If you have something you’d like to submit to our future newsletter, please send your request to Ana Maria at sec.paincentre@mcgill.ca by Mondays at noon.

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1. Special Updates
2. Journal Club
3. Frontiers in Pain
4. Other Lectures of Interest
5. Upcoming Student Seminars
6. Upcoming Events
7. Career/Job Opportunities
8. Pain in the News
9. Recent Publications

**Upcoming:**

- PI Think Tank: Mar 7th
- Journal Club: Mar 14th
- LAEF Grant application
deadline: Mar 18th
- Frontiers in Pain: Mar 20th
- AEPMU: Interventional Rounds: Mar 25th

1) **Special Update**

**LAEF 2024 Grant program launched.**

The Louise & Alan Edwards Foundation has launched its 2024 application program. **Deadlines to apply to all three programs is March 18th, 2024.** More information about the following programs may be found on our website:

- PhD studentships start [here](#)
- Postdoctoral fellowships start [here](#)
- PI-led research grants start [here](#)

Applications must be submitted online via the Fourwaves platform. This is the first year we are trying this system, so apologies in advance for any glitches that you may encounter.
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- **Hannah Derue. It describes her review in **Neurobiology of Pain** on “Therapeutic Exercise Interventions in Rat Models of Arthritis.” The video may be watched [here](#).**
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**Thursdays 9:30-11:00**

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(*) Special Seminar - To attend this lecture via zoom, register HERE

For more information, contact: Ana Maria Alvarez – ana.avarez@mcgill.ca (514-398-8975)

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Sandip Bhangoo, MD
Pain Medicine Fellow
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CPS Art Awards

The theme for this year’s Art Awards is “Shared Horizons: Beyond Awareness to Action”. You can submit your art to one of four categories; Scientific Visualizations (e.g., MRI, Microscopy), Classical Art Forms (e.g., Illustrations, Paintings), Photographic and Video Captures, and AI-Driven Innovations.

The top 5 entries from each category, as determined by members' votes, will be showcased in printed format by the Awards Committee and prominently displayed during our Annual Scientific Meeting in Ottawa. For more information and to register, visit their website. **Deadline to apply is March 10th, 2024.**

McGill Clinical Innovations Platform Competition

This competition provides monetary awards to help develop medically related innovations and to help with business development/startups. Success rates are ~20% overall and 40% among the shortlisted innovation teams.

More information about this program is available here. They will require a business plan to be submitted by April 2nd, with preliminary judging between Apr 2nd and 19th, and with a live “pitch” event on May 16th. Training sessions to teach you how to write a business plan will be offered every Friday from Feb 02 to March 1 starting at noon. Details are here. You can register for these workshops here. And for an event time, check out this link.

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*If you have any job vacancies, please send it in! sec.paincentre@mcgill.ca*

8) **AECRP in the News**

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9) **Recent Publications**

**Exploring the Impact of TLR-2 Signaling on miRNA Dysregulation in Intervertebral Disc Degeneration.**


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**AEPMU Melzack Lecture Series**

“De Novo Implementation of Psychedelic-Assisted Therapy in Clinical Practice: A Montreal Story”

By

Houman Farzin MD

Dr. Houman Farzin is a physician focusing on the applied sciences of psychedelic-assisted therapies, nutrition, and lifestyle modification for trauma, existential distress, and overall well-being. His practice deals with combining emerging treatments and digital health technologies with mindfulness, music, and psychedelic medicine to improve quality of life, promote healing, and alleviate human suffering at all stages of life. He is an attending physician in the Division of Palliative Care of the Jewish General Hospital in Montreal. He is a lecturer at McGill University Medical School, where he earned his medical degree and completed his residency training in Family Medicine. His involvement with McGill Programs in Whole Person Care includes teaching resilience and Mindful Medical Practice to medical students.

When: **March 13th, 2024**

Attend In person: **Montreal General Hospital A5.131**

Attend Online: Register **HERE**

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**Ribeiro-da-Silva Lab – PDF opportunity**

The lab of Dr. Alfredo Ribeiro-da-Silva is looking for a postdoctoral fellow to work on a project regarding the role of microglia and complement factors in chronic pain models, recently funded for 5 years by CIHR. The interested candidates should send a comprehensive CV and the name of two referees to [alfredo.ribeirodasilva@McGill.Ca](mailto:alfredo.ribeirodasilva@McGill.Ca)

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*Our understanding of microglia involvement in neuropathic pain has expanded.*

*Doctor, can napping help relieve my pain? Research path to assess the potential benefits/harms of napping for individuals with chronic pain.*

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Upcoming:
- LAEF Grant application
deadline: Mar 18th
- Frontiers in Pain: Mar 20th
- AEPMU: Interventional Rounds: Mar 25th
- Journal Club: Mar 28th
- PI Think Tank: Apr 11th

1) Special Update

LAEF 2024 Grant program launched.

The Louise & Alan Edwards Foundation has launched its 2024 application program. **Deadlines to apply to all three programs is March 18th, 2024.** More information about the following programs may be found on our website:

- PhD studentships start [here](#)
- Postdoctoral fellowships start [here](#)
- PI-led research grants start [here](#)

Applications must be submitted online via the Fourwaves platform. This is the first year we are trying this system, so apologies in advance for any glitches that you may encounter.

Volunteers need for Education studies.

Tim Wideman is seeking volunteers to assist in conducting two new educational activities for physiotherapy students, aiming to improve their understanding of the lived experience of pain.
Activity #1: Critical Reasoning Workshop

- Seeking **graduate students** who would be willing to help operate different stations of a workshop for physiotherapy students about the experience of pain. The in-person workshop will be held on McGill Campus on **March 14th from 11:00 – 15:00**.
- Volunteers will also be asked to attend a training session on either **March 12th from 15:30 – 16:30 OR March 13th from 11:00 – 12:00**.

Activity #2: Educational activity in collaboration with people living with pain.

- Seeking **people living with pain** who are interested in participating in a discussion with a physiotherapy student about how pain impacts their life. This online educational activity will be conducted on Zoom on **March 21st from 11:00 – 15:00**.
- People living with pain will also be asked to attend an orientation session on either **March 13th from 13:00 – 16:00 OR March 15th from 12:00 – 14:00**.

Please contact Fatima Amari (fatima.amari@mcgill.ca) for further information.

**YouTube Video program**

We are constantly striving to raise our public profile, and one spoke of this effort is our YouTube channel. This is an open call to all trainees in the Centre. Science communication is an important skill, one that will only become increasingly important in the years to come. We would like to “host” short (5-6 minute) videos describing your research findings. Not only does this add to your “CV-able” skills, but also, we will pay you $100 for the video.

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- **Hannah Derue.** It describes her review in *Neurobiology of Pain* on “Therapeutic Exercise Interventions in Rat Models of Arthritis.” The video may be watched [here](https://www.youtube.com/watch?v=example_video_id).
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Duff Building Room 208
Thursdays 9:30-11:00

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3) Frontiers in Pain Research

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| Mar 20 | Marco Loggia  
Associate Professor  
Harvard Medical School  
Co-Director, Center for Integrative Pain Neuroimaging (CIPNI) | “Neuroinflammatory signatures of human chronic pain” | Jeffrey Mogil | Duff Building Rm 208  
4:00 – 5:15 pm |
| Apr 24 | Thiago Mattar Cunha  
Medical School  
University of Sao Paulo | “Decoding Meningeal Immune Cells’ Role in Neuropathic Pain” | Arkady Khoutorsky | Duff Building Rm 208  
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For more information, contact: Ana Maria Alvarez – ana.avarez@mcgill.ca (514-398-8975)
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Sandip Bhangoo, MD
Pain Medicine Fellow
presents:
“Radiofrequency”

When: March 25th, 2024
Attend In person: Montreal General Hospital A5.131
Attend Online: Register HERE
You will receive a confirmation email containing information about joining the meeting.

Contact: Rebecca Binik
Organization: The Alan Edwards Pain Management Unit
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A joint initiative of the University of Bordeaux, the CERVO research centre at Université Laval (Québec City, Canada), and the Institute of Cellular and Integrative Neuroscience in Strasbourg (France), the first edition will take place in Bordeaux (France).

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Dr Ana Velly (Jewish General) is looking for a research coordinator for human clinical research. Duties will include coordinating with site PIs, managing documentary needs
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**8) AECRP in the News**

*Two years later, the paper by Parisien et al in Science Translational Medicine is still making the news.*

Epoch Times, Cara Michelle Miller, 07 Mar 2024, “Medicamento antiinflamatorio podría provocar dolor crónico, mientras que la inflamación podría sanar”

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**9) Recent Publications**

**Prehabilitation in patients awaiting liver transplantation.**

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Bottom Line Inc, Derek Burnett, 20 March 2024, “Is There a Low-Inflammation Diet?”

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Effect of video-based self-reflection on intraoperative skills: A pilot randomized controlled trial.
Surgery. 2024 Apr;175(4):1021-1028.
International consensus is needed on a core outcome set to advance the evidence of best practice in cancer prehabilitation services and research.

Multimodal prehabilitation in elective oncological colorectal surgery enhances postoperative functional recovery: A secondary analysis of the PREHAB randomized clinical trial.