

Transcultural Psychiatry Fellowship (Child)

Name of Institution: MUHC and JGH

Location: CSSS de la Montagne, CSSS Cavendish, JGH

Type of Fellowship: Clinical or Research

Fellowship Program Director: Dr. Cécile Rousseau

Number of Positions: 1

Length of Fellowship: 1 year

Program Information_(please append description):

- Academic affiliation: Department of Psychiatry
- Name of hospitals involved in training: JGH, MUHC
 - % time spent by the fellow in each institution: variable
- Background: This fellowship will provide Transcultural Psychiatry clinical training in community clinic settings (CLSC's) located in multiethnic neighborhoods, as well as at the Cultural Consultation Service of the Jewish General Hospital.
- Research activity – ongoing research with faculty at the CSSS de la Montagne and the Culture and Mental Health Research Unit
- Publications – The fellow will be expected to produce at least one paper for publication during the year.
- Mission: To provide research and clinical training in Child Transcultural Psychiatry. The clinical fellowship's general objective is to master Transcultural Psychiatry skills. Specific skills that will be addressed are: performing cultural assessments and cultural formulations; working with interpreters and culture brokers; and learning how to do cultural consultations for other healthcare professionals. The research fellowship objectives include: To become familiar with the literature in social and cultural psychiatry; to learn about cultural validity issues in all steps of the research process, and to participate in transcultural research. Research training will be comprehensive, from formulation of a research question to analysis of results.
- Outline how intended fellowship will enhance residency training: This fellowship will provide clinical and research training in Transcultural Psychiatry. Fellows will receive clinical supervision in Transcultural Psychiatry consultation and treatment at primary, secondary, and tertiary levels of care. Training is provided in both adult and child psychiatry. Training opportunities in collaborative care with pediatricians, family physicians and allied mental health care professionals is provided. Family focused evaluation and treatment is highlighted.

Names of the Teaching Faculty: Toby Measham, Lucie Nadeau, Jaswant Guzder, Ashley Wazana, G. Eric Jarvis, Laurence Kirmayer

- Roles: Clinical and research supervision in Transcultural Psychiatry
- Summary of clinical practice: Adult and child psychiatry. Work in multiple community settings including community clinics with programs dedicated to providing healthcare to newcomer immigrants and refugees. Collaboration and consultation with community groups and non governmental organizations working with immigrants and refugees.
- Major Strengths: Broad-based exposure to multiple clinical situations requiring transcultural expertise.

Academic Facilities

- Outline facilities for clinical and academic pursuit: Access to the Transcultural Psychiatry library at the JGH.
- Library access, materials relevant to fellowship training
- Multimedia learning materials available

Fellow Duties and Responsibilities

- Call responsibilities to cover service: No on call duties
- Include whether the fellow is the senior supervisor of residents: No
- Outline whether there are fixed rotations at various institutions: No
- Outpatient clinic responsibilities need to be outlined: The fellow will provide indirect and direct clinical consultations and treatment.
- Outline role of the fellow towards residents on service: Teaching and mentoring
- Teaching responsibilities towards residents: The fellow will be expected to provide teaching and mentorship to residents that are on service.
- Outline participation in academic activities involving the residents: seminars, outcome assessment (morbidity and mortality rounds etc): Please see section entitled proposed meetings to be attended by the fellow.
- Describe any support staff available to the fellow: program coordinator, nurse clinician, secretarial
- Proposed meetings to be attended by the fellow: The fellow is expected to attend monthly Transcultural Psychiatry meetings at the CLSCs, inter-institutional seminars in Transcultural Psychiatry held at the CLSC's, bi-weekly group clinical supervision meetings at the CLSC, weekly research meetings of the Culture & Mental Health Research Unit at the JGH and weekly clinical Cultural Consultation Service meetings at the JGH
- The fellow will be expected to produce at least one paper for publication during the year.

Curriculum

- Intended case load: Three assessments per week and follow-ups.
- Intended Percentage of varieties of cases: Variable
- Regular reading materials provided (if any)
- Conference weekly schedules
- Role of the fellow in attending, presenting, supervising, organization

Publications:

Rousseau, C., Benoit, M., Lacroix, L., & Gauthier, M.-F. (2009). Evaluation of a sandplay program for preschoolers in a multiethnic neighborhood. *Journal of Child Psychology and Psychiatry*, 50(6), 743-750. doi: 10.1111 / j.1469-7610.2008.02003x

Rousseau, C., & Foxen, P. (2010). Look me in the eye : Empathy and the transmission of trauma in the refugee determination process. *Transcultural Psychiatry*, 47(1), 70-92 doi: 10.1177/1363461510362338

Rousseau, C., Hassan, G., Moreau, N., & Thombs, B. (2011). Perceived discrimination and its association with psychological distress in newly arrived immigrants before and after

September 11, 1001. *American Journal of Public Health*, 101(5), 909-915. doi: 10.2105/AJPH.2009.173062

Rousseau, C., Measham, T., & Moro, M. R. (2011). Working with interpreters in child mental health. *Child and Adolescent Mental Health*, 16(1), 55-59.

Rousseau, C., Pottie, K., Thombs, B., Munoz, M., & Jurcki, T. (2011). Post traumatic stress disorder: evidence review for newly arriving immigrants and refugees - short version. *Canadian Medical Association Journal*, www.cmaj.ca/lookup/suppl/doi:10.1503/cmaj.090313/-/DC1.