



McGill

School of
Social Work



*Information Session for
Prospective Students*

*September 19, 2019 @ 5:30 p.m.
Wilson Hall, Wendy Patrick Room*

Master of Science Applied in Couple and Family Therapy

Welcome



Heather MacIntosh PhD
Program Director
M.Sc. (A.) in Couple and Family Therapy

Welcome



Dr. Nico Trocmé
Director, School of Social Work

About McGill

RANKINGS

#1

*in Canada among
MEDICAL-DOCTORAL UNIVERSITIES
for 14 consecutive years
[Maclean's University Rankings 2019]*

#33

in the world

*[QS World University
Rankings 2019]*

#44

in the world

*[Times Higher Education
World University
Rankings 2019]*

#70

in the world

*[Shanghai Academic Ranking
of World Universities 2018]*

1

Founded in 1821

One of Canada's best
known
&
leading institutions of
higher learning

2

Enrolment

40,036 students from
156 countries

10,144 graduate
students

(Fall 2018 statistics)

3

20.3% of students
identify French as
mother tongue

Over 275,000 McGill
Alumni in 180
countries

(Fall 2018 statistics)

Hochelaga Rock



Hochelaga National Historic Site of Canada is a cultural landscape recalling a former Iroquois village, consisting of a grass-covered space about 79 square metres in area. The site is located to the left of the main entrance of McGill University on Sherbrooke Street, Montreal. The official recognition applies to the area within a radius of 5 metres around a stone, which was laid in 1925 and on which the plaque is mounted.

McGill University is situated on the traditional territory of the Kanien'keha:ka, a place which has long served as a site of meeting and exchange amongst nations. We recognize and respect the Kanien'keha:ka as the traditional custodians of the lands and waters on which we meet today.

School of Social Work

- Founded in 1918
- Emphasis on critical thinking, research, practice and policy with a focus on social justice and issues facing vulnerable and disadvantaged people.
- Professors with research interests in child welfare, families, violence, sexuality, aging, social theory, social work practice, war-affected children and their families, sexual minority children and their families, and methodology.
- Member of the International Association of Social Work (IASW) and the Canadian Association of Schools of Social Work (CASSW).
- Celebrating 100th anniversary!

Affiliated Research Centers

- Global Child McGill
- Centre for Research on Children and Families (CRCF)
- Centre for Research and Expertise on Social Gerontology (CREGÉS)
- McGill Domestic Violence Clinic
- International Community Action Network (ICAN)
- McGill Couple and Family Therapy Clinic
- Institute of Community and Family Psychiatry at the Jewish General Hospital

Couple and Family Therapy

Has its early roots in Social Work

- Treating the person-within-their-social context has been a core paradigm of social work long before the ecological approach was introduced to family systems theory.
- Social work's focus on the treatment of the "family as the primary unit of intervention", has played a pivotal role in developing couple and family therapy.

MScA in Couple & Family Therapy

- Offered in collaboration with the Department of Psychiatry at the Jewish General Hospital.
- Our graduates have found employment opportunities in CSSSs, hospitals, youth protection, community organizations, and, private practice.
- Several MScA CFT graduates are working at McGill University Student Services.
- **50** students have completed the program to date. 10 new students beginning this Fall.

About the Program

M.Sc. (A.) in Couple and Family Therapy



First of its kind to be offered by a School of Social Work in Canada



McGill is first Quebec university to offer a Master's degree in Couple and Family Therapy



Program offered in collaboration with the Jewish General Hospital, Dept. of Psychiatry.



Approved by
OTSTCFQ

permis de thérapeute
conjugale et familiale



Approved by
OPQ

permis de
psychothérapeute



Program curriculum is highly prescribed in order to fulfil both permit requirements

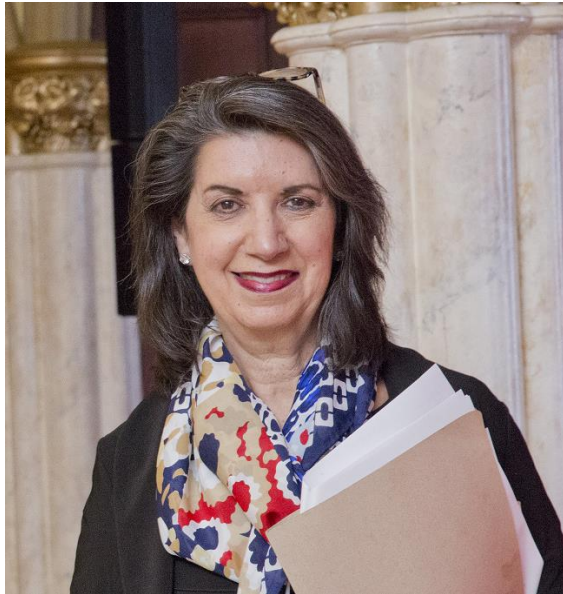
Teaching Staff

Heather B. MacIntosh



- Specializes in working with individuals, couples, and families in the context of trauma.
- Interests in systemic therapies for childhood trauma survivors as well as the specific needs of LGBT persons, same sex marriage, and family relationships.
- Oversees McGill Couple and Family Clinic at the School of Social Work.
- **CAFT 600** (CFT Pre-Practicum), **CAFT 613** (Internal Practicum), **CAFT 609** (Advanced Couple Therapy), **SWRK 623** (Couple Therapy).

Sharon Bond



- Associate Professor, McGill School of Social Work.
- Research focuses on therapeutic alliance and couple and family therapy outcomes.
- **SWRK 622** (Understanding & Assessing Families), **SWRK 610** (Family Treatment), **CAFT 605** (Advanced Family Treatment across the Lifespan).

Marjorie Rabiau



- Experience conducting therapy with children, adolescents, adults and families.
- Presently involved in both clinical work and clinical research, in the area of trans/gender independent children and families.
- **CAFT 603** (Research Methods for CFT), **CAFT 610** (Biological Foundations of Behaviour for CFT), **CAFT 608** (Human Development across the Lifespan).

Guylaine Séguin



- **CAFT 607** (Legal, Ethical, and Professional Issues in Couple and Family Therapy), **CAFT 602** (Advanced Assessment in Couple and Family Therapy).

Administrative Support Staff

Patty Tarica
Administrative Assistant

Carmela Sciandra
Student Affairs Coordinator



Program Overview

M.Sc.(A.) CFT Curriculum

- The curriculum framework is guided by the clinical requirements established by
 - Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec (OTSTCFQ);
 - American Association of Marriage and Family Therapy (AAMFT);
 - Training in psychotherapy as outlined in the Psychotherapy Regulations of Law 21.
- Highly prescribed curriculum developed through standard requirements of the OTSTCFQ , Law 21, OPO, and AAMFT.
- Course content requires the theoretical models, specific language, and components of Law 21; as well as, the professional core competencies and reserved acts.
- Courses are organized as developmentally progressive and must be taken in the correct sequence.

MASTER'S ENTRY | 60-credits

Fall Year 1	<p>12 credits</p> <p>SWRK 622 Understanding and Assessing Families (3 cr) CAFT 600 Couple & Family Therapy Pre-Practicum (3 cr) CAFT 603 Research Methods for Couple and Family Therapists (3 cr) CAFT 608 Human Development across the Lifespan for Couple and Family Therapists (3 cr)</p>
Winter Year 1	<p>12 credits</p> <p>SWRK 610 Family Treatment (3 cr) SWRK 623 Couple Therapy (3 cr) SWRK 630 Adult Mental Health (3 cr) CAFT 604 Contemporary Issues in Couple & Family Therapy (3 cr)</p>
Summer Year 1	<p>12 credits</p> <p>CAFT 601 Diversity & Couple & Family Therapy (3 cr) CAFT 605 Advanced Family Treatment across the Lifespan (3 cr) CAFT 607 Legal, Ethical & Professional Issues in Couple & Family Therapy (3 cr) CAFT 606 Internship 1 in Couple and Family Therapy (3 cr)</p>
Fall Year 2	<p>12 credits</p> <p>CAFT 602 Advanced Assessment in CFT (3 cr) CAFT 611 Internship 2 in Couple and Family Therapy (6 cr) ** Complementary Course (3 credits)</p>
Winter Year 2	<p>12 credits</p> <p>CAFT 610 Biological Foundations of Behavior for CFT (3 cr) CAFT 609 Advanced Couple Therapy (3 cr) CAFT 612 Internship 3 in Couple and Family Therapy (6 cr)</p>

**** Complementary Course**

1 Complementary Course (3 credits) is required for the program. It is recommended the complementary course be taken in Fall-Year 2; however, students may choose, at their discretion, to complete it in an alternate term.

Complementary Course Options

Consult timetable for schedule and term availability. Departmental approval to register also required.

- **CAFT 613** Couple and Family Therapy Internal Practicum (3 cr)
- **SWRK 655** Seminar on Aging (3 cr)
- **SWRK 669** Disability and Rehabilitation (3 cr) – Not offered
- **SWRK 621** Seminar on Trauma & Resilience (3 cr)
- **SWRK 668** Living with Illness, Loss and Bereavement (3 cr)
- **SWRK 628** Violence Against Women (3 cr)
- **SWRK 635** Advanced Clinical Seminar: Use of Self (3 cr)
- **SWRK 657** Child/Adolescent Mental Health (3 cr)
- **SWRK 670** Seminar on Caregiving (3 cr)
- **EDPC 503** Human Sexuality: Professionals (3 cr)

	ADVANCED ENTRY 45-credits
Fall Year 1	<p>15 credits</p> <p>CAFT 600 Couple & Family Therapy Pre-Practicum (3 cr)</p> <p>CAFT 603 Research Methods for Couple and Family Therapists (3 cr)</p> <p>CAFT 608 Human Development across the Lifespan for Couple and Family Therapists (3 cr)</p> <p>CAFT 602 Advanced Assessment in Couple and Family Therapy (3 cr)</p> <p>CAFT 606 Internship 1 in Couple and Family Therapy (3 cr)</p>
Winter Year 1	<p>15 credits</p> <p>CAFT 610 Biological Foundations of Behavior for CFT (3 cr)</p> <p>CAFT 604 Contemporary Issues in Couple & Family Therapy (3 cr)</p> <p>CAFT 609 Advanced Couple Therapy (3 cr)</p> <p>CAFT 611 Internship 2 in Couple and Family Therapy (6 cr)</p>
Summer Year 1	<p>15 credits</p> <p>CAFT 601 Diversity & Couple & Family Therapy (3 cr)</p> <p>CAFT 605 Advanced Family Treatment across Lifespan (3 cr)</p> <p>CAFT 607 Legal, Ethical & Professional Issues in Couple & Family Therapy (3 cr)</p> <p>CAFT 612 Internship 3 in Couple and Family Therapy (6 cr)</p>

PROGRAM SCHEDULE MScA CFT

(60 Credits)

Fall Year 1

Classes on
Tuesday and
Thursday

Winter Year 1

Classes on
Tuesday and
Thursday

Summer Year 1

Classes on
Tuesday and
Thursday

Internship on
Monday, Wednesday,
and Friday

Fall Year 2

Classes on
Tuesday and
Thursday

Internship on
Monday, Wednesday,
and Friday

Winter Year 2

Classes on
Tuesday and
Thursday

Internship on
Monday, Wednesday,
and Friday

- ❖ Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
- ❖ Internships on Mondays, Wednesdays, & Fridays.
- ❖ Internships have an additional component: **Didactic Seminars (87 hours)**.
- ❖ Seminars will take place throughout all 3 internships semesters.
- ❖ Fall and Winter Terms held on the McGill downtown campus.
- ❖ Summer Term held at Jewish General Hospital.

PROGRAM SCHEDULE MScA CFT

Advanced-Level (45 Credits)

Fall Year 1

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

Winter Year 2

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

Summer Year 2

Classes on Tuesday and Thursday

Internship on Monday, Wednesday, and Friday

- ❖ Classes on Tuesdays & Thursdays between 8:30 a.m. to 5:30 p.m.
- ❖ Internships on Mondays, Wednesdays, & Fridays.
- ❖ Internships have an additional component: **Didactic Seminars (87 hours)**.
- ❖ Seminars will take place throughout all 3 internships semesters.
- ❖ Fall and Winter Terms held on the McGill downtown campus.
- ❖ Summer Term held at Jewish General Hospital.

INTERNSHIPS

Internship Requirements

- **INTERNSHIP REQUIREMENTS**
 - Total of 15 credits completed over 3 semesters:
 - CAFT 606 (3 credits) / CAFT 611 (6 credits) / CAFT 612 (6 credits)
 - Internships completed over **40 weeks**; 2 semesters consisting of 13 weeks and 1 semester consisting of 14 weeks
- **800 TOTAL HOURS FOR PROGRAM**
 - 500 hours of direct client contact hours (including 100 hours dedicated to 10 client cases, min. 10 hours each)
 - 100 hours of individual supervision
 - 200 hours of clinical activities related to the practice of psychotherapy

**** Internship also includes a Didactic Seminar Program ***

Internship Requirements

INTERNSHIP REQUIREMENTS

- Total of 15 credits: CAFT 606 (3 credits) / CAFT 611 (6 credits) / CAFT 612 (6 credits) completed over 3 semesters
- Internships will be completed over 40 weeks, with 2 semesters consisting of 13 weeks and 1 semester consisting of 14 weeks
- The schedule is: Monday, Wednesday, and Friday
- Includes direct client contact hours with a maximum ratio of 5 hours of clinical contact to 1 session of supervision
- Minimum of 10 clients, each receiving a minimum of 10 hours of direct treatment

TOTAL HOURS FOR PROGRAM

- 500 hours of direct client contact hours, which includes 100 hours dedicated towards 10 client cases (minimum of 10 hours each)
- 100 hours of individual supervision (maximum **1:1** supervisor-to-student ratio)
- 200 hours of clinical activities related to the practice of psychotherapy - 87 hours of Didactic Seminar Program

HOURS PER WEEK

- 12.5 hours of direct client contact hours with 2.5 hours of individual supervision
- 5 hours of clinical activities related to the practice of psychotherapy, including Didactic Seminar Program
- Students should begin carrying 5-6 cases per week, and gradually work towards carrying 10 cases of their own per week
- Students will be on site for approximately 24 hours a week, with a minimum of 20 hours be committed to fulfilling above mentioned hour requirements

Internship Timeline

The below timeline is for students in the Master's Level entry (60 credits). Students who have been granted Advanced Standing entry (45 credits) will be contacted during the summer to discuss and finalize their internship placements, to commence in September.

TIME PERIOD	ACTION TO BE TAKEN BY STUDENT
September - October	Schedule a meeting with your assigned Faculty Advisor to discuss clinical interests, previous experience, learning style, structure of site, language requirements, client/case types, supervisory style, etc.
October - November	Update your CV <ul style="list-style-type: none"> ♦ Use the resources provided by the McGill Career and Planning Services (CaPS) if you need help improving your CV
December	<i>Students will receive an Internship Request Form where they will be able to indicate their English and French proficiency, their 3 top choices for internship placement, and any important information that may be relevant to finding a suitable internship placement.</i>
January	Submit the Internship Request Form to msca.cft@mcgill.ca along with your updated CV <i>Your request will be thoroughly reviewed by the department to determine internship and supervisor suitability.</i>
February - March	Schedule an interview appointment with approved sites. <i>Students will receive an e-mail detailing which interviews they have been approved for, along with the contact information for potential supervisor(s) and details on how to set up and prepare for the interview.</i> <i>Once interviews have been conducted, students will be informed of which site(s) they have been selected for, and will then contact their assigned supervisor to discuss their start date and any pertinent internship and site information they should be aware of before beginning their placement.</i>
April – May	Internships begin!

Internship Sites

Approved Sites

- ❑ Agence Ometz
- ❑ Hôpital Charles-LeMoyne, Unité interne des petits
- ❑ Hôpital Rivière-des-Prairies, Services intégrés ambulatoires pédopsychiatrie
- ❑ CIUSSS du Centre-Ouest-de-l'Île-de-Montréal - CLSC Benny Farm
- ❑ CIUSSS du Centre-Ouest-de-l'Île-de-Montréal - CLSC de Park Extension
- ❑ Jewish General Hospital - Child Psychiatry
- ❑ Jewish General Hospital - Institute of Community & Family Psychiatry (Couple & Family Therapy)
- ❑ Jewish General Hospital - Youth Service
- ❑ McGill University Sexual Identity Centre (MUSIC)
- ❑ MUHC Montreal Children's Hospital – Pediatric Psychiatry
- ❑ MUHC Psychosocial Oncology Program (PSO)

Applying

Admission Requirements

- ✓ **A Bachelor's or Master's Degree**

In a related human science or helping profession such as Social Work, Psychology, Sociology, or Nursing.

- ✓ **A minimum CGPA of 3.0 on a 4.0 scale**

- ✓ **A minimum of 1700 hours**

of related human service experience with couples and/or families. This experience can be a combination of full-time and/or part-time experiences (paid, volunteer, field placement, or internship).

- ✓ **One university-level 3-credit course in each of the following areas:**

- Human Development (*full life-cycle*)
- Research Methods or Statistics
- Psychopathology
- Techniques in Interviewing/Counseling

- ✓ **English Proficiency**

Some students may be required to demonstrate an adequate level of English proficiency prior to admission to the McGill School of Social Work.

mcgill.ca/gradapplicants/international/apply/proficiency
www.mcgill.ca/socialwork/prospective/languagepolicy

Application Deadlines

UApply Applications Open (www.mcgill.ca/uapply)	September 15, 2019
Application + CV Form + Letter of Intent + Pre-requisite Form + Course Syllabi + All University Transcripts	December 15, 2019
FINAL University Transcripts & References (one academic & two professional)	January 15, 2020
English Proficiency (if applicable)	January 15, 2020

*** Admission to the M.Sc. (A.) in Couple and Family Therapy program is only available for the **Fall** term.*

***If an applicant selects a term other than Fall, the University will not refund application fees.*

***The McGill School of Social Work does not accept Special Student nor Independent Student Applications.*

Application Procedures

- Submit a graduate application online through the **UApply** Portal.
- Upload required documents to UApply (electronic submission).
- Paper documentation will NOT be accepted.
- On-line applications are now OPEN for Fall 2020.

Graduate Application Website
UApply
<http://www.mcgill.ca/uapply>

The screenshot shows the McGill University UApply login page. At the top left is the McGill logo, and at the top right is a link for 'Français'. The main heading is 'Welcome to McGill University'. Below this, there are three sections: 1) 'If you don't have a McGill Username and Password' with instructions on how to create a new account. 2) 'McGill Staff, Students and Alumni who have a McGill Username and Password' with instructions on how to log in using a McGill email address. 3) 'Forgot your McGill Password?' with instructions on how to reset a password. To the right of these sections is a 'Login' form with fields for '*Username:' and '*Password:', each with a question mark icon and a 'Forgot' link. A red 'Submit' button is at the bottom of the form. At the bottom of the page, there is a 'Need help logging in?' section with three bullet points: 'See [Signing into uApply - the Graduate Admissions System](#)', 'Students, applicants and external reviewers: [Contact Service Point](#)', and 'McGill Faculty & Staff: [Contact the ICS Service Desk](#)'.

Required Documents

Transcripts (all university-level)

Unofficial can be uploaded electronically. Official transcripts will be requested at the time of admission.

CV Form

Minimum of 1700 hours – can be a *combination* of full-time/part-time AND paid/volunteer/internship experiences.

Letter of Intent

Interest in field of CFT, personal/professional/educational experiences, clinical training as related to CFT, description of family or couple case that you were involved in.

Pre-requisite Form

List completed courses corresponding to prerequisite requirement.

Course Syllabi

Upload course syllabi (outlines) for prerequisite courses as PDF files.

3 Letters of Reference (1 academic; 2 professional)

Provide on UApply the name, e-mail address, professional title, etc. of referees.

McGill University will send an email to each referee requesting a reference in support of your application. No paper references will be accepted.

Selection Criteria

- Academic performance (McGill minimum CGPA 3.0/4.0).
- Relevant work experience within the field of couple and family therapy.
- Motivation for pursuing the M.Sc.(A) Couple and Family Therapy program.
- Demonstrated interest in becoming a couple and family therapist by means of clinical experience and letter of intent.
- Evidence of commitment to working with families.
- Strong academic and professional references supporting the applicant's aptitude for working in a helping relation context and with couples and families.
- **In person interview.**

Interviews

The Admissions Committee will interview selected applicants to assess their admissibility to the program. Interviews will be scheduled between **February 15th to March 15th, 2020** and will be conducted **in person** at the School of Social Work.

Applicant Profile

Based on Admissions from 2014-2019

- Average CGPA: 3.7
- Receive between 40 to 60 applications
- Approximately 14 to 18 offers extended
- Majority French speaking/bilingual

Academic Backgrounds

- Many applicants have completed graduate programs MSW, MA, PhD, etc.
- Backgrounds ranging from Social Work, Creative Art Therapy, Psychiatry, Criminology, Nursing, Sexology, Psycho education etc.

*Student | Services
Support*

Student Services is composed of 9 units providing a wide range of services to [eligible McGill students](#).

Get to know all of the services offered!
www.mcgill.ca/studentsservices/services



Campus Life & Engagement

- › New Student Support (Undergraduate and Graduate)
- › Orientation (Undergraduate and Graduate)
- › Off Campus and Commuter Student Support
- › Leadership Development
- › Étudiants francophones



Career Planning Service

- › Career Advising
- › myFuture Job Search Tool
- › myInvolvement
- › Undergraduate/Graduate Student Career Workshops
- ›



First Peoples' House

- › Academic Support
- › Campus Support
- › Community and Cultural Support
- › First Peoples' Residence



International Student Services

- › Immigration Documents
- › International Health Insurance
- › Workshops and Events
- › Work and Permits



Office for Students with Disabilities

- › Appointment with an Access Advisor
- › Campus Construction and Accessibility
- › Important Forms
- › Learning Resources



Office of Religious and Spiritual Life

- › My Neighbour's Faith Series
- › Radix Magazine
- › Student Lounge and Meditation Space
- › Workshops and Activities



Scholarships and Student Aid

- › Finance Management Tools
- › Government Aid
- › McGill Scholarships and Aid
- › Work Study Program



Student Wellness Hub

- › Appointments with a Professional
- › Local Wellness Advisors
- › Self-Help Resources
- › Workshops and Groups



Tutorial Service

- › Find a Tutor
- › Become a Tutor
- › Renew Status as a Tutor
- › Academic Support Resources

The [Student Services fee](#) is automatically charged to the student fee account of undergraduate students, graduate students, and postdoctoral fellows every fall and winter term. Certain other categories of students may [opt to pay a fee](#) to use the services.

Tuition Fees



Several factors affect the amount of your tuition and fees, such as whether you are from Quebec, from elsewhere in Canada, or are joining us from abroad!

For more information and to **calculate your fees**, please visit:

<http://www.mcgill.ca/student-accounts/tuition-charges/>

To see if you are eligible for Quebec tuition and to see what legal documents are needed, please visit: <http://www.mcgill.ca/legaldocuments/>

Fellowships & funding

All admitted students are automatically considered for program Entrance Fellowships.

Students in need of funding are strongly encouraged to apply for governmental aid and to apply for additional funding internal and external to McGill. Please visit: <https://www.mcgill.ca/studentaid/>

Research & Teaching Assistantships

Available to admitted students. Students will receive information on available positions and how to apply.

These positions and other postings are also available through the MyFuture portal for admitted students.


Q & A Period



Thank you!

Email: msca.cft@mcgill.ca

Website: <https://www.mcgill.ca/socialwork/prospective/msca>



McGill is home to an exceptional collection of students, faculty and staff, and counts itself among the finest research-intensive universities in the world.

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