Dear Residents and Fellows,

As you are well aware, the COVID-19 pandemic is a very complex and challenging situation. Yesterday, to help curb the spread of the virus, the provincial government told Quebecers to avoid non-essential travel from one region to another. This advice does not apply to health care workers at this time.

For the moment, rural rotations will continue. But as the situation evolves, we may be told to recall you to Montreal. We wanted you to be aware of this possibility.

With regard to trainees in remote Northern communities, the PGME Office is seeking clarity from the MSSS on your situation given that the only way in or out of many of these communities is by plane.

Our ultimate aim is to ensure your safety as you continue your training. We will send another update as new information becomes available to us.

Armand Aalamian,  
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