McGill's Child and Adolescent Psychiatry (CAP) subspecialty program received approval from the Royal College of Physicians and Surgeons (RCPSC) of Canada at the end of 2012. The program is designed for residents who have completed, or are on track to complete, training in Psychiatry at a recognized institution. Successful completion of this program qualifies graduates to take the RCPSC subspecialty exam in CAP.

**General Goals of the Program**

The CAP Residency Program aims to prepare subspecialist graduates who are competent and compassionate consultant clinicians and who have acquired CAP-specific competencies in all of the RCPSC CanMEDS roles of medical expert, communicator, collaborator, manager, health advocate, scholar, and professional.

A priority goal of the program is to also promote competencies in the fields of research and/or education in order to prepare residents to assume leadership positions in their future academic and clinical careers.

Ultimately the program aims to graduate Child and Adolescent Psychiatrists who will develop the requisite knowledge, skills, and attitudes in order to:

- become active participants in learning environments via the teaching and mentoring of more junior trainees;
- develop skills in collaboration, leadership, and health advocacy by serving on hospital/healthcare institutions and university committees and projects;
- be committed to knowledge exchange and life-long learning in order to be best prepared to address the need of their clinical populations;
- work collaboratively with children, adolescents, and their families to effect excellence in patient- and family-centered care and services;
- work ethically and professionally with diverse populations, in a variety of healthcare settings and contexts; and
- develop expertise in assessing for and practicing evidence-based and experienced-informed psychotherapies and psychopharmacological treatments.

**Content and Sequence of Training**

- The subspecialty program consists of residency education for 2 years. One year, of thirteen four-week periods, is completed during PGY4/5 of the General Psychiatry program; and one year of 13 periods is completed in PGY6 in the CAP subspecialty program. Rotation selections respect the RCPSC subspecialty training requirements’ (STRs) expectations.
The mandatory clinical rotations in CAP, which follow the STRs, are CAP Inpatient, Ambulatory, and Emergency Care settings, as well as a Final Year Experience in “the care of the most difficult and complex problems.” Residents participate in psychotherapy training experiences throughout the program. The program provides routes, resources, and supervision for residents to attain knowledge and skills in a required advanced Area of Focus. The content and sequence of training is developed into an individualized learning plan for each resident. There is potential for flexibility of sequence, tailored to resident interests, priorities, and needs. These decisions occur within a framework of career guidance, by CAP mentors, Training Directors, and CAP Program Director.

Attractions of the Program

A diverse and rich educational experience for residents, rooted in McGill’s foundation as a centre of academic excellence and with capacity to prepare residents to assume future clinical, educational, and research leadership roles. A flexible training program that offers residents a selection of rotations according to their passions, needs, and career interests, and the opportunity to choose supervisors with expertise in particular fields. An informed, innovative, and industrious group of dedicated medical education leaders, both faculty and residents, who have been committed contributors to the preparation and planning for the new subspecialty program. This attests to vital and valued faculty-resident partnerships. A terrain of unique opportunities for residents to be exposed to and involved with excellent internationally recognized research teams in epigenetics, maternal and child risk studies, autism, ADHD, depression, suicide, and transcultural psychiatry. A centre of excellence for training in various psychotherapeutic modalities, with advanced training in CBT, family therapy, and group therapies including DBT for adolescents. A leader in transcultural psychiatry, with opportunities to work with various ethnic communities, immigrant and refugee populations in Montreal, and indigenous communities throughout the province. A range of opportunities for rural and community-based clinical rotation experiences. A history of fostering networking and of collaborative information sharing with other Canadian CAP training programs. A program within which the educational and divisional leadership value and support the continuing professional development of the CAP faculty.

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