**INTRODUCTION**

• Even though the provision of interdisciplinary team care is one of the core interventions of chronic disease management, recommended by several practice guidelines and supported by stakeholders, its provision is still very low in our health care system.

• Many challenges remain in establishing interdisciplinary team care, particularly in community-based primary care settings.

**Aim**

To assess patients and providers experiences with an interdisciplinary primary care program for low back pain implemented at four health and social services centres in the province of Quebec.

**METHODS**

**Design**

A sequential-consensual qualitative design is used to (i) obtain an account of experiences and satisfaction with interdisciplinary care from low back pain patients (stage 1); (ii) validate with groups of patients and providers in light of the data presented to them as well as their own experience (stage 2); (iii) get a reflective feedback on the findings and recommendations from representatives from patients and providers associations and health managers (stage 3).

**Description of the program**

Management of low back pain (six months) by an interdisciplinary team consisting of a doctor, a nurse, a physiotherapist and a psychologist at four health and social services centres (figure 1).

**Participants**

- Individuals with low back pain aged 18 years and over, referred to one of the four interdisciplinary pain clinics
- Members of the four interdisciplinary pain clinics.

**Data collection and analysis**

- Semi-structured open-ended individual interviews of patients and members of the interdisciplinary team.
- Data collection process (table 1)
  - Thematic content analysis was conducted (Braun and Clarke 2006)
  - Various strategies are used to ensure the reliability of the findings including double coding and validation by focus groups.

<table>
<thead>
<tr>
<th>Stage</th>
<th>1</th>
<th>2</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>Strategy</td>
<td>Individual interview to assess experiences</td>
<td>Focus group to validate themes</td>
<td>Knowledge translation with decision makers</td>
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<tr>
<td>Number of participants</td>
<td>20</td>
<td>16</td>
<td>23</td>
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**CONCLUSIONS**

• This inquiry is part of an integrated and interdisciplinary primary care program for the prevention and the management of low back pain
• The findings will assist clinicians to understand patients' perspective and help improve the process of care
• Further, the findings will help local and regional health managers involved in the program from the implementation perspective

**REFERENCES**