Welcome to the NGSA!

NGSA Orientation Presentation 2022-2023



What is the NGSA?

- As Graduate Nursing students, you are all members of the Nursing Graduate Students' Association or NGSA.
- There are elected representatives part of the NGSA council that work with you and for you to ensure that you are represented within the ISoN, the faculty of Medicine and the University.
- Each elected representative has a different role.

We are here for you!



President Sydney Wasserman



VP External Affairs Sahna Fahim



VP Academic DE Nathania Adu-Gyamfi Yorke

VP Internal Affairs Laura Sokolowsky

VP Academic NP Ashley Khoury VP Sustainability Lucie Vicat-Blanc VP Academic NE Talar Kelendijan





VP Communications Camilo Sierra



VP Equity, Diversity and Inclusion Betty Star Kampayana

President Sydney Wasserman

"Hi! I'm Sydney and I am very much looking forward to being your Nursing Graduate Student association (NGSA) president this next academic year (2022-2023). I am entering into my final year of the Advanced Practice Masters and have been involved in both the undergraduate nursing (NUS) and graduate nursing (NGSA) councils for several years now. My experience and love for this program have inspired me to apply for this position and work with the NGSA team and do my absolute best to make this year the best it can possibly be. I have been in the position of the student, the teaching assistant, the frontline worker, the VP social events and VP academic. All of these opportunities have opened my eyes to the various needs of the student body, which will empower me to advocate for you as the NGSA president this year. Let's make this the best year yet! Feel free to contact me at any time at <u>sydney.wasserman@mail.mcgill.ca</u>"

"Hi everyone! My name is Sahna and I am your VP external affairs. I am currently in my second year of the Direct-Entry Nursing Program. As VP external, I would like to collaborate with other students and professional organizations with the goal of improving our graduate experience through advocating for us and on behalf of NGSA. I enjoy hiking, long bikes rides and experimenting with recipes to make them more nutritionally sound. I am passionate about disseminating knowledge to improve our leaning experience as Nursing graduate students. You can reach me at <u>fathima.fahim@mail.mcgill.ca</u>"

VP External Affairs Sahna Fahim

VP Internal Affairs Laura Sokolowsky

"Hi! My name is Laura and I am your VP Internal. I would like to create a sense of belonging among the students of our faculty through the organization of unforgettable social events. With my previous experience as a VP internal for the school of physical and occupation therapy, I have knowledge that will help me fulfill this role. You can reach me at <u>laura.sokolowski@mail.mcgill.ca</u>"

"Hi! I am the VP Academic of the DE program. I am excited for the opportunity to represent you all as I believe that school is important, but so is feeling heard and implementing changes that benefits everyone. That's the mentality I hope to implement as VP of academic to make the program the best it can be. I am an independent, driven, and passionate student that considers and cares about all students and making this the best learning environment for all. You can reach me at <u>nathania.adu-gyamfiyorke@mail.mcgill.ca</u>"

> VP Academic DE Nathania Adu-Gyamfi Yorke

VP Academic NE Talar Kelendijan

"Hello everyone! My name is Talar Kelendjian and I am running for the position of VP Academic - Advanced Nursing (formerly Nurse Entry). As VP Academic, I would be representing all Advanced Nursing graduate classes during the 2022-2023 terms. I, myself, am going into my second and final year in the program. I have experience as Class Representative within the NUS and NGSA at ISoN, and would love to continue being part of the team.

I am excited about the year ahead of us and I'm looking forward to putting in the work to make it a great one!

You can reach me at <u>talar.kelendjian@mail.mcgill.ca</u>"

"Hello! My name is Ashley Khoury, and I am the VP Academic NP. I am currently completing my first year of the Primary Care Nurse Practitioner Program. I am passionate about increasing access to services for individuals with autism spectrum disorder, and I am a strong advocate for health promotion and for our healthcare system to adopt a more "upstream" approach. Outside of nursing, I love to read and dance :) I look forward to the opportunity to represent you during the next academic year!

You can reach me at <u>ashley.khoury@mail.mcgill.ca</u>"

VP Academic NP Ashley Khoury

Jessica will be your VP Academic for the Doctoral program! You can reach me at wing.tock@mail.mcgill.ca

> "Hello everyone! My name is Camilo Sierra and I am the NGSA VP of Communications at McGill's Ingram School of Nursing. I am currently Qualifying for a Master of Science (Applied) in Nursing, and I would love the opportunity to continue making a positive contribution to the NGSA by facilitating the communication between NGSA Executives and membership. Outside my studies, I am passionate about health & wellness, endurance sports and engaging with my community. Moreover, I am continuously learning and working to help destigmatize mental health while also bringing awareness to racism, LGBTQ2S+ rights, and indigenous struggles.

> > You can reach me at <u>camilo.sierra@mail.mcgill.ca</u>"

VP Communications Camilo Sierra

VP Sustainability Lucie Vicat-Blanc

Hi there, my name is Lucie Vicat-Blanc, and I am currently qualifying for a MSc(A) in Nursing. I am honoured to be your VP sustainability. I have been involved with McGill Nurses for Planetary Health for a year now and I can't wait to bring bigger sustainable changes here at ISON. In my studies and everyday life, I am deeply passionate about environmental racism and health inequities. I love to learn more about our dear social determinants of health! I am an advocate against the use of single-use plastic and continually promote the importance of composting both at ISoN and in my personal life! I enjoy reading, doing embroidery on thrifted clothes or simply sharing a home cooked meal with friends! You can reach me at <u>lucie.vicat-blanc@mail.mcgill.ca</u>

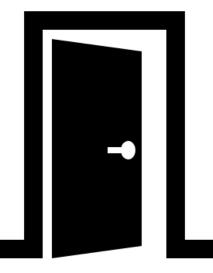
My name is Betty Star Kampayana. I am completing my MScA Nurse Practitioner in the mental health concentration after years of passionate interest in the field. I enjoy running, reading and spending time with my family and friends. Fun fact about me: I absolutely despise onions and can almost always detect when they are trying to hide in a meal!! I am applying for the VP Equity, Diversity and Inclusion (EDI) position because I was immediately drawn to the role and its obligations. For as long as I can remember, I have always been deeply affected by issues of social equity and strived to take part in "being the change" I wanted to see. I also found over the years that, personally, seeing more diversity in positions of leadership helped me realize I could also contribute, that I could also be a leader. Lastly, I absolutely love getting the most of my student's experience and it motivates me to keep that same energy in clinical practice. You can reach me at <u>betty.kampayana@mail.mcgill.ca</u>"

VP Equity, Diversity and Inclusion Betty Star Kampayana Class Representative - DE U1 Paloma Hepler

Class Representative - DE U1 Rebecca McPherson

There are more vacant positions!

Learn more in the constitution (being updated!): https://mcgillngsa.files.wordpress.com/2016/09/ngsaconstitution-2016.pdf



How can you reach your representatives?

ngsa.pgss@mail.mcgill.ca

•For more specific concerns, take a look at the emails on the previous slides.

•Don't hesitate to reach out!

Where to find NGSA news?

- You will receive a biweekly newsletter
 - Send us events, resources or any other interesting information that you would like to include in the newsletter!
- Like our public Facebook page!
 - <u>https://www.facebook.com/GradNursing</u>
- Join our private Facebook group:
 - See Zoom chat
- Check out our new website



McGill Nursing Graduate Students' Association Students and Alumni

■ Private group · 419 members





Join our private NGSA group!



LIKE our PUBLIC NGSA Fb page ;)

Nursing Graduate Student Association

Ingram School of Nursing, McGill University





How to get involved...

- We currently have **3** vacant executive positions:
- VP Finance
- VP Administration
- VP Promotions
- & All Class Representatives!!!



How to get involved...

- The **VP Finance** is responsible for the financial stability and transactions within the Association.
- The **VP Administration** is responsible for scheduling Assocaition's events, General Assemblies, Executive meetings and council meetings that follow graduate student's schedules.
- The **VP Promotions** manages the NGSA social media and event promotion.

If you have any questions, send us an email or refer to our *constitution* (we'll need your vote to update it!):

How to get involved...

- You will all receive an email explaining the application process.
- The tentative deadline to apply is Friday, September 16th, 2021.
- Voting is done online via PGSS.
- You could also become a class representative
 - More than one student per class can be a class rep.
 - Class reps are elected based on interest.
 - Class representative(s) will have to send their names to:

ngsa.pgss@mail.mcgill.ca

APPLICATION Process (For vacant Executive positions)

- Email <u>ngsa.pgss@mail.mcgill.ca</u> by Sept 16th deadline :
- A 50-to-100-word blurb about yourself (see slide 4 to 8 for examples) and include a picture (optional but encouraged). This will be present on the PGSS voting platform and on NGSA website and Fb pages once elected ☺
- Class Reps please also send this blurb to share with classmates and NGSA platforms!
- Complete the **NOMINATION FORM** (See Facebook pages) by the deadline (three signatures of classmates needed to apply for Exec position).
- Thank you/Merci!

Looking forward to meeting you!

Any questions?

Congratulations!! Félicitations!!