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Coaching Knowledge and Success: Going Beyond Athletic Experiences

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This study explored the development and acquisition of coaching knowledge of University coaches who have surpassed their personal athletic achievements. Six successful Canadian male University team sport coaches participated in semi-structured, open-ended interviews. Results of the analysis revealed commonalities between the coaches in terms of their personal characteristics and current coaching knowledge. Some similarities and differences emerged in their acquisition of knowledge. Many of the current findings were similar to previous studies on expert coaches' knowledge development and acquisition, despite the fact that university coaches in our sample did not compete at an elite level as an athlete. This article explains how these individuals acquired their coaching knowledge and provides a more complete picture of the development and acquisition of coaching knowledge for aspiring coaches.

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