



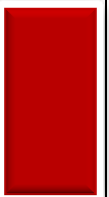
CENTRE OF EXPERTISE
IN CHRONIC PAIN



NETWORKS OF CARE: LOW BACK AND CHRONIC PAIN

NEW RESIDENCE HALL, MCGILL UNIVERSITY
MAY 8, 2015

**SYMPOSIUM 2015
PROGRAM**



PROGRAM

The symposium organized by the **McGill RUIS Centre of Expertise in Chronic Pain and the Scoliosis Group** offers a new perspective on an integrated network of care for the management of low back and chronic pain. To optimize the efficiency and effectiveness of care, decrease waitlists and improve access to quality care, the implementation of a hierarchical network of care for chronic pain requires strong primary care supported by corridors to specialized care.

A combination of presentations and case discussions will allow participants to understand the organization of services within the McGill RUIS, improve their understanding of the roles of various disciplines in the care of chronic and low back patients, become aware of the various programs and deepen their understanding of the essentials of an integrated network approach to care in order to optimize the care of patients with low back and chronic pain.

7 h 15 – 7 h 50

WELCOME AND BREAKFAST

7 h 50 – 8 h 00

Welcome and Opening Remarks

By Dr. Samuel Benaroya, Coordinator, RUIS McGill; Associate Vice-Principal, Health Affairs; Associate Dean, Inter-Hospital Affairs, Faculty of Medicine, McGill University

8 h 00 – 8 h 30

CONFERENCE

Prise en charge de la douleur chronique

By Dr. Pierre Fréchette, Ministry of Health and Social Services

Objectives:

- Understand the concepts underlying the organization of hierarchical network of care
- Become aware of treatment algorithms
- Discuss the next steps in the organization of services for chronic pain patients

8 h 30 – 9 h 00

CONFERENCE

A Syndrome Approach: Stratifying Mechanical Low Back Pain

By Dr. Hamilton Hall, University of Toronto

Objectives:

- Define the “syndrome approach” to stratifying and managing mechanical low back pain
- Understand the essentials of taking a proper history and physical examination as well as evaluating and addressing the psychosocial factors

9 h 00 – 9 h 30

CONFERENCE

Ontario Interprofessional Spine Assessment and Education Clinics-ISAEC
By Dr. Raja Rampersaud, University of Toronto

Objectives:

- Identify the gaps in back care and understand the provincial initiatives to improving back care
- Understand the ISAEC program and how patients are triaged as well as its impact on the patient and health care system
- Describe the role of the family physician as a champion in implementing these programs as well as the training they receive
- Understand how to roll out the program to other provinces and identify the barriers and facilitators to implementing such a program

9 h 30 – 10 h 00

CONFERENCE

The Physical Therapist's Role in the Spine Pathway Clinic
By Mr. John Berzolla, Physical Therapist, Saskatchewan Spine Pathway Clinic

Objectives:

- Understand the unique role of a physiotherapist in triaging patients as well as his other roles in evaluating and managing patients
- Describe the impact of the physiotherapist in the roles described

10 h 00 – 10 h 15

BREAK

10 h 15 – 10 h 45

CONFERENCE

Variation of Spine Surgery in Saskatchewan and Other Effects of the Provincial Spine Pathway
By Dr. Daryl Fourney, University of Saskatchewan

Objectives:

- Identify the gaps in back care and understand the provincial initiatives to improving back care
- Understand the program implemented and how patients are triaged as well as its impact on the patient and health care system
- Describe the role of the family physician as a champion in implementing these programs as well as the training they receive
- Understand how to roll out the program to other provinces and identify the barriers and facilitators to implementing such a program

10 h 45 – 11 h 15

CONFERENCE

Subgrouping and Targeted Treatments for Low Back Pain: UK Evidence from the STarT Back and IMPaCT Back Studies

By Dr. David Whitehurst, Simon Fraser University

Objectives:

- Identify subgrouping and targeted treatments for low back pain
- Understand the effects of implementing risk-stratified care for low back pain in family medicine on physician's clinical behavior, patient outcomes, and costs

11 h 15 – 11 h 45

CONFERENCE

Implementation and Evaluation of an Integrated Primary Care Interdisciplinary Chronic Pain Program

By Dr. Sara Ahmed, McGill University

Objectives:

- Define the components of an integrated primary care interdisciplinary chronic pain program
- Understand the effects of implementing an integrated primary care chronic pain program on patient outcomes, clinical practice and healthcare utilization
- Identify the barriers and facilitators to implementing an integrated primary care chronic pain program

11 h 45 – 12 h 00

CONFERENCE

Synopsis of McGill Scoliosis & Spinal Group

By Dr. Jean Ouellet

Objective:

- Understand the McGill Scoliosis and Spine Program and the benefits to patients

12 h 00 – 13 h 00

LUNCH

13 h 00 – 13 h 10

CONFERENCE

The Centre of Expertise in Chronic Pain: A Network of Care

By Dr. Roderick Finlayson, McGill RUIS Centre of Expertise in Chronic

Pain

Objectives:

- Describe the McGill RUIS Centre of Expertise in Chronic Pain and its initiatives in establishing a network of care
- Understand the programs and services offered by the Centre of Expertise in Chronic Pain

13 h 10 – 13 h 30

CONFERENCE

Implantation of a new triage system of patients referred to the Pain Unit at the McGill University Health Centre

By Dr. Yoram Shir, Alan Edwards Pain Management Unit

Objectives:

- Describe how patients are triaged and prioritized
- Understand the effects of the new triage system and programs on patient outcomes

13 h 30 – 13 h 45

CONFERENCE

Innovate c'est bien... mettre en pratique c'est mieux!

By Ms. Natacha Viens, Constance Lethbridge Rehabilitation Centre (CLRC)

Objective:

- Describe the innovations of the Lethbridge and their impact on practice and patient care.

13 h 45 – 14 h 05

CONFERENCE

Neuromodulation: Who benefits from it?

By Dr. Bobbi Popovec, Montreal Neurological Hospital

Objectives:

- Describe the neuromodulation program and its impact on patient outcomes
- Identify who benefits from neuromodulation

14 h 05 – 14 h 20

CONFERENCE

Gestion de la douleur chronique en centre régional

By Ms. Chantal Brunelle, Centre de santé et de services sociaux Les Eskers de l'Abitibi

Objective:

- Describe the role of a secondary centre in the management of chronic pain

14 h 20 – 15 h 35

CONFERENCE

Multidisciplinary Care for Complex Patients with Coexisting Addiction and Psychiatric Disorders: Case Discussion

By Dr. Roderick Finlayson, McGill RUIS Centre of Expertise in Chronic Pain

Objectives:

- Identify the role of each level of care in the management of a complex patient
- Understand the role of each professional in the management of a complex patient
- Understand the role of an interdisciplinary team in the management of chronic pain patients
- Describe how patient care is coordinated across all levels of care

15 h 35 – 15 h 50

CONFERENCE

Networks of Care: Moving Forwards

By Dr. Roderick Finlayson, McGill RUIS Centre of Expertise in Chronic Pain

Objectives:

- Understand the gaps to address moving forwards in building a network of care for chronic pain
- Describe the next steps in the organization of hierarchical network of care for chronic pain

15 h 50 – 16 h 00

Closing Remarks