

Treena Wasonti:io Delormier

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Treena Delormier is Kanien'kehá:ka (Mohawk) from Kahnawake Territory, Canada. She holds Bachelor and Master degrees in nutrition from McGill University, and is a registered dietitian licensed in Quebec. She holds a PhD in Public Health (Health Promotion) from Université de Montréal. From 2012-7 she was Assistant Professor in the Office of Public Health Studies at the University of Hawaii at Mānoa, in the Native Hawaiian and Indigenous Health MPH specialization. Since 1994, she has actively participated in the Kahnawake Schools Diabetes Prevention Project (KSDPP) an internationally recognized, community-directed research partnership. Treena is a member on the International Union of Nutrition Sciences Task Force on Traditional, Indigenous and Cultural Food and Nutrition. Her research interests include food, nutrition and health, indigenous and social perspectives of food, indigenous and qualitative research methodologies, public health and health promotion, food security, traditional food systems.



Research and Scientific Expertise

Indigenous peoples' food systems & health : Indigenous peoples' food systems are grounded in sophisticated knowledge systems and social values that promote food security and health. From this perspective my research is oriented to promoting wholistic well-being, nutritional health and food security through sustaining Indigenous peoples' food systems.

Social perspectives of food and nutrition : Food practices are social phenomena embedded in human experiences. Using social theories of practice my work aims to better understand family and community-level food choice practices and social contextual features that reinforce them.

Research ethics & Indigenous peoples : Historically research has brought few benefits and often harmed Indigenous peoples and communities. Treena has successfully conducted research with Indigenous communities that respects and privileges Indigenous peoples' ways of knowing and doing.

Indigenous Health Promotion : Health Promotion is the process of enabling people to increase control over, and to improve their health. It extends the focus from individual behaviour towards social and environmental interventions. Indigenous health promotion uses decolonizing strategies that support the self-determination and empowerment of Indigenous communities' knowledge, cultural practices, governance and economies.

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