



 Recommended for Teaching Assistants (TAs)

FEATURED EVENTS – Register for all events on the [SKILLSETS Calendar](#)

RESOURCES



[Women in Academia](#)

March 13, 9:30am-11:00am

How can women (and men) successfully self-advocate when negotiating their job offer, and tactfully deal with issues such as spousal hires and child care? [Register](#) today to discuss sensitive issues in academic hiring over morning coffee/tea. This panel is open to anyone (male and female) interested in gender equality.

[Why women leave academia and why universities should be worried](#)

The Guardian: Higher education network



[Financial Awareness Week](#)

February 26-27, various times

How do graduate students increase their revenues, manage debt, and think strategically about financial planning? The Financial Awareness Week aims at helping graduate students manage their personal finances. For more information, contact external.pgss@mail.mcgill.ca.

[Managing your finances as a graduate student](#)

University of Georgia

- **Hands-on workshop for Quebec Income Tax Report**

February 26, 10:00am-12:00pm

- **Online tools for Federal Income Tax Reports**

February 26, 12:00pm-1:00pm

- **Finance tips for student parents**

February 27, 10:00am-12:00pm



[1st Annual Montreal Postdoctoral Research Day](#)

Submit abstract for consideration by: March 14

Are you a postdoc at McGill? Apply to present to a multi-disciplinary audience at this research day celebrating post-doctoral research. Other members of the McGill community are welcome to register to attend.

[Post-docs as intellectual entrepreneurs](#)

Science Magazine

UPCOMING EVENTS



[i-Week 2014: McGill Without Borders](#)

[Diversity, globalization, and internationalization](#)

February 17 – 22, various times

South Dakota State University

Interested in learning more about McGill's international and multicultural community? Attend one or more of these i-Week workshops with over 35 different exhibits, events and activities. Join the conversation by following i-Week [here](#).



[SKILLSETS Childcare Needs Assessment Survey](#)

[The PGSS family care caucus](#)

Are you a graduate student or postdoc with children? Interested in having an impact on how SKILLSETS events are organized? Please fill out this short survey to let us know how we can better meet your needs at SKILLSETS events.

McGill University



[Tax Clinic](#)

[Income tax return](#)

February 18, 1:00pm-2:00pm

Revenue Quebec

What should you know about filing a Canadian/Quebec tax return? What tax breaks are you entitled to as a student? Find out the answers to these questions and more by attending McGill's Scholarships & Student Aid Office's free tax clinic.



[Mitacs Step Workshop Series](#)

[Learning to Network](#)

Winter semester, 8:30am-4:30pm

University Affairs

Interested in enhancing your skills to prepare for the job market? Register for one or more of these workshops by creating a Mitacs Step account [here](#). All workshops are at the Computer Research Institute of Montreal (CRIM). Questions? Contact sdrexler@mitacs.ca.

- **Networking skills**
February 18, 8:30am-4:30pm
- **Business etiquette**
March 13, 8:30am-4:30pm
- **Communication skills**
March 20, 8:30am-4:30pm



[Open Library](#)

[What is open access?](#)

February 2014, various times

Springer Open

What is open access? The McGill Library is offering a number of workshops this February to help the community better understand the concept of "open." McGill students, staff, and faculty are welcome to attend. Register today!



[Support Groups](#)

[Working effectively with faculty and colleagues](#)

Winter semester, various times

University of Nebraska-Lincoln

Looking for peer support in your academic endeavours? Check out [McGill's Counselling Service](#) support groups today!

- [PhD Support Group](#)
Every other Tuesday starting January 14, 4:30pm-6:00pm
- [International Students Support Group](#)

Every other Tuesday starting January 21, 4:30pm-6:00pm



[Safer Spaces Workshops](#)

Winter semester, various times

Do you have questions about working and studying in cross-cultural environments? Explore terms, myths, and debates surrounding diversity. Certificate issued upon completion of all workshops in the series. [Register](#) today!

- **Disability, Access & Universal Design**
February 19, 9:30am-12:00pm
- **Indigenous Perspectives**
March 11, 2:00pm-4:30pm
- **Race & Cultural Identity**
March 20, 9:30am-12:00pm

[Diversity and inclusion in the classroom](#)

Temple University

[Aboriginal affairs](#)

McGill University

[Diversity rules](#)

University Affairs



[#SelfCareChallenge](#)

Through February 24, various times

What is self care and why is it important? Learn more about engaging in thoughts and actions that have positive, affirming effects on your mind, body, and spirit. Win prizes for rising to Healthy McGill's self care challenges and sharing them through social media. Learn more [here](#).

[The importance of self-care: Advice for graduate students](#)

PhD Student



[Emerging Leaders Mini-Workshop Series](#)

Winter semester, various times

Want to learn more about personal development and leadership capacity building? [Register](#) today to attend McGill's Campus Life and Engagement mini-workshop series to help you navigate your academic career and beyond. Interested in facilitating workshops? [Apply](#) today to join our Facilitator Leadership Team!

[Center for Leadership](#)

[Development and Research](#)

Stanford University



[Forum On Consent](#)

February 26, 4:00pm-7:00pm

How does McGill maintain a safe and inclusive campus? Join the discussion on the nature of consent and its role in the creation of an inclusive, safe, and respectful campus environment. [Register](#) today!

[Critic's pick: Definitions of consent](#)

Students Active for Ending Rape (SAFER)



[DISE Talks!](#)

Winter semester, 12:00pm-1:30pm

Would you like to discuss research and/or pedagogy with fellow students and faculty? Join the discussion by attending DISE Talks! lectures, held in the Education Building in room 233.

- **Studying Aboriginal and non-Aboriginal relationship building in the intercultural speaking event: Proposed research and initial findings**

[Cultural competency - working with Aboriginal peoples: A non-native perspective](#)

Laurentian University

February 26, 12:00pm-1:30pm



[Applying & Interviewing](#)

February 28, 10:00am-11:30am

How can you improve your CV and cover letter when applying for non-academic positions? Key points for creating strategic job applications will be presented. Register today through [myFuture](#).

[Interview for success](#)

University of British Columbia

[Meditation & Mindfulness Workshops](#)

[Dealing with stress in grad](#)



Feeling stressed out or overwhelmed? [McGill's Counselling Service](#) offers [school](#) numerous workshops to support academic and personal growth.

University of California, Berkeley

- [Happiness: The Workshop](#)
*Register for a single session
March 11 or April 1, 4:15pm-5:30pm
- [Exercising for Mood Program](#)
Wednesdays beginning January 22, 5:45pm-7:45pm
- [Sitting Meditation](#)

[Exercise: 7 benefits of regular physical activity](#)
Mayo Clinic

Mondays starting January 20 until April 11, 12:00pm-12:30pm



[Green Careers Week](#)

March 11-13, various times

Interested in environmental career options? If you're looking for ideas, inspiration, motivation, and advice, then Green Careers Week is for you!
[Register](#) today!

[Environmental jobs, green jobs, meaningful work](#)

GoodWork.ca



[Wellness & Life Skills](#)

What is emotional intelligence? How does stress affect academic performance? [McGill's Counselling Service](#) offers numerous workshops to support academic and personal growth.

[Mastering tests: Test anxiety](#)
Massachusetts Institute of Technology (MIT)

- [Social Confidence](#)
*Register for 1 series of 5 sessions
March 14, 21, 28, April 4 & 11, 3:30pm-5:15pm
- [Emotional Intelligence](#)
*Register for 1 series of 4 sessions
March 13, 20, 27 & April 3, 3:15pm-5:00pm
- [Assertiveness](#)
*Register for a single session
March 14 or April 4, 3:00pm-5:00pm
- [How to Have a Positive Body Image](#)
*Register for a single session
March 18, 1:15pm-3:00pm
- [Understand Who You Are with the MBTI](#)
*Register for a single session
March 21, 3:15pm-5:00pm
- [CBT Techniques for Stress & Anxiety](#)
*Register for 1 series of 2 sessions
March 26 & April 2, 1:15pm-3:00pm
- [Coping with Stress](#)

[The Meyers-Briggs Foundation](#)
MeyersBriggs.org

[Stress](#)
New York University

*Register for a single session
February 25 & March 25, 2:15-4:45pm

KEYS TO UNLOCKING YOUR POTENTIAL

[Talkin' Montreal](#)

[Events](#)



Interested in attending public talks, lectures, and conferences that are happening at McGill and in the Montreal area? Last semester alone, McGill welcomed speakers including Al Gore, Margaret Atwood and Malcolm

Talkin' Montreal

Gladwell. [Subscribe](#) now to find out more.



[Supervision: Graduate And Postdoctoral Support](#)

How do you avoid problems in supervision and complete your degree without needless delays? The new supervision website offers research-based practical advice and guidance on the supervisory relationship.

[The all-important graduate student supervisor relationship](#)
University Affairs



[Peer Support Network: Call For Volunteers](#)

Wednesdays and Thursdays, 5:00pm-7:00pm

Need to talk? Come to the Peer Support Network - a free, confidential, drop-in space offering peer support and information, where students can talk one-on-one with trained Peer Supporters. [Apply](#) today to become a Peer Supporter! Questions? Email mcgillpsn@gmail.com.

[Peer support and the learning experience of postgraduate research](#)
University of Brighton



[Graphos](#)

Would you like to improve your writing skills? The McGill Writing Centre and Graduate and Postdoctoral Studies is proud to present its new graduate initiative: Graphos. Register today for [workshops on writing topics](#), [1-credit courses](#), [tutorial services](#), or [peer writing groups](#).

[Writing resources for graduate students](#)
University of Maryland

SKILLSETS Partners

[Dean of Students](#) / [McGill Library](#) / [McGill Writing Centre](#) / [Research and International Relations](#) / [Post Graduate Students' Society \(PGSS\)](#) / [Social Equity and Diversity Education \(SEDE\) Office](#) / [Student Services \(Campus Life and Engagement\)](#) / [Career Planning Service \(CaPS\)](#) / [McGill's Counselling Service](#) / [Office for Students with Disabilities \(OSD\)](#)

Contact us at skillsets@mcgill.ca or [\(514\) 398-6750](tel:514-398-6750) with feedback & suggestions or to explore volunteer opportunities.
Teaching and Learning Services, McLennan Library Building, MS 12