"If we want to make a real difference, we have to start to build mental health in childhood."



## DR. RUDOLF UHER

Psychiatrist Canada Research Chair in Early Interventions Professor at Dalhousie University

Recipient of the 2016

Royal-Mach-Gaensslen Prize

for Mental Health Research

## WHAT CAN WE DO TO PREVENT MENTAL ILLNESS?

4:30-6:30PM

Public lecture at

The Palmer Amphitheatre (room 522)
McIntyre Medical Building

3655 Promenade Sir-William-Osler Montreal, Quebec