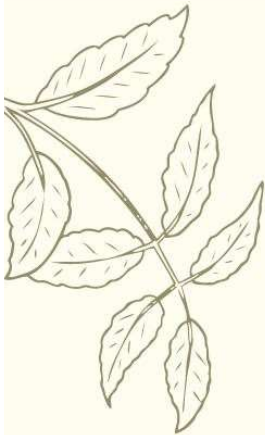


Health and Healing for Nurses during COVID-19



Presented by
Roshi Joan Halifax

Thursday, October 29, 2020

12:00 PM – 1:30 PM

Webinar presented on Zoom™

This 90-minute webinar* will focus on healing and compassion in the context of the COVID-19 pandemic. Nurses have witnessed enormous suffering this year as they have confronted the pandemic. The goal of this webinar is to provide space and tools for healing and processing the experiences of the first wave of COVID-19, and strategies to go forward into the second wave with a greater ability to care for self while also caring for patients and families. This webinar is free of charge to attend.

*The webinar will be presented in two parts. Attendees with limited availability are welcome to join and leave as needed. There will be a transition point after the first half-hour. A recording of the webinar will also be made available online.

About the presenter:

Roshi Joan Halifax is Abbot of Upaya Zen Center in Santa Fe, New Mexico. In the context of healthcare, she is best-known for her work surrounding death and dying. She is the founder of the Being With Dying program, a practical training program for healthcare providers in compassionate end-of-life care, providing “knowledge and skills in the psychosocial, ethical, existential, and spiritual aspects of illness and dying”, as well as tools for the self-care and resilience of clinicians. Her August 2020 program “Being With Suffering” offered support for clinicians to sustain their practice while also confronting the burnout, moral distress, and unprecedented challenges brought on by the pandemic.