

Psychiatry Weekly ~ September 11, 2023

#### MESSAGE FROM THE CHAIR

#### Dear colleagues,

I am sure many of you share my surprise at how quickly the summer went by! I hope you all enjoyed the past couple of months (despite the often rainy weather) and that you are feeling energized and ready to start our fall term.

Even though things tend to be quieter during the summer, we were busy in June with the in-person residency graduation ceremony at the Faculty Club, in a new format this year that was well appreciated. We would like to once again congratulate the graduates, and send a special thank you to Nancy Low and Marie-Christine Noel for their hard work and leadership. We also extend a warm welcome to the nine new R1s who are joining us this fall!

Earlier in June, we held our annual Research Day at the Douglas Hospital Research Centre. Nearly 20 talks and two poster sessions on a wide range of subjects were part of the day's program, and lively discussions took place at break times. All in all, it was a great success. Thank you to McGill, the Fonds de recherche du Québec - Santé, the Douglas Research Centre and the Douglas Foundation for supporting the event, and a special thank you to Nicolas Cermakian for all his hard work organizing Research Day.

At the national level, there is currently a very active and ongoing discussion on medical assistance in dying (MAiD) to patients with mental disorders as sole underlying medical condition (MD-SUMC). We will organize a forum soon for discussion on this important topic which will likely be implemented in Quebec later than in the rest of Canada.

Later this year, we will be holding our annual Departmental Day on November 16, which will be in person at the Faculty Club. The theme is "Psychedelics: Clinical Potential and Mechanisms" and we are planning an exciting lineup of internal and external speakers and panelists. More details will be provided closer to the date.

Finally, the Distinguished Grand Rounds will start up again on September 28 with a virtual presentation by Dr. Judy Beck of the Beck Institute for Cognitive Behavior Therapy, who will discuss "The therapeutic relationship in cognitive behavior therapy". The rounds are held every two months during lunch hour and have been a great success. We have an impressive lineup of speakers for the upcoming sessions. Don't miss the talks and, if you are a trainee or resident, take part in the discussions, which are an excellent opportunity for informal conversations with the speakers on a range of topics, including career trajectory.

So as we start this fall term, I would like to say welcome back and wish you all much success and good health in the months ahead.

Sincerely,

**Gustavo Turecki, MD, PhD**Chair, Department of Psychiatry

#### THIS ISSUE'S HIGHLIGHT



# Invitation and Call for Proposals for Psychological Trauma Conference

1st Conference on Psychotraumatology and 2nd International Conference on



# Save the Date: Departmental Distinguished Grand Rounds

The next Departmental Distinguished Grand Rounds will be hosted virtually by Zoom on **Thursday, September 28:** "The Therapeutic Reconsolidation Therapy will be held at the Douglas Institute on **November 9-11**, hosted by Dr. Alain Brunet and his colleagues. Click here for information and registration.

Relationship in Cognitive Behavior Therapy". The following hybrid rounds will be on November 30, 2023, January 25, March 28 and May 30, 2024.

#### LATEST NEWS



Marc Pell appointment Interim Vice-Dean, Academic Affairs, Faculty of Medicine and Health Sciences

Marc Pell, PhD appointed Interim Vice-Dean, Academic Affairs, Faculty of Medicine and Health Sciences (FMHS) effective August 1, 2023, Read more



Call for applications for Postgraduate Program Director for Geriatric Psychiatry

The department is inviting applications for the position of **Postgraduate Program Director for Geriatric Psychiatry**. Details here

#### KUDOS

# Congratulations to our latest CIHR grant recipients!

The Canadian Institutes of Health Research have released the results for the Spring 2023 Project Grant Competition. Congratulations to our researchers for their successful applications:

**Drs. Mallar Chakravarty and Mahsa Dadar**: Examining the heterogenous etiology of vascular pathology in white matter: A combined population-based and post-mortem neuroimaging study **Dr. Cecilia Flores**: Decoding the impact of social stress during adolescence on the maturing prefrontal cortex

**Dr. Martin Lepage** (Co-PI): Schizophrenia Canadian Neuroimaging Database (SCanD) **Dr. Rachel Rabin**: Targeting the Endocannabinoid System to Improve Cannabis Withdrawal in Cannabis-Tobacco Co-users

**Dr. Lalit Srivastava**: Role of adolescent ventral hippocampus in the development of corticolimbic system and behaviors related to neurodevelopmental disorders

**Dr. Gustavo Turecki**: Extracellular vesicles (EVs) as a window into the depressed brain: an investigation of brain-cell derived EVs

#### Read more

# OUR EXPERTS IN THE MEDIA - NOS SPÉCIALISTES DANS LES MÉDIAS

#### Dr Simon Ducharme, Journal de Québec

Tout ce que vous devez savoir à propos du donanemab: le nouveau médicament qui ralentit la maladie d'Alzheimer. Lire ici

### Dre Lily Hechtman, La Presse

TDAH: Sensibilisation et désinformation sur Tik Tok. Lire ici

### Dre Cécile Rousseau, ICI Radio-Canada

De plus en plus de jeunes en attente d'un psychologue au Québec. Lire ici

#### IN THE SPOTLIGHT - EN VEDETTE



Dr. Delphine Raucher-Chéné, Assistant Professor

In this issue's Spotlight, we welcome Dr. Delphine Raucher-Chéné, who joined the Department of Psychiatry in June 2023 as a full-time Assistant Professor (Clinical).



Dr. Vincent Jetté-Pomerleau, Assistant Professor

We also welcome Dr. Vincent Jetté-Pomerleau, who joined the Department of Psychiatry in July 2023 as a full-time Assistant Professor (Clinical). Dr. Raucher-Chéné completed her MD degree in psychiatry in 2010 and has worked for ten years as a full-time clinician in an academic psychiatric department in France. She furthered her research training by undertaking an M.Sc. in neuropsychology (2012), a Ph.D. in psychology (2018), and a postdoctoral fellowship (2019-2021) at McGill/Douglas under the supervision of Dr. Martin Lepage before joining McGill University as an Assistant Professor.

At the Douglas, Dr. Raucher-Chéné joins the Youth Mental Health and Early Intervention theme-based group. Her research program focuses on the development of a comprehensive understanding of the cognitive psychopathology of severe mental illness (i.e., bipolar disorder and schizophrenia-spectrum disorder), across stages, from neuroimaging to remediation.

Dr. Jetté-Pomerleau completed his medical education at the University of Montreal and his training in psychiatry and subspecialty in geriatric psychiatry at McGill. He previously completed a master's in psychology at the University of Montreal.

Dr. Jetté-Pomerleau is joining the Douglas Mental Health Institute where he will be part of the inpatient and outpatient department in geriatric psychiatry, as well as the memory clinic.

His clinical interests touch on all aspects of seniors' mental health, from long-standing and late-onset psychiatric disorders to psychotherapy and cognitive disorders.

#### **UPCOMING EVENTS**

# September 15 (12:00 - 13:00) SMRC Scientific Series

Osteoarthritis: Myths and Misconceptions by Dr. Anthony Albers, MDCM, FRCSC, Orthopaedic Surgeon, Associate Professor, McGill University. In person event hosted by the St. Mary's Research Centre and also available via Zoom. Read more

# September 20 (10:00 - 11:00) International Dementia Conference Series

CryoEM of Amyloid Structures by Prof. Yang Yang. Zoom event hosted by the McGill University Research Center for Studies in Aging. Read more

# September 28 (12:00 - 13:30) Departmental Distinguished Grand Rounds

The Therapeutic Relationship in Cognitive Behavior Therapy by Dr. Judith S. Beck, PhD, President of the Beck Institute for Cognitive Behavior Therapy Clinical Professor of Psychology in Psychiatry, University of Pennsylvania Perelman School of Medicine. This seminar will be held via Zoom. Read more

# September 28 (16:00 - 17:30) Health Sciences Education Rounds

Embedding anti-racist pedagogy into medical and health sciences education by

# September 21 - 23 (8:00 - 17:00) CCNP Annual Meeting

The Canadian College of Neuropsychopharmacology's (CCNP) 2023 meeting will be held in Toronto from September 21-23, 2023. More information

# September 23 (8:50 - 14:00) CPPD National Conference 2023

The University of Toronto and the Council on Psychiatric Continuing Education present CPPD National Conference. This event will be held via zoom. Details and registration

# September 28 (11:00 - 12:00) Youth Mental Health Speaker Series

Computational analysis of language and face expression across stages of schizophrenia by Dr. Cheryl Corcoran, Associate Professor, Icahn School of Medicine at Mount Sinai, NYC. Read more

Ananya Tina Banerjee, PhD, Assistant
Professor and Equity, Diversity, Inclusion and
Anti-Racism Lead, School of Population and
Global Health, McGill University. Zoom event
hosted by the Institute of Health Sciences
Education and the Faculty Development
Office. Read more

# September 29 (9:00 - 10:30) DISCOURSE Seminar Series

The Douglas Research Centre is pleased to announce that the DISCOURSE Seminar Series is back for the rest of 2023! This year we will be highlighting work from the Schizophrenia Bulletin - Language in Psychosis special issue. Read more

# October 18 - 21 CPA Annual Conference

The Canadian Psychiatric Association (CPA) 73rd Annual Conference will be held in-person in Vancouver. The annual conference is a key opportunity to explore new perspectives, reconnect with colleagues and learn from the passions of others in the field of psychiatry. Details and registration