

Psychiatry Weekly ~ March 6, 2023

#### MESSAGE FROM THE CHAIR

### Save the Date: McGill24 returns on March 15, 2023!

Last year on this annual day of giving, the global McGill community—alumni, soon-to-be grads, parents, faculty and staff—joined forces to raise \$3.95M for students, teaching, and research.

Thanks to your contributions over the years, we were able to host a very successful off-site retreat at the beautiful Manoir Saint-Sauveur in 2022 free of charge to members of the department. This year, your contributions will go towards the department's Distinguished Grand Rounds which will have a lineup of excellent external speakers and be hosted across our hospital sites and research centres.

When you give on McGill24, your gifts combine with those of others to go further. This year, all donations from students and young alumni are eligible for matching funds provided by other generous donors—an excellent way to maximize their impact.

To get us started, I pledge to make our first McGill24 gift. If your circumstances allow, please join me in making a McGill24 gift of your own – every donation counts, no matter the size!

Many of you have donated generously to McGill24 in the past, and we hope this year will see an equal or even greater commitment to our department. Feel free to share McGill24 on your own social media too. No matter the amount, every donation will help support our department and contribute to making this year's McGill24 the best yet.

#### Click here to give

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Sincerely,

**Gustavo Turecki, MD, PhD**Chair, Department of Psychiatry

### LATEST NEWS

### Open Minds: Building Hope for Youth Mental Health

The Open Minds event is back in-person to raise funds for the Douglas Foundation after two virtual editions organized during the COVID-19 pandemic. Titled "Together once again", this year's celebration will be held on **March 22nd** at the Théâtre Paradoxe for an unforgettable soirée filled with food, dancing, and live music by DJ Jojo Flores. Since 2017, the initiative has raised nearly \$3,300,000 to support cutting-edge research and the best possible patient care at the Douglas Institute.

### Proposed CPA section on quality improvement and clinical innovation

Message from Dr. Nick Kates, Professor, McMaster University

With the current pressures facing our healthcare systems, and the growing demand for mental health services, the need for us to incorporate Quality Improvement and Innovation approaches to help us improve the way we deliver care has never been more urgent.

With this in mind, a group of colleagues (73 to date) led by Drs. Andrea Waddell and Tara Burra have been working to create a Section on Quality & Innovation within the Canadian Psychiatric Association, and I would like to ask you to sign a letter supporting the creation of such a section. Read more

### From the Residency Program Office: Weekly News Capsule

**Did you know** that the CBME Half-Day will now be taking place on Friday, May 26, 2023. Please save the date! Further details to follow.

### **KUDOS**



### Congratulations to our CIHR grant recipients!

On February 28, the Honourable Carolyn Bennett, Minister of Mental Health and Addictions and Associate Minister of Health, announced that the Canadian Institutes of Health Research is funding 25 research projects across the country to examine standards for mental health and substance use services for children, youth and young adults. Of these 25, two are led by **Dr. Manuela Ferrari** and **Dr. Jai Shah**. **Dr. Srividya lyer** is a Co-Principal Investigator on 5 of these 25 grants. Congratulations to all! Read more

New Associate Director of IPN

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Congratulations to **Dr. Patricia Silveira** on her new appointment as Director of Integrated Program in Neuroscience, McGill University, effective March 6, 2023!

#### **UPCOMING EVENTS**

### March 8 (11:00 - 12:00) CIC Imaging Series

Resistance and resilience to Alzheimer's disease by Valentin Ourry, PhD. This will be a hybrid event. Read more

### March 10 (9:30 - 13:30) Online Workshop

The Canada Research Chair on Epistemic Injustice and Agency is hosting an online workshop on Epistemic Injustice and Agency in Psychiatry and Mental Health. Program and registration

# March 10 (11:00 - 12:30) Department of Psychiatry Grand Rounds

Understanding the contribution of the SIM and SIV teams in the mental health continuum by Julia Lafrenière, MscA, Erg, Martin Lagacé, Msc, Erg and Dr Kia Faridi, MD, FRCPC. This conference will be held via Zoom

### March 10 (15:30 - 17:30) Bindra Lecture

Immune Origins of Sex Differences in the Brain by Dr. Margaret McCarthy, Professor in the School of Medicine at the University of Maryland. In-person event hosted by the McGill's Department of Psychology. Details here

March 15 (11:00 - 12:00)

## March 30 (12:00 - 13:30) Virtual Departmental Distinguished Grand Rounds

Can we prevent substance use disorders? by Dr. Carlos Blanco, MD, PhD, Director of the Division of Epidemiology, Services, and Prevention Research at the National Institute on Drug Abuse (NIDA). This presentation will be held via Zoom, the last 30 minutes being dedicated towards trainees and residents. Details will follow.

## April 14 (8:30 - 12:30) 17th Annual JGH Department of Psychiatry Research Day

The 17th Annual Jewish General Hospital Department of Psychiatry Research Day will be a hybrid event, in-person at the ICFP amphitheater through Zoom. This year's theme will be Self-compassion and mindfulness in the prevention and treatment of mental health problems. Click here to view the full program and preregister.

# April 20 (12:00 - 13:30) Social Determinants of Health and Anti-racist Pedagogy and Practice Seminar

Race and racism in the supervisor-supervisee relationship by Drs. Ana Gomez-Carillo, Zoe Thomas, Laurence Laneuville. This event will be held by Zoom. Details will follow.

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### **CIC Imaging Series**

PET imaging and novel biomarkers to study Alzheimer's disease by Alexa Pichet Binette,PhD. This seminar will be held via Zoom. Read more

# March 16 (15:00 - 17:00) Division of Social and Transcultural Psychiatry, Culture, Mind and Brain Speaker Series

Against New Healthism: The Rise Of Tojisha Movement And The Debates Around The Prevention Of Dementia In Japan by Junko Kitanaka, PhD, Professor, Dept. of Human Sciences Keio University, Japan. This will be a hybrid event. In-person location at Ludmer Building. Registration required for remote attendance. ZOOM registration, click here

### March 20 (11:00 - 12:00) Neuroscience for Mental Health Lecture

Towards the use of personalized medicine in PTSD: a translational overview of the role of inflammation in susceptibility to psychological trauma by Dr. Jessica Deslauriers, Assistant Professor, Faculty of Pharmacy, Université Laval, and Regular Researcher, Neurosciences Axis, CHU de Québec. Read more

# April 27 (12:00 - 13:30) Departmental Distinguished Grand Rounds

Identifying a genetic subtype of schizophrenia that is clinically relevant for patients, families and psychiatrists by Dr. Anne Bassett, MD,FRCPC, Professor in the Department of Psychiatry and holds the Dalglish Chair in 22q11.2 Deletion Syndrome at the University of Toronto. Details will follow.

# April 28 (8:50 - 14:30) University of Toronto Future of Psychotherapy Conference 2023

This event offers an opportunity to explore the latest technology and research in the area of psychotherapy. Click here to view the full program and preregister.

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