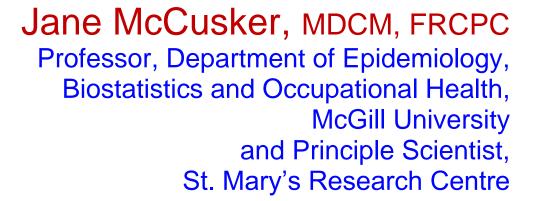


St. Mary's Hospital Department of Psychiatry

## **Grand Rounds**

Thursday, June 18, 2015 9:00—10:00 am, Room 3228A







## A *Randomized Controlled Trial* of supported self-care for depression.

## **Objectives:**

- 1. To review current state of knowledge on the effectiveness of self-care/self-management interventions for depression.
- 2. To present results of an RCT of a lay coaching intervention among primary care patients with a chronic physical illness and co-morbid depressive symptoms.

This is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Programme of The Royal College of Physicians and Surgeons of Canada

