

Clinical Pain Medicine Fellowship

McGill Department of Anesthesia & McGill University Health Centre's Alan Edwards Pain Management Unit

Montreal General Hospital, 1650 Cedar Avenue, Montreal, QC H3G 1A4

Program Director: Dr Jordi Perez

Program Administrator: Rebecca Binik rebecca.binik@mcgill.ca

- Number of positions available: 2 - 4
- Duration: 1 year
- Location: McGill University Health Centre
- Start dates: July / January

Description of Fellowship

This position is open to physicians of multiple specialities including Family Medicine, interested in clinical Pain Medicine. The program ensures that fellows will master the fundamental scientific, clinical, and therapeutic knowledge required to treat chronic pain.

Fellows function as part of the multidisciplinary team in running clinics, and developing and implementing treatment plans using medical, physical, psychological, and interventional approaches under the supervision of staff clinicians. The program is flexible and can be tailored to the individual fellows' interests such as exposure to cancer pain management, interventional pain medicine, pediatric chronic pain, etc. Fellows are expected to be actively involved in clinical research projects in the field of pain medicine.

Fellows will run 3x half-day clinics per week supervised by a staff clinician. Fellows are expected to present bi-yearly at journal club and attend rounds. Fellows are expected to actively participate in all educational and teaching activities and are entitled to 20 days vacation,

Candidates must secure funding to apply for this fellowship.

The Goals and Objectives of the program are based on CanMEDS roles. Upon completion of the program, fellows will be able to:

Medical Expert:

- Elicit a pain history, perform a physical exam, and initiate a biopsychosocial assessment
- Recognize common pain syndromes and assess co-morbidities
- Envision a therapeutic plan for common chronic pain conditions including pharmacologic, non-pharmacologic and interventional modalities
- Understand indications for interventional pain management, techniques involved, expected outcomes and potential complications
- Perform basic image-guided interventional pain management procedures (advanced procedures are restricted to trainees with previous training in anatomy and interventional medicine)
- Demonstrate pain pharmacological knowledge and management
- Initiate and maintain opioid therapy for chronic pain management
- Document findings and differential diagnoses
- Integrate non-medical approaches into therapeutic strategies for pain management
- Provide continuity of care through follow up appointments
- Recognize one's limits and seek consultation from other health professionals when necessary
- Function as a consultant to provide patient-centered care for ambulatory and in-hospital patients with chronic pain

Communicator

- Discuss treatment plans and develop therapeutic relationships with patients and their families and carers
- Consult effectively with other physicians and health care professionals

Collaborator

- Demonstrate ability to function as part of a multidisciplinary team
- Develop treatment plans with patients and other health professionals

- Coordinate access to resources outside the multidisciplinary team

Leader

- Appropriately allocate resources

Health Advocate

- Identify healthy lifestyle determinants for chronic pain patients
- Identify vulnerable patients and families

Scholar

- Critically evaluate medical and scientific information
- Teach and facilitate learning for patients, families, trainees, health professionals and the public
- Contribute to the development, dissemination, and translation of new knowledge and practices
- Present a translational and/or clinical pain research project
- Actively participate in chronic pain continuing medical education activities

Professional

- Be a model for ethical and compassionate care
- Exhibit interpersonal professional behaviours
- Practice sustainably by maintaining a commitment to physician self-health

Evaluation: Fellows will be assessed formally at a minimum of every three periods. Fellows are encouraged to self-evaluate and evaluate the program bi-yearly.