

## **Announcing the Third International Youth Mental Health Conference**

**Transformations: Next Generation Youth Mental Health** 

## Hosted by the International Association of Youth Mental Health in partnership with The Graham Boeckh Foundation and McGill University

## 8<sup>th</sup> – 10<sup>th</sup> October 2015,Place des Arts, Montreal, Quebec, Canada

The IAYMH is delighted to announce that the Third International Youth Mental Health Conference will be held in Montreal, Quebec in Canada.

We are thrilled to announce that the event will be hosted in partnership with the Graham Boeckh Foundation and McGill University .

We invite you to attend the Third International Youth Mental Health Conference - *Transformations: Next Generation Youth Mental Health* and be part of the global conversation on youth mental health.

New models are emerging in the youth mental health field that embrace therapeutic optimism and incorporate the principles of prevention, early intervention, and recovery. They place young people and their families at the centre of decisions about service and policy development. Youth-friendly accessibility, engagement, and age-appropriate interventions are key to their success.

Building on the highly success and momentum from IAYMH 2013 in Brighton, England, *Transformations* will focus on how we make the transition from traditional mental health service models to the next generation of programs and services that will better meet the needs of young people and emerging adults. This conference will be an opportunity to showcase current thinking and practice that have emerged since 2013 and will build on the vital contribution that young people made to the conference through an even more robust youth engagement program.

This conference provides an opportunity for health professionals, youth workers, educators, policy makers, young people and family members to come together and learn about new and emerging developments that are striving to make changes that impact globally.

The conference will be held in Montreal, Quebec. Throughout its colourful history, Montreal has been in turn a French settlement, a British stronghold and a bilingual city. Today it is proud of its status as the largest French-speaking city in North America and second largest French-speaking city in the world. In fact, this is a wonderful example of a truly international city where newcomers feel right at home and visitors will always find someone who speaks their language.

We look forward to welcoming you in Montreal in October 2015.

More information about the event will be available on our dedicated Conference web site iaymh2015.com or by following us @iaymh #iaymh2015

## **About the IAYMH**

The IAYMH has been formed as a membership organization for practitioners, researchers, policy makers, young people and families whose mission is:

Changing the way the global community thinks about young people and their mental health by ensuring that services are developmentally and age appropriate, and that young people have an active voice in determining what is best for them.

The IAYMH **Goals** are to:

- 1. Promote public and professional interest in the mental health and wellbeing of young people aged 12 to 25.
- 2. Strive for systems change which advocates for a developmentally appropriate service response for young people and their families and carers.
- 3. Meaningfully engage young people in the Association to develop a voice and advocate for systems change.

- 4. Foster collaboration and communication internationally between individuals and organisations working to improve the health and wellbeing of young people using evidence informed practices wherever possible.
- 5. Act as a conduit to highlight exemplars of new research and best practice in the youth mental health field.
- 6. Advocate for improved standards of care for young people while promoting the advancement of research and education in youth mental health.

For more information please visit iaymh.org.au or follow us @iaymh