

Continuing Professional Development Day

Friday, November 19, 2021



McGill

Palliative Care Soins palliatifs

8:15-8:25 a.m. Welcome & Orientation

Chair, Golda Tradounsky, MD, CCFP | MC: Bessy Bitzas PhD, RN, CHPCN(C)

Theme 1: Lessons from COVID

8:25 – 8:50 a.m.

Telemedicine

Examine the benefits & challenges of telemedicine | Identify which telemedicine practices are working well | Discuss which aspect of telemedicine we want to keep moving forward, including post pandemic

Vladimir Khanassov MD | Marwa Ilali, MSc Candidate

8:50 – 9:15 a.m.

Bereavement

Define pandemic grief & distinguish it from other types of grief such as complicated grief, persistent complex bereavement disorder, prolonged grief disorder and disenfranchised grief | Identify & understand main characteristics of pandemic grief | Describe, understand and implement diverse tools & interventions to support individuals experiencing pandemic grief, both individually and collectively

Deborah Ummel, PhD

9:15 – 9:40 a.m.

Homecare

Understand the importance of homecare in our healthcare system | Become acquainted with the homecare organization at CLSC Verdun, and learn how this way of working enabled our team to respond to the pandemic | Formulate an approach to address the challenges of home care in private residences/homes for elderly people with advanced illness

Eveline Gaillardetz, MD | Mereille Aylwin, MD

9:40 – 10:05 a.m.

Use of Palliative Care Protocols During COVID and After

Describe what was happening to patients during the early stages of the COVID pandemic | Explain why protocols were needed | Summarize the impact of

Scientific Committee

Chair: Golda Tradounsky MD, CCFP (PC)
Bernard Lapointe MD
Manny Borod MD, CCFP
Harvey Chang MD, FRCPC
Bessy Bitzas PhD, RN, CHPCN(C)
Vincent Dagenais-Beaulé Pharm. D, MSc.
Marc Hamel PhD
Naomi Goloff MD, FRCPC, FAAHPM
Geneviève Chaput MD, CCFP (PC)

Registration

Physicians: \$125
Students/Residents \$60
Non-physician clinicians \$75

Register [here](#).

Presentations will be given in English. Panel discussions will be in French and English.

This program is subject to change.

palliative protocols on nurses and doctors | Determine if protocols are being used appropriately and if there are unseen dangers | Evaluate the use of protocols for all palliative patients, not just those with COVID

Elizabeth MacNamara, MD

10:05 – 10:25 Panel Discussion

10:25 – 10:35 Break

Theme 2: PC Throughout the Spectrum of Life

10:35 – 11:00

Pediatric Palliative Care

Cite key differences between PC (palliative care) and PPC (pediatric palliative care)/Family centered-care | Describe the impact of the contribution of community resources in PPC | Explain the importance of psychosocial support in PPC

Ariane Parent-Lemay, RN, MSc

11:00 – 11:25

Is Frailty a Terminal Disease?

Identify the heterogeneity of older persons | Identify the challenges of utilizing frailty measures in the context of palliative care | Discuss palliative care objectives for older persons

Howard Bergman, MD

11:25 – 11:50

Management of End-Stage Parkinson's Disease

Recognize and manage PD in the terminal phase | Identify and manage challenging symptoms (eg, dementia, psychosis, agitation) | Adjust and deprescribe medications in advanced PD

Madeleine Sharp MD | Justine Gauthier MSc

11:50 – 12:10 Panel Discussion

12:10 – 12:55 Lunch

Theme 3: Palliative Care Pearls



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12:55 – 1:20

Total Pain

Describe the concept of total pain as a principle of palliative care | Explain how total pain impacts subjective pain experience and pain control | Recognize how total pain impacts quality of life | Understand how a multidisciplinary approach can be beneficial in total pain management | Recognize the importance of increasing the awareness of the concept of total pain

Stéphanie Gingras MD | Marie-Solange Bernatchez PhD

1:20 – 1:45

Management of Malodorous & Painful Wounds

Cite two wound management goals for oncological wounds | Identify two wound dressings which help decrease odor | Describe two wound dressings which minimize pain

Nevart Hotakorzian Ba. Sc. N., ET

1:45 – 2:10 p.m.

Interaction of Delirium and Pain

Recognize the challenge of diagnosing and assessing the combination of delirium and pain | Describe interactions between delirium and pain and how to recognize their impact | Formulate an approach to management

Roger Ghoche MD

2:10 – 2:35 p.m. **Panel Discussion**

Theme 4: Treatment

2:45 – 3:10 p.m.

Deprescribing

Re-evaluate/Re-think medication in the palliative care context, especially for chronic illness such as diabetes | Teach how to review medications | Address balancing act between letting go of strict control of chronic diseases such as high blood pressure but keeping patients' trust as meds are reduced

Hitesh Bhanabhai MD CM, CCFP

3:10 – 3:35 p.m.

Immunotherapy Side Effects

Describe signs and symptoms related to frequent immunotherapy adverse events | Discuss management of immunotherapy adverse events including indication for steroids | Discuss supportive medication while on steroid treatment

Lindsay Hoffman B.Sc, Pharm. D, M.Sc



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3:40 – 4:05 p.m.

Alternative Treatments

Identify what is meant by “alternative treatments” | Learn about the tenets of homeopathy | Examine evidence for claims supporting “alternative treatments”

Joe Schwartz PhD

4:05 - 4:25 p.m. **Panel Discussion**

4:25 - 4:30 p.m. **Thank you and wrap up**

Chair: Golda Tradounsky MD, CCFP



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