

HEALTHY AGING: Improving Depression, Anxiety and Cognition in the Geriatric Population

Friday, October 27, 2017
8:30 AM – 12:30 PM

La matinée se déroulera en anglais **GRATUIT / FREE OF CHARGE**

8:15 Rafraîchissements / Refreshments

8:45 Soham Rej, MD, Karl Looper, MD

Mot de bienvenue / Introduction

9:00 Akshya Vasudev, MD
Associate Professor, Dept. of Psychiatry,
Western University, London, ON

La méditation Sahaj Samadhi pour traiter la dépression gériatrique: une étude contrôlée randomisée

Sahaj Samadhi Meditation for Late-Life Depression:
A Randomized Controlled Trial

9:30 Keynote Speaker - Eric Lenze, MD
Professor, Dept. of Psychiatry, University
of Washington in St. Louis, St. Louis, MO, USA

Des traitements innovateurs pour traiter l'anxiété et la dépression gériatrique: conclusions des essais cliniques sur la réduction du stress basée sur la pleine conscience et l'augmentation de l'aripiprazole.

Innovative Treatments for Geriatric Anxiety and Depression: Findings from Recent Clinical Trials of Mindfulness Based Stress Reduction and Aripiprazole Augmentation

POUR DES RENSEIGNEMENTS / FOR INFORMATION

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SVP vous inscrire à / Please register at:
www.jgh.ca/fr/journee_academique_psychiatrie_geriatrique
www.jgh.ca/en/Geriatric_Psychiatry_Academic_Day

VIEILLIR EN SANTÉ: Améliorer la dépression, l'anxiété et la cognition chez la population gériatrique

Vendredi le 27 octobre 2017
8h30 – 12h30

10:30 Pause café/Poster étudiants /
Coffee break/Student Posters

11:00 Keynote Speaker - Daniel Blumberger, MD, MSc
Associate Professor, Dept. of Psychiatry,
Centre for Addictions and Mental Health,
University of Toronto, Toronto, ON

Les avancées de la neuro-stimulation pour traiter la dépression chez les personnes âgées

Advances in Neurostimulation for Depression
in Older Adults

12:00 Symposiums étudiants / Student Symposium

12:30 Soham Rej, MD, Karl Looper, MD
Conclusion/Closing remarks

"Cet événement est une activité agrégée de formation de groupe, telle que définie dans le Programme de Maintien du Collège Royal des Médecins et Chirurgiens du Canada"

"This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada"

We highly welcome 250-word oral and poster abstract submissions from students and residents for this event by Sept 15th, 2017. There will be posters and three 10-minute student/resident oral presentations. If you are interested, please email your abstract to Soham Rej at soham.rej@gmail.com. Abstracts can be <= 250 words, including Introduction, Methods, Results, Conclusions (as appropriate), and include the presenting author's institutional affiliation/degree(s)."

