



## ANTI-DOPING POLICY

*Last revised by:*  
Senate  
Executive Committee

November 4, 2009  
December 7, 2009

Minute IIB1.1  
Minute 5.1.1

### STATEMENT OF PRINCIPLE

In keeping with McGill University's commitment to education and innovation, Athletics and Recreation vows to provide students opportunities to participate in sport and physical activity within an inclusive environment that values health, well-being and fair-play.

McGill University is unequivocally opposed to any use by student athletes of any banned substance or performance-enhancing drugs or practices in contravention of the rules of the Canadian Centre for Ethics in Sports (CCES) and of the World Anti-Doping Agency (WADA).

McGill University is equally opposed to the condoning of the use of or trafficking in such substances by individuals in positions of leadership in amateur sports (including coaches, athletic staff, medical practitioners, sport scientists and administrators) or by student-athletes themselves. The provision or administration of banned substances to student-athletes is also forbidden.

McGill University abides by the Canadian Anti-Doping Program (CADP), which is the set of rules that govern doping control in Canada.

This Policy is to be interpreted in a manner that is consistent with the goals in the Statement of Principle as well as with the principles and conditions set out from time to time by the Canadian Anti-Doping Program (CADP), Canadian Centre for Ethics in Sports (CCES) and of the World Anti-Doping Agency (WADA).

### 1. SCOPE

This Policy shall apply to all Members of the University Community, in particular, to Student-Athletes, Athletics Staff, other students and employees in Varsity Sports.

### 2. DEFINITIONS

For the purposes of this Policy:

- 2.1 "Athletics Staff" includes a coach, trainer, manager, team staff, official, medical personnel, para-medical personnel or any other person working with, treating or assisting a Student-Athlete participating or preparing to participate in Varsity Sports.
- 2.2 "Student-Athlete" means a student registered in McGill Athletics and Recreation in an intercollegiate sport.
- 2.3 Member of the University Community means:
  - i) anyone holding office under the University Charter and Statutes;
  - ii) an appointee or employee of the University; or
  - iii) a student as defined in Section 1(a) of the Code of Student Conduct and Disciplinary Procedures

- 2.4 “Prohibited Substances” includes any banned performance-enhancing drugs, substances, practices and methods identified on the latest up-to-date WADA Prohibited Substance List.
- 2.5 “Varsity Sport(s)” means all sports programs under the umbrella of McGill Athletics & Recreation, including all athletic activities, and competitive clubs, that are recognized, organized, or hosted by McGill.

### **3. THE STUDENT-ATHLETE**

3.1 It is the responsibility of the Student-Athlete to:

- (i) Know, keep abreast of and comply with all applicable anti-doping policies and rules adopted pursuant to the [World Anti-Doping Code](#) and the principles and conditions set out from time to time by the [Canadian Anti-Doping Program \(CADP\)](#), [Canadian Centre for Ethics in Sports \(CCES\)](#) and of the [World Anti-Doping Agency \(WADA\)](#);
- (ii) know and keep abreast of what constitutes an anti-doping rule violation and what are the *Prohibited Substances and Methods*;
- (iii) be available for and participate in the testing programs applicable to their sporting activity.

#### **3.2 Conditions of Participation**

All Student-Athletes, regardless of their Canadian InterUniversity Sports (CIS) status or whether their sport is governed by an organization other than CIS, as a condition of their participation in any Varsity Sport shall:

- (i) complete and pass with a minimum grade of sixty six percent (66%) the “CCES Online Learning: CIS Anti-Doping Course”;
- (ii) acknowledge in writing that they are subject to the rules and procedures of CADP;
- (iii) complete the *CIS Student-Athlete Acknowledgement Form (Appendix A)*;
- (iv) consent to participate in “in-competition”, “out-of-competition” and, where appropriate, “target testing” programs conducted in accordance with the rules of CADP.

#### **3.3 On-going Obligations**

Student-Athletes are responsible, in the context of this policy, for what they ingest, apply or use; this includes:

- (i) ensuring that no Prohibited Substance enters their body directly or indirectly;
- (ii) making themselves available for sample collection in accordance with the rules of the applicable testing program;

- (iii) ensuring that any medical treatment received does not violate this policy or any anti-doping policies and rules;
- (iv) informing medical personnel of their obligation not to ingest, apply or use Prohibited Substances;
- (v) informing Athletic Staff if they are aware of having ingested, applied or used Prohibited Substances.

#### **4. THE ATHLETICS STAFF**

4.1 It is the responsibility of the Athletics Staff to:

- (i) Know, keep abreast of and comply with all applicable anti-doping policies and rules adopted pursuant to the [World Anti-Doping Code](#) and the principles and conditions set out from time to time by the [Canadian Anti-Doping Program \(CADP\)](#), [Canadian Centre for Ethics in Sports \(CCES\)](#) and of the [World Anti-Doping Agency \(WADA\)](#);
- (i) know and keep abreast of what constitutes an anti-doping-rule violation and what are the *Prohibited Substances and Methods*;
- (ii) ensure compliance with this Policy and the policies and rules adopted pursuant to the *World Anti-Doping Code*;
- (iii) promote and inculcate in the Student-Athletes the values, ethics and public policies that support fair, ethical and doping-free sport;
- (iv) provide support and direction to student-athletes to obtain expert advice and accurate information on anti-doping related matters and the CADP;
- (v) enforce the anti-doping testing program.

#### **5. VIOLATION OF THIS POLICY**

5.1 **Student-Athletes:**

- 5.1.1 A violation of this Policy by a Student-Athlete shall constitute a violation under the Code of Student Conduct and Disciplinary Procedures and may lead to the imposition of disciplinary measures pursuant to and in accordance with the provisions of that Code in addition to any disciplinary measures that may be imposed by the relevant sports organization.
- 5.1.2 A violation by a Student-Athlete of any anti-doping policy of the CIS shall constitute a violation of this Policy. The Student-Athlete shall be subject to disciplinary measures under the Code of Student Conduct and Disciplinary Procedures, and may lead to the imposition of disciplinary measures pursuant to and in accordance with the provisions of that Code in addition to any disciplinary measures that may be imposed by the relevant sports organization.

**5.2 Athletic Staff:**

5.2.1 A violation of this Policy by an Athletic Staff shall be subject to disciplinary measures pursuant to and in accordance with such internal regulations, policies, code or collective agreement applicable to the staff member.

5.2.2 A violation by an Athletic Staff of any anti-doping policy of the CIS or any external agencies involved with competitive sports shall constitute a violation of this Policy. The Athletic Staff shall be subject to disciplinary measures pursuant to and in accordance with such internal regulations, policies, code or collective agreement applicable to the staff member, and may lead to the imposition of disciplinary measures under such internal regulations, policies, code or collective agreement in addition to any disciplinary measures that may be imposed by the relevant sports organization.

**5.3. Other Members of the University Community**

5.3.1 A violation of this Policy by other members of the University Community shall be subject to disciplinary measures pursuant to and in accordance with such internal regulations, policies, code or collective agreement to which they are subject, and may lead to the imposition of disciplinary measures under such internal regulations, policies, code or collective agreement in addition to any disciplinary measures that may be imposed by the relevant sports organization.

**6. STUDENT-ATHLETE PRIVACY**

Upon the public disclosure of the name of a Student-Athlete by a recognized sports organization in respect of a violation of this Policy or any anti-doping policy of an external agency involved with competitive sports, the University shall have the right to issue a public statement in respect of the violation and the Student-Athlete's status with the University.

<i>Legislative History:</i>		
<i>Approved:</i>		
Senate	March 28, 1990	Minute 105
Board of Governors	April 23, 1990	Minute 7702
<i>Amendments:</i>		
Senate	February 1, 1995	Minute 68
Executive Committee	March 6, 1995	Minute 8407
Senate	November 4, 2009	Minute IIB1.1
Executive Committee	December 7, 2009	Minute 5.1.1

Next Page: Appendix A



# STUDENT-ATHLETE ACKNOWLEDGEMENT FORM

Participation within Canadian Interuniversity Sport is a privilege that requires full compliance with Canadian Interuniversity Sport regulations, including Canadian Interuniversity Sport Eligibility, Athletic Financial Awards, and Drug Education & Control Regulations. Student-athletes are responsible for obtaining these regulations from their coaches and/or Athletic Department and to inquire how their respective circumstance relates to each. A copy is also available at [www.universitysport.ca](http://www.universitysport.ca)

**ELIGIBILITY AND ATHLETIC FINANCIAL AWARD REQUIREMENTS FOR STUDENT-ATHLETES:**

It is critical that student-athletes familiarize themselves with the Canadian Interuniversity Sport Policies and Procedures entitled "Eligibility" and "Athletic Financial Awards". Student-athletes are responsible for obtaining these rules from their coaches and/or Athletic Department and to inquire how their respective circumstance relates to Canadian Interuniversity Sport eligibility and athletic financial award requirements. This is important, as student-athletes need to be aware that those who participate in Canadian Interuniversity Sport competition and are found to be in violation of Canadian Interuniversity Sport Rules, may, among other sanctions, forfeit their eligibility for the remainder of the current competitive year and subsequent years.

**USE OF BANNED OR RESTRICTED SUBSTANCES OR METHODS:**

Canadian Interuniversity Sport is unequivocally opposed to the use by student-athletes of any banned or restricted substances or methods in contravention of the rules of the national and/or international sport federations, the International Olympic Committee or Fédération Internationale du Sport Universitaire. Canadian Interuniversity Sport is equally opposed to any encouragement of the use of such substances and methods by individuals in positions of leadership in amateur sport (i.e. coaches, medical practitioners, sport scientists, administrators, team managers, etc.) or by the student-athletes themselves. Any student-athlete who has been proven through appropriate and due process to be in contravention of the rules of Canadian Interuniversity Sport and/or the respective National and/or International Sport Federation will be **suspended** from all Canadian Interuniversity Sport competition, including Conference and non-Conference play as per Canadian Interuniversity Sport policy.

**COLLECTION, USE AND DISCLOSURE OF INFORMATION:**

In consideration of being permitted to participate in Canadian Interuniversity Sport, student-athletes allow Canadian Interuniversity Sport to:

- disclose their telephone number(s) and address to the Canadian Centre for Ethics in Sport for its use in the conduct of the Canadian Interuniversity Sport Doping Control Program;
- use and disclose the information on the Athlete Registration Form and the Eligibility Certificate as well as their photograph and information about their athletic performances for promotional purposes which, as defined by the Canadian Interuniversity Sport Board of Directors, are in the best interest of the student-athlete or in the best interest of the public;

As part of its developmental and promotional partnerships with professional and national sport organizations, Canadian Interuniversity Sport will also disclose from time to time, telephone numbers and addresses only of current Canadian Interuniversity Sport student-athletes to such other organizations involved in the recruitment and drafting of athletes.

Subject to the following paragraph, I understand that the provision of the personal information contained in the Student-Athlete Registration Form and the Eligibility Certificate (hereinafter "my Personal Information") constitutes my consent to such information being used and disclosed in the manner provided for above. I also understand that CIS is responsible only for information that is in its custody or control and that any information collected, used or disclosed by or under the control of a member of CIS or any other organization is subject to the privacy practices and procedures of that member or organization, as the case may be.

By checking this box , I do not wish my Personal Information to be disclosed for the purposes listed above or for the purposes described in CIS' Personal Information Protection Policy, except for the purpose of administering the Canadian Interuniversity Sport Doping Control Program. By doing so however, I recognize that CIS may not be able to provide me or continue to provide me with some products, services or information which may be of value to me.

**ATHLETE ACKNOWLEDGEMENT:**

*By signing this form, I acknowledge that I have read, understand and will abide by Canadian Interuniversity Sport Eligibility, Athletic Financial Awards, and Doping Control Regulations. I also acknowledge having read CIS' Personal Information Protection Policy and understand the contents thereof.*

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date