

Division of Adolescent Medicine – Montreal Children’s Hospital

The Division of Adolescent Medicine has been an integral part of the Montreal Children's Hospital/McGill University since the early 1970's. It has a long-standing reputation for providing holistic, compassionate, patient- and family-centred and expert clinical care. Located on the first of second floors of the Gilman Pavilion at 1040 Atwater, patients benefit from dedicated, adolescent-friendly clinical space and staff, and physical adjacency of the various clinicians involved in this highly experienced, well-integrated interdisciplinary team.

The Division thrives on the diversity of interests and expertise of its individual members: eating disorders; obesity treatment/bariatric surgery; medical gynecology; forensic evaluation of sexual assault; evaluation and medical management of gender questioning youth; collaborative management of youth with chronic illnesses; transition of care to the adult setting.

We have a tradition of embracing innovation and nurturing individual residents' interests whenever possible.

Residency Training in Adolescent Medicine: McGill University offers a Royal College accredited two-year residency program in Adolescent Medicine. Residents enter the program after successful completion of a minimum of three years of Pediatric residency training. Successful completion of training qualifies residents to take the Royal College of Physicians & Surgeons of Canada subspecialty exam in Adolescent Medicine provided they have obtained certification by the Royal College of Physicians & Surgeons of Canada in Pediatrics.

The goal of the Division is to train leaders in the field of Adolescent Health. The specialty of Adolescent Medicine is in a state of growth in Canada, so the opportunities after training are as vast as the creativity and passion of the graduate. The Division is committed to tailoring the program to each individual trainee's interests and aspirations.

This residency program is for 2 year(s)

Program length of training does not exceed the Royal College or College of Family Physicians of Canada standard.

The program has a robust clinical component. Residents spend a total of eleven four-week blocks in outpatient adolescent clinics. These include hospital-based adolescent medicine consultation clinics, as well as community clinics and programs serving high risk youth. Eight to ten two-week blocks are spent managing patients admitted to the inpatient unit for medical stabilization of an eating disorder, and providing emergency consultation services to the inpatient units and the emergency department. Three months are devoted to electives, and six months to research or a scholarly project (divided in two and four week increments over the two years, depending on the stage of development of the project and the resident's individual needs). Collaboration with mentors from the Children's Hospital Research Institute, participation in clinical research rounds and the Canadian Child Health Clinician Scientist Program Curriculum, as well as courses offering biostatistics, epidemiology and research methodology will support the resident in developing the skills to add to the current knowledge about adolescent health.

The academic program includes one academic activity per week including Pediatric Gynecology Rounds, Sexual Abuse Rounds, Journal Club, Eating Disorder Academic Half-Day, Psychiatric Consultation Rounds and General Adolescent Medicine Rounds. Residents from around the country meet quarterly by teleconference for joint academic rounds. Our centre also participates in National Adolescent Medicine Grand Rounds which occur quarterly.

The primary site of clinical training is the Montreal Children's Hospital. Training in the care of high risk youth occurs at several offsite clinics including Head and Hands; the various clinics of *Les Centres de la jeunesse et de la famille Batshaw*, and *Fosters Outpatient Drug Treatment Program*. New clinical training sites are currently being developed.