

# Continuing Professional Development Day

## Friday, November 19, 2021



McGill

Palliative Care Soins palliatifs

### 8:15-8:25 a.m. Welcome & Orientation

Chair, Golda Tradounsky, MD, CCFP | MC: Bessy Bitzas PhD, RN, CHPCN(C)

### Theme 1: Lessons from COVID

8:25 – 8:50 a.m.

#### Telemedicine

Examine the benefits & challenges of telemedicine | Identify which telemedicine practices are working well | Discuss which aspect of telemedicine we want to keep moving forward, including post pandemic

Vladimir Khanassov MD | Marwa Ilali, MSc Candidate

8:50 – 9:15 a.m.

#### Bereavement

Define pandemic grief & distinguish it from other types of grief such as complicated grief, persistent complex bereavement disorder, prolonged grief disorder and disenfranchised grief | Identify & understand main characteristics of pandemic grief | Describe, understand and implement diverse tools & interventions to support individuals experiencing pandemic grief, both individually and collectively

Deborah Ummel, PhD

9:15 – 9:40 a.m.

#### Homecare

Understand the importance of homecare in our healthcare system | Become acquainted with the homecare organization at CLSC Verdun, and learn how this way of working enabled our team to respond to the pandemic | Formulate an approach to address the challenges of home care in private residences/homes for elderly people with advanced illness

Eveline Gaillardetz, MD

9:40 – 10:05 a.m.

#### Use of Palliative Care Protocols During COVID and After

Describe what was happening to patients during the early stages of the COVID pandemic | Explain why protocols were needed | Summarize the impact of

### Scientific Committee

Chair: Golda Tradounsky MD, CCFP (PC)  
Bernard Lapointe MD  
Manny Borod MD, CCFP  
Harvey Chang MD, FRCPC  
Bessy Bitzas PhD, RN, CHPCN(C)  
Vincent Dagenais-Beaulé Pharm. D, MSc.  
Marc Hamel PhD  
Naomi Goloff MD, FRCPC, FAAHPM  
Geneviève Chaput MD, CCFP (PC)

### Registration

Physicians: \$125  
Students/Residents \$60  
Non-physician clinicians \$75

Register [here](#).

Presentations will be given in English. Panel discussions will be in French and English.

This program is subject to change.

palliative protocols on nurses and doctors | Determine if protocols are being used appropriately and if there are unseen dangers | Evaluate the use of protocols for all palliative patients, not just those with COVID

*Elizabeth MacNamara, MD*



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## **10:05 – 10:25 Panel Discussion**

## **10:25 – 10:35 Break**

### *Theme 2: PC Throughout the Spectrum of Life*

## **10:35 – 11:00**

### **Pediatric Palliative Care**

Cite key differences between PC (palliative care) and PPC (pediatric palliative care)/Family centered-care | Describe the impact of the contribution of community resources in PPC | Explain the importance of psychosocial support in PPC

*Ariane Parent-Lemay, RN, MSc*

## **11:00 – 11:25**

### **Is Frailty a Terminal Disease?**

Identify the heterogeneity of older persons | Identify the challenges of utilizing frailty measures in the context of palliative care | Discuss palliative care objectives for older persons

*Howard Bergman, MD*

## **11:25 – 11:50**

### **Management of End-Stage Parkinson's Disease**

Recognize and manage PD in the terminal phase | Identify and manage challenging symptoms (eg, dementia, psychosis, agitation) | Adjust and deprescribe medications in advanced PD

*Madeleine Sharp MD | Justine Gauthier MSc*

## **11:50 – 12:10 Panel Discussion**

## **12:10 – 12:55 Lunch**

### *Theme 3: Palliative Care Pearls*

12:55 – 1:20

### **Total Pain**

Describe the concept of total pain as a principle of palliative care | Explain how total pain impacts subjective pain experience and pain control | Recognize how total pain impacts quality of life | Understand how a multidisciplinary approach can be beneficial in total pain management | Recognize the importance of increasing the awareness of the concept of total pain

*Stéfanie Gingras MD | Marie-Solange Bernatchez PhD*

1:20 – 1:45

### **Management of Malodorous & Painful Wounds**

Cite two wound management goals for oncological wounds | Identify two wound dressings which help decrease odor | Describe two wound dressings which minimize pain

*Nevart Hotakorzian Ba. Sc. N., ET*

1:45 – 2:10 p.m.

### **Interaction of Delirium and Pain**

Recognize the challenge of diagnosing and assessing the combination of delirium and pain | Describe interactions between delirium and pain and how to recognize their impact | Formulate an approach to management

*Roger Ghoche MD*

2:10 – 2:35 p.m. **Panel Discussion**

*Theme 4: Treatment*

2:45 – 3:10 p.m.

### **Deprescribing**

Re-evaluate/Re-think medication in the palliative care context, especially for chronic illness such as diabetes | Teach how to review medications | Address balancing act between letting go of strict control of chronic diseases such as high blood pressure but keeping patients' trust as meds are reduced

*Hitesh Bhanabhai MD CM, CCFP*

3:10 – 3:35 p.m.

### **Immunotherapy Side Effects**

Describe signs and symptoms related to frequent immunotherapy adverse events | Discuss management of immunotherapy adverse events including indication for steroids | Discuss supportive medication while on steroid treatment

*Lindsay Hoffman B.Sc, Pharm. D, M.Sc*



Palliative Care Soins palliatifs

3:40 – 4:05 p.m.

### **Alternative Treatments**

Identify what is meant by “alternative treatments” | Learn about the tenets of homeopathy | Examine evidence for claims supporting “alternative treatments”

*Joe Schwartz PhD*

4:05 - 4:25 p.m. **Panel Discussion**

4:25 - 4:30 p.m. **Thank you and wrap up**

*Chair: Golda Tradounsky MD, CCFP*

This program meets the accreditation criteria as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada and has been accredited by the Office of Continuing Professional Development, Faculty of Medicine and Health Sciences, McGill University for up to 7 Section 1 credits/hours.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Office of Continuing Professional Development, Faculty of Medicine and Health Sciences for up to 7 Mainpro+ credits.

Members of the American Academy of Family Physicians are eligible to receive up to 7 Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.

CME (continuing medical education) credits are admissible as Continuing Education (CE) credits by l'Ordre des infirmières et infirmiers du Québec (OIIQ).



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