



**M.Sc. (A) Couple and Family Therapy Program**  
**LETTER OF INTENT GUIDELINES**

The M.Sc. (A) Couple and Family Therapy program seeks candidates with a demonstrated interest in acquiring a deeper understanding of theories, research and clinical practices in the area of couple and family therapy. Candidates with experiences in these areas and an interest in a practice-oriented career in the field are welcome to apply.

For your letter of intent, please outline the following in **3-4 pages maximum (single-spaced, typed, 12pt font, excluding reference pages)**:

- Outline your interest in the field of couple and family therapy. Describe the personal, professional and educational experiences that draw you to this field of study. Include previous couple and family therapy training (i.e. courses, seminars, workshops, etc.)
- Outline your clinical training as it relates to couple and family therapy. Please specify the number of couples and families you have treated both under supervision and independently. Include the clinical setting and type of supervision received. Provide specific examples of the theoretical frameworks in which you have been trained and apply these frameworks to your practice experiences. These practice experiences can include volunteer, field placement, and paid work experiences.
- Considering confidentiality, describe a couple or family case that you have been involved in working with, including the theoretical and clinical conceptualizations that guided the treatment process. Include in this discussion the role of didactic learning in the classroom, supervision, and personal reflection in how you carried out your work with this couple or family. Additionally, outline the process of treatment, how this case came to a clinical conclusion and what you learned about couple and family therapy overall, from this experience.