

Réunion Scientifique Pédiatrique Pediatric Medical Grand Rounds

Flourishing at Work – Mindful Lessons for Clinicians and Leaders

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le 22 mai 2019, 8h00-9h00 | May 22, 2019, 8:00-9:00am

**CUSM auditorium de l'Institut de recherche, salle E.S1.1129
MUHC Research Institute Auditorium, room E.S1.1129**

Educational Objectives:

1. Define and characterize the causes and manifestations of clinician distress
2. Identify important factors that clinicians and leaders should consider when trying to improve resilience, wellbeing and effectiveness of the healthcare workforce.
3. Describe ways in which clinicians and leaders can enhance self-awareness, become more attentive and present, and respond more effectively to stressful circumstances

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La présente activité est une activité de formation collective agréée au titre de la section 1 conformément au programme de Maintien du certificat du Collège royal des médecins et chirurgiens du Canada. | This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.

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