and program continuation:** In order to pass the course, a grade of at least C+ (60%) must be obtained as a total course mark. In order to pass the course, students must also pass the individual components of the course with a grade of at least a C+ (60%). Please refer to the appropriate sections in the undergraduate calendar on University regulations regarding final and supplemental examinations. This course falls under the regulation concerning individual and group evaluation. Please refer to the section on marks in the Rules and Regulations for Student Evaluation and Promotion of the Occupational Therapy Course Guides.

**Plagiarism/academic integrity:** McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism, and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see [www.mcgill.ca/students/srr/honest](http://www.mcgill.ca/students/srr/honest) for more information).

**Language of submission:** In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

**Skills building attendance mark:** Attendance at all seminars and site visits (literature searching workshop, shadowing visit, SIM centre, Communi-Action visits, reflective seminar, and massage labs) is mandatory. Students may not miss more than 15 % (i.e. no more than 1 per term) of these activities

without valid documented reasons (illness, family tragedy, sports). If they do, 10% of the total course mark will be removed.

**Consequences of unprofessional behaviours:** Students who are flagged for unprofessional behaviour during off-site visits will be required to submit remedial work. Continued unprofessional behaviours may result in failure of the course and/or academic disciplinary actions.

**Consequences of not completing assignments as requested:** Late submissions will be penalized 5% per day, including weekends. It is the student's responsibility to verify that all electronic submissions to MyCourses were successfully uploaded. Technical issues will not be accepted as a reason for late submission. As such, early submission of assignments is recommended.

**Dress code:** Professionalism with respect to dressing is encouraged throughout the course of the semester. It is each student's responsibility to have appropriate attire during all class assignments and learning activities. *During Communi-Action, Shadowing, and SIM Center activities, students must be dressed professionally and wear their nametags.*

**Disability:** If you have a disability, please contact the instructors to arrange a time to discuss your situation. *Students must contact the Office for Students with Disabilities at (514) 398-6009, and register with the office, before scheduling a meeting with the instructors.*

**Technology in class:** Your respectful and attentive presence is expected. While you are permitted to use your laptop in class, it is understood that you will not be using your laptop or mobile device for social purposes during class time (e.g. email, facebook, texting, browsing, etc.). Your mobile devices should be on silence during class time.

**Course evaluations:** End-of-term course evaluations are one of the ways that McGill works towards maintaining and improving the quality of courses and the student's learning experience. You will be notified by e-mail when the evaluations are available on *Minerva/Mercury*, the online course evaluation system. Students are strongly encouraged to complete the end-of-term course evaluations. Please note that a minimum number of responses must be received for results to be available to students.

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**